

## IRONMAN 70.3 SWANSEA ROAD CLOSURES SUNDAY 16th JULY 2023

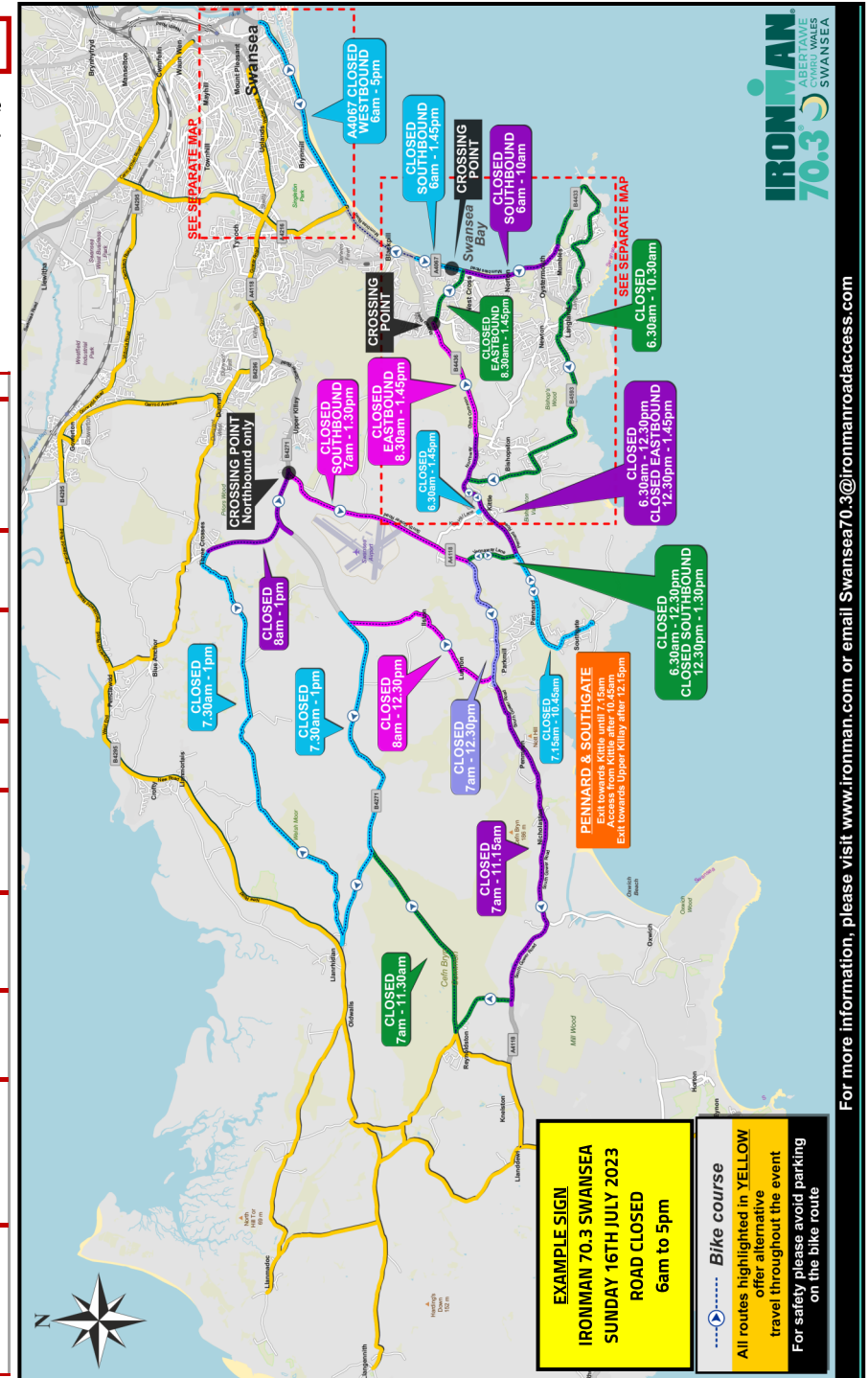
Temporary road closures will be in place on IRONMAN race day to ensure the safety of athletes and the public. These legal road closures are implemented under the Road Traffic Regulation (Special Events) Act 1994, and apply to all vehicles, bikes and horses that are not involved in the event. We apologise for the inconvenience caused.

- Please avoid parking on the bike course for safety reasons.
- Pedestrians **CAN** cross the course at any time when safe to do so.
- Essential access for carers will be facilitated. Please contact [swansea70.3@ironmanroadaccess.com](mailto:swansea70.3@ironmanroadaccess.com)
- There are **NO RESTRICTIONS** at any time to any of the Emergency Services
- Please see the map for detailed information and possible diversion routes. Roads may be open earlier than advertised

Access Enquiries - 03330 11 66 00 or [swansea70.3@ironmanroadaccess.com](mailto:swansea70.3@ironmanroadaccess.com)

General E-mail Enquiries – [swansea70.3@ironman.com](mailto:swansea70.3@ironman.com). Please submit your access enquiries ahead of the event weekend.

AREA	CLOSURES	DETAILS
MUMBLES	06:00 - 10:00	The bike course uses Mumbles Rd past Mumbles Pier and turns right by Limeslade Bay onto Plunch Ln. Mumbles Rd will be closed Southbound up to Village Ln from 06:00-10:00. Cars will be able to travel Northbound from Village Ln (towards Swansea) during the closure. <b>ACCESS ADVICE</b> – Residential one-way diversion for access to Mumbles during the closures. Residents will be able to travel west on the B4436, left onto Murton Green Rd and then east on Mansfield Rd, Murton Ln and Newton Rd to access Mumbles Rd.
NEWTON (B4593), BISHOPTON	06:30 - 10:30	The course will then follow Plunch Ln and Higher Ln before turning left onto Southward Ln (B4593) / Caswell Rd through Newton & Caswell Bay Beach. Following Caswell Rd North, left onto Pyle Rd/Bishopston Rd and left onto Pennard Rd (B4436). The above roads will be fully closed between 06:30 – 10:30.
KITTLE, MURTON, CLYNE COMMON	06:30 - 12:30 12:30 - 13:45	The course continues West along the B4436 to the junction of Vennaway Ln. This section of the course has various closures due to bikes using these roads outbound and inbound. The B4436 from Murton Green to the Vennaway Ln Junction will be fully closed 06:30-12:30. It will open Westbound (towards Pennard) from 12:30 and fully open for traffic in both directions by 13:45.
VENNAWAY LANE	06:30 - 13:30	The route uses Vennaway Ln in both directions. Vennaway Ln will be fully closed 06:30-12:30. It will open for Northbound traffic turning left and right on South Gower Road from 12:30 and fully open by 13:30.
PENNARD, SOUTHGATE	07:15 - 10:45	The course follows Pennard Rd through Kittle and Pennard before making a U-turn in Southgate outside the Three Cliffs Café. The bikes then travel back through Pennard and take a left onto Vennaway Ln. <b>ACCESS ADVICE</b> — Exit from Southgate/Pennard towards Kittle permitted until 07:15 and access from Kittle to Southgate/Pennard is permitted after 10:45. Exit towards Upper Killay permitted after 12:15.
PARKMILL, NICHOLASTON, REYNOLDSTON, CILIBION	07:00 - 11:30	The course follows the A4118 through Parkmill, Penmaen, Nicholaston. The A4118 will be closed up to Reynoldston between 07:00 – 11:15. The course then travels North towards Reynoldston before turning east to Cilibion which will be fully closed between 07:00—11:30.
LLANRHIDIAN, PENUEL, THREE CROSSES	07:30 - 13:00	From Cilibion the course travels to Llanrhidian then east through Penuel and onto Three Crosses, and will be closed from 07:30—13:00. Tirmynydd Road south of Three Crosses will be fully closed 08:00—13:00.
UPPER KILLAY, LANGROVE, LUNNON, ILSTON, LLETHRYD	07:00 - 13:30 08:00 - 12:30	The bike course consists of 2 loops where the smaller second loop travels through Lunnon and Ilston. The South Gower Rd (A4118) from Upper Killay junction to Vennaway Ln will be closed Southbound 07:00—13:30. On Lap 2 athletes will follow South Gower Rd through to Parkmill and turn right by Shepherds of Gower, through Lunnon and Ilston and left onto the B4271 past Llethryd. Lunnon and Ilston roads will be closed 08:00—12:30. The B4271 through Llethryd will be closed 07:30-13:00. <b>ACCESS ADVICE</b> - Northbound crossing available on South Gower Rd towards Upper Killay as shown on the attached map.
CLYNE COMMON, WEST CROSS	08:30 - 13:45	The course follows the B4436 (Clyne Common) southbound and turns right onto Fairwood Rd through West Cross. The bikes continue down the hill on Fairwood Rd and left onto the A4067 to return into Swansea City Centre. Clyne Common from Fairwood Rd - Murton Green is closed Eastbound from 08:30 - 13:45. Fairwood Rd will be closed Eastbound from 08:30-13:45. <b>ACCESS ADVICE</b> - Residential access will be available Northbound on Fairwood Rd throughout the day, along with a crossing point at the Fairwood Rd/Maylas Rd junction for cars travelling North towards Kittle.



**EXAMPLE SIGN**  
**IRONMAN 70.3 SWANSEA**  
**SUNDAY 16TH JULY 2023**  
**ROAD CLOSED**  
**6am to 5pm**

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**Bike course**  
 All routes highlighted in **YELLOW**  
 offer alternative  
 travel throughout the event  
 For safety please avoid parking  
 on the bike route

For more information, please visit [www.ironman.com](http://www.ironman.com) or email [Swansea70.3@ironmanroadaccess.com](mailto:Swansea70.3@ironmanroadaccess.com)

## IRONMAN 70.3 SWANSEA CAU FFORDD —DYDD SUL 16EG GORFFENNAF 2023

Bydd cau ffyrdd dros dro mewn grym ar ddiwrnod ras DYN HAEARN i sicrhau diogelwch athletwyr a'r cyhoedd. Bydd y cau ffyrdd cyfreithiol hwn yn cael ei weithredu o dan y Ddeddf Rheoli Traffig Ffyrdd (Digwyddiadau Arbennig) 1994, ac yn gymwys i bob cerbyd, beic a cheffyl sydd ddim yn cymryd rhan yn y digwyddiad. Rydym yn ymddiheuro am yr anghyfleuster a achosir.

- Osgowch barcio ar y cwrs beiciau am resymau diogelwch.
  - Mae cerddwyr yn **GALLU** croesi'r cwrs ar unrhyw adeg pan yn ddiogel i wneud hynny.
  - Bydd mynediad hanfodol ar gyfer gofalu'r ymddiheuro yn cael ei hwyluso. Cysylltwch â swansea70.3@ironmanroadaccess.com
  - Nid oes **CYFYNGIADAU** ar unrhyw adeg i unrhyw un o'r Gwasanaethau Brys
  - Edrychwch ar y map am wybodaeth fanwl a ffyrdd dargyfeirio posibl. Gall ffyrdd fod yn agored yn gynharach na'r hyn a hysbysebir
- Ymholiadau Mynediad - 03330 11 66 00 neu swansea70.3@ironmanroadaccess.com

ARDAL	CAU	MANYLION
Y MWMBWLS	06:00 - 10:00	Mae'r cwrs beiciau yn defnyddio Heol y Mwmbwls heibio i Bier y Mwmbwls ac mae'n troi i'r dde wrth Fae Limeslade Bay ar Plunch Ln. Bydd Heol y Mwmbwls ar gau tua'r de hyd at Village Ln o 06:00-10:00. Bydd ceir yn gallu teithio tua'r Gogledd o Village Ln (tuag at Abertawe) yn ystod cyfnod y cau. CYNGOR MYNEDIAD – Dargyfeiriad Preswyl un ffordd ar gyfer mynediad i'r Mwmbwls yn ystod cyfnod y cau. Bydd preswylwyr yn gallu teithio i'r gorllewin ar y B4436, i'r chwith ar Murton Green Rd ac wedyn i'r dwyrain ar Mansfield Rd, Murton Ln a Newton Rd i gyrchu Heol y Mwmbwls.
NEWTON (B4593), LLANDEILO FERWALLT	06:30 - 10:30	Bydd y cwrs wedyn yn dilyn Plunch Ln a Higher Ln cyn troi i'r chwith ar Southward Ln (B4593) / Caswell Rd trwy Newton a Thraeth Bae Caswell. Dilyn Caswell Rd North, i'r chwith ar Pyle Rd/Bishopston Rd ac i'r chwith ar Pennard Rd (B4436). Bydd y ffyrdd uchod wedi'u cau yn llwyr rhwng 06:30 – 10:30.
KITTLE, MURTON, COMIN CLUN	06:30 - 12:30 12:30 - 13:45	Mae'r cwrs yn parhau i'r Gorllewin ar hyd y B4436 at gyffordd Vennaway Ln. Mae gan yr adran hon o'r cwrs amserau cau amrywiol oherwydd bod beiciau'n defnyddio'r ffyrdd hyn allan ac i mewn. Bydd y B4436 o Murton Green i Gyffordd Vennaway Ln Junction ar gau yn llwyr 06:30-12:30. Bydd yn agor tua'r Gorllewin (at Pennard) o 12:30 ac yn gwbl agored i draffig yn y ddau gyfeiriad erbyn 13:45.
VENNAWAY LANE	06:30 - 13:30	Mae'r llwybr yn defnyddio Vennaway Ln yn y ddau gyfeiriad. Bydd Vennaway Ln ar gau yn llwyr 06:30-12:30. Bydd yn agor i draffig tua'r Gogledd sy'n troi i'r chwith a'r dde ar South Gower Road o 12:30 ac yn gwbl agored erbyn 13:30.
PENNARD, SOUTHGATE	07:15 - 10:45	Mae'r cwrs yn dilyn Pennard Rd trwy Kittle a Pennard cyn gwneud tro pedol yn Southgate y tu allan i'r Three Cliffs Café. Mae'r beiciau wedyn yn teithio yn ôl trwy Pennard ac yn troi i'r chwith ar Vennaway Ln. CYNGOR MYNEDIAD — <b>Mynd allan o</b> Southgate/Pennard tuag at Kittle wedi'i ganiatáu hyd 07:15 ac mae mynediad o Kittle i Southgate/Pennard yn cael ei ganiatáu ar ôl 10:45. Caniateir gadael tuag at Gila Uchaf ar ôl 12:15.
MELIN Y PARC, NICHOLASTON, REYNOLDSTON, CILIBION	07:00 - 11:30	Mae'r cwrs yn dilyn yr A4118 trwy Felin y Parc, Penmaen, Nicholaston. Bydd yr A4118 ar gau hyd at Reynoldston rhwng 07:00 – 11:15. Mae'r cwrs wedyn yn teithio i'r Gogledd tuag at Reynoldston cyn troi i'r dwyrain at Gilibion fydd wedi'i gau yn llwyr rhwng 07:00—11:30.
LLANRHIDIAN, PENUEL, THREE CROSSES	07:30 - 13:00	O Gilibion mae'r cwrs yn teithio at Lanrhidian wedyn i'r dwyrain trwy Benuel ac ymlaen i Three Crosses, a bydd ar gau o 07:30—13:00. Bydd Tirmynydd Road i'r de o'r Three Crosses wedi'i chau yn llwyr 08:00—13:00.
CILA UCHAF, LANGROVE, LUNNON, ILSTON, LLETHRYD	07:00 - 13:30 08:00 - 12:30	Mae'r cwrs beiciau yn cynnwys 2 ddolen lle mae'r ail ddolen lai yn teithio trwy Lunnon ac Ilston. Bydd y South Gower Rd (A4118) o gyffordd Cila Uchaf i Vennaway Ln ar gau tua'r De 07:00—13:30. Ar Lap 2 bydd athletwyr yn dilyn South Gower Rd drwodd i Felin y Parc ac yn troi i'r dde wrth Shepherds of Gower, trwy Lunnon ac Ilston ac i'r chwith ar y B4271 heibio i ffyrdd Llethryd. Lunnon ac Ilston fydd ar gau 08:00—12:30. Bydd y B4271 trwy Llethryd ar gau 07:30-13:00. CYNGOR MYNEDIAD – Tua'r gogledd croesfan ar gael ar South Gower Rd tuag at Gila Uchaf fel y dangosir ar y map atodedig.
COMIN CLUN, WEST CROSS	08:30 - 13:45	Mae'r cwrs yn dilyn y B4436 (Comin Clun) tua'r de ac yn troi i'r dde ar Fairwood Rd trwy West Cross. Mae'r beiciau'n parhau i lawr y bryn ar Fairwood Rd ac i'r chwith ar y B4067 i ddychwelyd i mewn i Ganol Dinas Abertawe. Comin Clun o Fairwood Rd – mae Murton Green ar gau tua'r Dwyrain o 08:30 - 13:45. Bydd Fairwood Rd ar gau tua'r Dwyrain o 08:30-13:45. CYNGOR MYNEDIAD – Bydd mynediad i breswylwyr ar gael tua'r Gogledd ar Fairwood Rd trwy gydol y dydd, ynghyd â chroesfan yng nghyffordd Fairwood Rd/Maylas i geir sy'n teithio tua'r Gogledd i Kittle.

