

Schedule

| Friday, 24. May 2024 | | | |
|----------------------|---|--|--|
| TIME | EVENT | LOCATION | |
| 12pm – 7pm | IRONMAN Merchandise | Event Area, Bad Schönborn-Mingolsheim | |
| 12pm – 7pm | SportExpo | Event Area, Bad Schönborn-Mingolsheim | |
| 12pm – 6pm | Registration open | Event Area, Bad Schönborn-Mingolsheim | |
| 12pm – 6pm | Race pack pick up & late registration NightRun Kraichgau | Event Area, Bad Schönborn-Mingolsheim | |
| 6pm | Start NightRun Kraichgau Kids | Bad Schönborn-Mingolsheim | |
| 7.30pm | Start NightRun Kraichgau | Bad Schönborn-Mingolsheim | |

Saturday, 25. May 2024

| TIME | EVENT | LOCATION |
|-------------|---|--|
| 10am – 5pm | Registration open | Event Area, Bad Schönborn-Mingolsheim |
| 10am – 6pm | IRONMAN Merchandise | Event Area, Bad Schönborn-Mingolsheim |
| 10am – 6pm | SportExpo | Event Area, Bad Schönborn-Mingolsheim |
| 10am – 11am | Race Briefing Pro-Athletes | Bad Schönborn-Mingolsheim |
| 11am – 12pm | Race Briefing in German (70.3 & Relay) | Ohrenberghalle, Bad Schönborn-Mingolsheim |
| 12pm – 1pm | Race Briefing in English (70.3 & Relay) | Ohrenberghalle, Bad Schönborn-Mingolsheim |
| 10am – 3pm | Pick-up media accreditation | Bad Schönborn-Mingolsheim |

Saturday, 25. May 2024

| TIME | EVENT | LOCATION |
|-----------------|--|---------------------------------|
| 12.30pm – 2pm | Race pack pick up & late registration IRONKIDS Kraichgau | Hardtsee, Ubstadt-Weiher |
| 1.45pm – 2.45pm | Check-In IRONKIDS Kraichgau | Hardtsee, Ubstadt-Weiher |
| 2pm – 6pm | Bike Check-in and Drop-off bag (blue + red) Only 70.3 athletes | Transition 1, Ubstadt-Weiher |
| 3.00pm | Start IRONKIDS | Hardtsee, Ubstadt-Weiher |
| 5.00pm | Start 1. Bitburger 0,0% Triathlon- Bundesliga Women | Hardtsee, Ubstadt-Weiher |
| 6.30pm | Start 1. Bitburger 0,0% Triathlon- Bundesliga Men | Hardtsee, Ubstadt-Weiher |

| Sunday, 26. May 2024 | | | | |
|----------------------|--|--|--|--|
| TIME | EVENT | LOCATION | | |
| 6.30am – 7.45am | Bike Check-in Only 70.3 Relay | Transition 1, Ubstadt-Weiher | | |
| 6.30am – 8.15am | Transition 1 open | Ubstadt-Weiher | | |
| until 8.15am | Drop-off bag (white) Only 70.3 Athletes & Relay | Transition 1, Ubstadt-Weiher | | |
| 8.15am | Start – Male Pro-Athletes | Hardtsee, Ubstadt-Weiher | | |
| 8.20am | Start – Female Pro-Athletes | Hardtsee, Ubstadt-Weiher | | |
| 8.30am – 9.15am | Rolling Start – Age group-Athletes Only 70.3 Athletes & Relay | Hardtsee, Ubstadt-Weiher | | |
| 9am – 4pm | Media Center open | Bad Schönborn-Mingolsheim | | |
| 10am – 6pm | IRONMAN Merchandise | Event Area, Bad Schönborn-Mingolsheim | | |
| 10am – 6pm | SportExpo | Event Area, Bad Schönborn-Mingolsheim | | |

Sunday, 26. May 2024

| TIME | EVENT | LOCATION |
|--------------|---|--|
| from 11.30am | Finish Line Party | Bad Schönborn-Mingolsheim |
| ca. 12.15pm | First Male Pro-Athlete to finish | Bad Schönborn-Mingolsheim |
| ca. 12.45pm | First Female Pro-Athlete to finish | Bad Schönborn-Mingolsheim |
| 3pm – 7pm | Bike Check-out | Transition 2, Bad Schönborn-Mingolsheim |
| 5.45pm | Cut-off Finish line - 70.3 | Bad Schönborn-Mingolsheim |
| 5.30pm – 6pm | Appeal against referee's decision and timing | Ohrenberghalle, Bad Schönborn-Mingolsheim |
| 6pm | Award Ceremony – 70.3 Pro-Athletes, Athletes & Relay | Ohrenberghalle, Bad Schönborn-Mingolsheim |
| 7pm | Slot Allocation – IRONMAN 70.3 World Championship 2024 | Ohrenberghalle, Bad Schönborn-Mingolsheim |