



NSA NEWS

Restaurant Night Out

Coach German's Corner



REAL FOOD REAL CAUSES

WITH **GYG**



JOIN US IN SUPPORTING
NAPERVILLE SOCCER ACADEMY
20% OF SALES GET DONATED TO THE CAUSE

TUE APRIL 9 | 4PM-8PM
1519 N Naper Blvd, Naperville, IL 60563

In order for fundraiser sales to count orders must be placed in-store or via the drive thru from the restaurant location of, and during the hours of, the fundraiser listed. Delivery orders, gift card sales and alcohol not qualify. \$200 minimum event sales required to receive any donation.

Important Dates

- April 1st – First Day of Spring Practices
- April 5 – 7th – SLSC Spring College Showcase 2007 Boys Academy
- April 9th - Guzman y Gomez 4 - 8pm 1519 N Naper Blvd, Naperville, IL 60563
- April 14th – Annual General Meeting 6:30 – Marriott Naperville
- April 19th – 21st - St. Louis Scott Gallagher Spring Classic 2008 Boys Academy
- April 26th – 28th – Blue Chip Showcase 2007 Boys Academy
- April 26th – 28th – Sockers FC Spring Classic Cup 2014 Boys Red, 2013 Boys Red, 2011 Boys Academy, 2010 Boys Academy

NSA Tryout Dates Youth Boys and Girls

- April 8th 4:30 – 5:30 pm Birth Years 2017, 2016, 2015
- April 8th 5:45 – 7:00 pm Birth Years 2014, 2013
- April 8th 7:15 – 8:30 pm Birth Years 2012, 2011, 2010
- April 15th Supplemental 4:30 – 8:30 pm All Ages
- May 6th 5:30 - 6:45 pm 2010 – 2006 High School Girls
- May 6th 7:00 – 8:15 pm 2010 – 2006 High School Boys

[Register Here Today!](#)

PHASES OF THE GAME AND FIELD ZONES

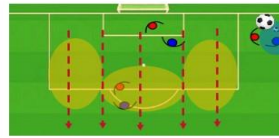
Which are the 5 phases of the game?

- ATTACK: In possession of the ball
- DEFENSE: No ball possession
- OFFENSIVE-TRANSITION: Ball recovery situation
- DEFENSIVE-TRANSITION: Ball losing situation
- SET PIECES: goal kick, throw-in, free kick, corner

This month, the focus will be on the defensive principles in every zone of the field.

-May Newsletter: Transition Principles

Own box expecting a cross



- Tighter marking near the goal
- Body positioning and touching tight to your opponent.
- Always in a back-up positioning to bring support.

Creation zone

- To always have numerical superiority behind the ball.
- Retreat if the opponent succeeds in building out of the back.
- Timing for tackling and waiting for support.



Opposing box– high press



- Press: Avoid making a straight line, instead defend with depth at different levels.
- Coordinate your movements as you shift together.

Link to the video with NSA and professional team examples

[NSA Video Game Link](#)