

# Utah Northern State Championships

Friday, January 22<sup>nd</sup> (Middle School State) & Saturday, January 23<sup>rd</sup> (Junior High State)  
Golden Spike Exhibit Hall (1000 N 1200 W, Ogden, Utah 84404)

**Tournament cap will be 300 for the Middle School and 400 for the Junior High**

## **COVID RULES**

**All attending must wear a mask. We strongly encourage only 1 adult per wrestler attend. This building is not very big and we need to keep attendance down.**

**We will be live streaming all matches on trackwrestling.com. Click on the event at trackwrestling.com and click on "video" on the left hand side to watch live**

**Registration:** Trackwrestling.com – deadline Jan. 20 @ noon - Fee: \$25

**Weigh-ins:** January 21 @ USA Wrestling Utah Chartered Clubs (see trackwrestling for a complete list)  
(must be approved to host a weigh-in site, email jeffreynewby@hotmail.com to get approved)

**Membership:** 4th-6th graders are allowed to wrestle in the Junior High Division but they cannot wrestle in both the Middle School & Junior High Divisions. Third graders are not allowed to compete in this event.

**Divisions:** Females must register in the girls division only and males must register in the boys division only. If there ends up being no one in your weight and division then you may be moved to the other division if you choose.

**Seeding meeting: Thursday, January 21 @ 6pm via conference call**

- A conference call number will be sent to all coaches with a USA Coaches card on Wednesday, January 20.

**\*The schedule listed below will change slightly based on actual number of wrestlers registered. The final schedule will be released on Wednesday, January 20<sup>th</sup>.**

## **Schedule of Events for Middle School State (4<sup>th</sup>-6<sup>th</sup> grade) - Friday January 22**

11:00am Session 1: 55lbs – 79lbs start wrestling at 11:00pm  
1:45pm Session 2: 82lbs - 145lbs+ and 4<sup>th</sup>-6<sup>th</sup> grade girls start wrestling at 2:00pm  
5:00pm Festival will start at this time – see Festival flier for schedule

## **Schedule of Events for Junior High State (7<sup>th</sup>-9<sup>th</sup> grade) - Saturday January 23**

9:00am Session 1: 73lbs – 100lbs start wrestling at 9:00am  
11:00am Session 2: 104lbs – 125lbs start wrestling at 11:00am  
1:00pm Session 3: 130lbs – 285lbs & 7<sup>th</sup>-9<sup>th</sup> grade girls start wrestling at 1:00pm  
4:00pm Festival will start at this time – see Festival flier for schedule

## **Weight Classes**

- 4<sup>th</sup>-6<sup>th</sup> grade: 55,60,64,67,70,73,76,79,82,85,88,92,96,100,105,115,125,145,145+
- 4<sup>th</sup>-6<sup>th</sup> grade girls: 60,66,72,80,90,100,100+
- 7<sup>th</sup>-9<sup>th</sup> grade: 73,76,80,84,88,92,96,100,104,108,112,116,120,125,130,135,142,150,160,175,190,210,285
- 7<sup>th</sup>-9<sup>th</sup> grade girls: 85,95,105,115,125,140,160,180,180+

## **Period length**

Championship: 1.5-1.5-1.5

**Awards**

Medals for top 6 wrestlers

Team awards for top 2 teams in the Middle School division

Team awards for top 2 club teams & top 2 Junior High teams in the Junior High division

Admission (price per day): \$5 for Adult & Student, 4 & under free, (Coaches with USA Card get in free)

**For questions, please email [Jeffreynewby@hotmail.com](mailto:Jeffreynewby@hotmail.com)**