

SRYHA NEWS

The monthly e-newsletter for Parents and Athletes



Executive & Appointed Board Positions Open

The 2020 Annual Executive Board elections will take place at the March 2020 Monthly Meeting. The following Elected positions will be voted on. Additionally, there are a number of vacancies in the appointed positions as well. Continued on page 2.

December was SRYHA Month of Caring



We promoted a team building and community service opportunity during the month of December and are happy to report many of you took on the challenge. Our hockey association demonstrated positive holiday spirit in Sauk Rapids and surrounding communities. Thank you to all who worked together to make this happy and showcase SRYHA and our teams as community supporters and volunteers! Continued on page 3.

Play for Travis Day, January 4



“Our family is blessed with such a great support system filled with friends and family, near and far! Our love we share with you ♥ and greatly appreciate each and everyone of you! Thank you to all of the parents on Landon’s team for putting on such a great evening! Travis found great support being surrounded by many last night. ~love, the Jennings clan 🍷 Continued on page 3.

OUR MISSION

Sauk Rapids Youth Hockey Association (SRHYA) seeks to provide a community and volunteer-driven hockey program to foster the growth and development of all youth hockey players. The association works to promote a fun, fair, and safe environment that maximizes participation and improves players' skills and knowledge while developing sportsmanship, teamwork, and self-confidence.

HELPFUL WEBSITES

We put as much information as possible on the website.

<https://www.saukrapidshockey.org/>

<https://www.facebook.com/SaukRapidYouthHockey/>



<https://www.youtube.com/c/bitstreamproductions>

OTHER NEWS

Executive & Appointed Board Positions Open

If you or someone you know is looking to make a difference in the SRYHA family submit your nominations today. All nominations will be posted/announced 1 week before the March 9th, 2020 meeting for the general elections.

Open position

Executive Board:

President- 2 year
Treasurer-1 year
Secretary- 2 year
D5 rep- 2 year
Bantam Coordinator- 1 year
Peewee Coordinator- 1 year
Squirt Coordinator- 1 year
Mite Coordinator- 1 year
Mini-Mite Coordinator- 1 year
U14 Coordinator- 1 year
U12 Coordinator- 1 year
U10 Coordinator- 1 year

Appointed Positions: ALL ONE YEAR

Ice Scheduler
Scrimmage/Game Scheduler
Sponsorship Coordinator
Tournament Coordinator
Mite Jamboree Coordinator
Tryout Coordinator
Apparel Coordinator

Nominating Committee will take nominations to present to the Executive Board to be placed on the ballot during March Meeting. If you want to hold your current position(s), you will still need to complete the nomination form.

Summit nominations here or find a link on our website Board

<https://forms.gle/u5Rf2i6aKjqybKVA>

Appointed

<https://forms.gle/rGw3jxuwoxm9t4e5A>

Monthly meetings are held on the 2nd Monday of every month starting at 7:00 pm unless published otherwise on the website. All members are invited to attend the meetings. The monthly meetings are used to make decisions about SRYHA issues. The Executive Board welcomes comments and suggestions from the general membership during open floor. Other topics can be submitted to the President by the 15th of the previous months to be placed on the agenda.

BECOME A BOARD MEMBER

EXECUTIVE BOARD POSITIONS

President

Cris Thell
Phone: 651-492-1656

Treasurer

OPEN Position
320-224-5944

Secretary

Jeremy Christie
320-291-7090

Player Development Coordinator

Jason Bambenek
Phone: 320-761-1527

District 5 Representative

Nick Riba

Fundraising Coordinator

Nichole Steinberg

Mini-Mite Coordinator

Jeremy Thomes
Phone: 320-493-1633

Mite Coordinator

Kelly Kadlec
Phone: 3202672396

Squirt Coordinator

Josh Rock
Phone: 320-492-4044

Peewee Coordinator

Mike Swanson
Phone: 952-334-0230

U10 Coordinator

Kayleigh McGinnis
Phone: 320-266-4847

U12 Coordinator

Amanda Carlson
Phone: 320-761-5855

U15 Coordinator

JIM Dorn
Phone: 320-267-0811

Bantam Coordinator

Andy Gruber

ACE Coordinator

John Prelvitz
Phone: 701-893-5710

APPOINTED POSITIONS

Ice scheduler

Connie Pesta
Phone: 320-333-3860

Scrimmage/Game Scheduler

Connie Pesta
Phone: 320-333-3860

Registration Coordinator

Melissa Kraemer

Tryout Coordinator

Jeremy Christie
Phone: 3202917090

Tournament Coordinator

OPEN Position

Goalie Coordinator

John Brown

SafeSport Coordinator

Brandon Carlson
Phone: 320-260-6495

Webmaster

Travis McGinnis
Phone: 320-290-2037

Equipment Coordinator

Jeremy Christie
Phone: 3202917090

Apparel Coordinator

Erik Swanson
Phone: 320-980-7926

For more information on these positions and the process please see our handbook here: <https://www.saukrapidshockey.org>

The SRYHA President will appoint individuals to run the non-elected positions of the association. These are positions essential to the operations of the association. The Executive Board needs to approve the appointment of the Tryout Coordinator(s). The appointed positions shall be determined by June 1 of each year. The individuals appointed to positions are accountable to the Executive Board and are responsible to carry out the job duties as described.

If you have any questions, please reach out to a board member for further information. Thank you and GO STORM!

OTHER NEWS

December was SRYHA Month of Caring cont.



Bantam A Team DEEP cleaned Boys & Girls Club (that's where their head coach works).



Bantam B Team volunteered at at Country Manor for a game night and the team bought items for a local family through the Hope for the Holidays program. They made a donation to Masonic Children's Hospital in Minneapolis where their goalie spent time at when he was younger. Way to give back, boys!

Our U10s, U12s and Mini Mites all had some fun bell ringing for the Salvation Army.



Squirt B1 Team spent an evening playing bingo with some veterans.



Squirt B2 Team donated needed items to Serenity Village Assisted Living facility in Avon where one of their parents works.



Peewee B2 Team hosted a wrapping paper drive to raise money for Sauk Rapids-Rice High School's Adopt A Family Project.



Squirt C Team adopted a team member in need and helped pay for hockey dues.

If a volunteer event was missed we apologize. Please forward your information along with pictures if you have them and we will post in the next Newsletter.

Play for Travis Day cont.

A fundraising event was put on by the Peewee 2 Team for the Jennings' Family on January 4th at Arena East in Sauk Rapids. Many of you may know Travis Jennings, one of our Youth Hockey Coaches, had a seizure back in October while on the job. After a second seizure and days in the hospital he was able to go to the Mayo where they performed surgery to remove a walnut sized tumor on the left side of his brain. He did well during the surgery. He is doing radiation along with chemo in the months to come. The family is very grateful for the enormous support from our hockey community.

Wristbands supporting Brain Cancer, T-shirts and Chuck-A-Puck was sold with all proceeds going to the Jennings.

Thank you to everyone that helped ensure that this was a HUGE success!



Play for Travis day

Please join us Jan. 4th 2020 @5:00pm
(East arena Sauk Rapids)
Storm vs Monticello Peewee B1

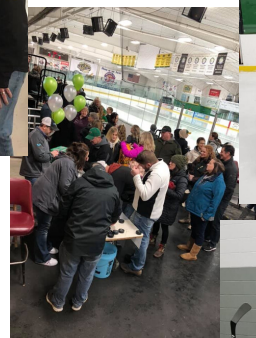
Come show your support for the Jennings' Family
(more events: Chuck-A-Puck, wristbands for sale, Donation box with all proceeds going to the Jennings)

Travis's Story

Everything changed for Travis and the family on October 16, 2019. While working his plumbing job at the St. Cloud hospital, Travis had a seizure. Thanks to his coworkers, he was rushed down to the emergency room, where he suffered another seizure. Travis stayed in the hospital for about five days recovering and being CT, MRI, EEG, and spinal tap done to determine the reason for the seizures. Because of the amazing family history of glucose brain tumor (glioblastoma, two uncle's and an aunt), we hoped for that result. Thanks to Chad Jensen (from arena East) and other good friends and connections at the Mayo Clinic, Travis was accepted to the Mayo. On October 21st, Travis had a walnut size tumor from the left side of his brain. Surgery occurred on November 20th, and Travis received radiation therapy at the Mayo. It was determined that Travis needed surgery to remove consultation and biopsy specimens at the Mayo. He was discharged on November 20th, and Travis continued treatment with the Mayo. Travis is doing well. He is doing radiation along with chemo in the months to come. He is scheduled to be in St. Cloud through Friday along with daily the dose of chemo at the Mayo. There is a donation box in St. Cloud and there is an adopt a family member of a high school of choice which will be taken care of for the days out of every month.

Travis, his wife Sarah, and the Jennings family are very grateful for the enormous support from family and friends. We love and thank you for all the support.

Donations can be sent to: Liberty Bank, 3600 Ridgewood Rd. St. Cloud, MN 56203/3600 out to: Benefits of Travis Jennings



If you have any questions, please reach out to a board member for further information. Thank you and GO STORM!

COORDINATOR UPDATES

Player Development Coordinator

Jason Bambenek

TO COME. . .

Mini-Mite Coordinator

Jeremy Thomes

TO COME. . .

Mite Coordinator

Kelly Kadlec

TO COME. . .

Squirt Coordinator

Josh Rock

TO COME. . .

Pewee Coordinator

Mike Swanson

TO COME. . .

U10 Coordinator

Kayleigh McGinnis

TO COME. . .



U12 Coordinator

Amanda Carlson

TO COME. . .



U15 Coordinator

Jim Dorn

TO COME. . .



Bantam Coordinator

Andy Gruber

TO COME. . .

VOLUNTEER DIBS HOURS

REMINDER: You are required to complete 16 hours per skater for the 2019-2020 season.

2nd Year Bantams Need to have all hours done by January 31, 2020

If you have question son your hours please contact Jody Henkmeyer at jodyhenkeicloud.com

FUNDRAISING

Find the monthly calendar winners on our website.

<https://www.saukrapidshockey.org/>

CONCESSION STAND

ARENA EAST NEWS

COACH'S CORNER

Coach - Parent Relationship: A Responsible Approach

USA Hockey has some great tips for positive coaching alliances. Having positive parents involved with positive coaches creates positive outcomes both on and off the ice!



1. Recognize the Coach's Commitment
2. Make Early, Positive Contact at the Beginning of the Season
3. Fill the Coach's Emotional Tank
4. Don't "Instruct" Your Player During a Game or Practice
5. Observe a "Cooling Off" Period (24 hours) if upset

To view more tips for a great parent - coach relationship, visit www.usahockey.com.

OTHER NEWS

How to be a good hockey parent

The memories and the friendships we make during our time involved in the game will last a lifetime. Games are exciting and sometimes tensions can run high, but lets not forget why we are all here: for our kids love of the game. The best parents in the stands support their team and respect the opposition at the same time. Most importantly - have fun!

Team Reach App

Team Reach is an app that managers use to contact your team during the season. If you don't already have this app download it today and contact your team manager to get your team group.

Please Remember:

These are kids.

Coaches are volunteers.

Referees are human.

You and your child do not play for the NHL.

Have Fun!



UPCOMING EVENTS

Board Meeting: Feb 10, 2020

7:00pm - 8:30pm

EAST SIDE VFW,

Franklin Ave NE, St. Cloud

If you have any questions, please reach out to a board member for further information. Thank you and GO STORM!