



2019 SPRING SKILLS HOCKEY PROGRAM

The Des Moines Oak Leafs are offering a spring Skills program to provide players an opportunity to stay on the ice during the off season and to maintain and improve their on-ice skills. We hope to attract players in the Des Moines metro area who may consider trying out for the Oak Leafs in the future.

Features: Fundamentals, Skills Development, Team Play, station work, and Sportsmanship will be focus. Sessions will include team and individual drills that are part of a standard Oak Leafs practice, along with shooting, checking, power skating, small-area games and scrimmages. Due to the structure of the practices planned we are going to limit the class size to the first 36 skaters and 4 goalies.

On-ice activities will be directed by the Oakleafs coaching staff along with current and former players

Clinic details:

Who: Eligible for players born 2005-2008

Where: Buccaneer Arena (7201 Hickman Rd)

When: Monday's 7:15-8:15 pm (March 25-June 10)

Cost: \$225 (12 hours of ice time + Practice jersey) **Goalies \$125**

Direct all questions to: Brian Hobbs bhobbs9018@msn.com

MAKE CHECKS PAYABLE TO: **Des Moines Oak Leafs**

PLEASE ENCLOSE FORM AND PAYMENT AND SEND TO:

Brian Hobbs-Oak Leafs, Treasurer-3911 Belair Drive-Urbandale, Iowa 50323

Des Moines Oak Leafs 2019 Summer Skills Registration-

Name: _____ **Date of Birth** _____

Team Played for Last Season: _____

Address: _____

City: _____ **Zip Code:** _____

Phone Number: _____ **School Grade 2019-20 Season:** _____

E-mail: _____

Parent/Guardian Name: _____

I certify that the above information is correct and that the individual listed above has my permission to participate in the Des Moines Oak Leafs Spring Skills program. I understand that neither the Des Moines Oak Leafs nor its agents and representatives will assume any responsibility for accidents and medical or dental expenses incurred as a result of participation in this program. The registrant is in good health and able to participate in the physical activity of a vigorous program.

Parent/Guardian Signature: _____ **Date:** _____