



**SDUSAW State Folkstyle Championships  
Heartland Dual Team Qualifier**

Beresford High School  
**Beresford, SD**

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**Date:** Sunday, Feb. 3, 2019      **Location:** 301 W. Maple St. Beresford, SD  
**TrackWrestling Registration Required:**  
<http://www.trackwrestling.com/registration/BasicPreReg1.jsp?tournamentGroupId=99187132>

**Weigh-Ins:** Saturday Feb. 2, 2019 Noon – 1:00 PM CT/11:00 AM – Noon MT  
Legends of Gold (Beresford)  
Aberdeen (At the Aberdeen Youth Dual Tournament)  
Burke, SD ((Burke High School)  
Hill City, SD (Hill City High School)

GO TO <https://www.sdusaw.org/page/show/3194119-youth-tournaments>

*We will also honor weigh ins from those youth tourneys conducting on-site weigh ins at their event on Saturday Feb. 2, 2019.*

On-Site (Beresford HS) Sunday Feb. 3, 2019 7:30 AM – 8:00 AM

*If you report to a weigh-in site, that is where you will weigh in, no 2<sup>nd</sup> chance weigh ins.*

**Doors Open:** 8:00 AM      **Wrestling Starts:** 9:30 AM

**Official/Volunteers:** Officials and volunteers are needed to help the event run smoothly. Please email the event organizers if you would like to volunteer. Adult volunteers must have at least a USAW Volunteer Membership to verify background check and safesport certification.

**Awards:** Medals for 1<sup>st</sup> through 6<sup>th</sup>, and this is the first leg of the SDUSAW Triple Crown.

**Entry Fee/Admission:**

- \$15 for all wrestlers and wrestlers must have at least the USAW limited folkstyle membership. Get your membership at [www.usawmembership.com](http://www.usawmembership.com)
- Spectator Admission: Adults \$5; kids, seniors, and military FREE
- Coaching: Free admission with USAW Leader Membership
  - Free Coaching band for all NCEP Certified Coach, and NCEP certification is required to receive coaching credentials to be allowed in the corner.

**Concessions:** Concessions will be available

**Tourney Contacts**

- Terry Pack (SDUSAW Kids Director) [tpack@lognationaltraining.com](mailto:tpack@lognationaltraining.com) 530-305-3186
- Ray Ringstmeyer (SDUSAW Chairman) [sdusaw@hotmail.com](mailto:sdusaw@hotmail.com) 605-842-6959

# Divisions

*Weight classes in all divisions EXCEPT the Heartland division may be combined at tourney directors' discretion to maximize competition.*

The intention of the 6-U, 8-U, and 10-U divisions set apart from the Heartland Division is to encourage beginner and developing wrestlers to come and be a part of this growing event. However, in order to qualify for SDUSAW's top two teams, wrestlers must compete in the Heartland Division. Wrestlers in the developmental divisions will be the first wrestlers considered when putting together developmental teams for the Heartland Elementary Dual event.

## **6-U**

Age: Born 2013 or later

Weight Classes: 30, 35, 40, 45, 50, 55, 60, 65, 65+ (10-pound max difference)

Time periods - All Matches - 1-1-1

## **8-U**

Age: Born 2011-2012

Weight Classes: 43, 45, 49, 53, 56, 62, 70, 85, 85+ (15 lbs. max difference)

Time periods - (same for championship and consolation) - 1-1-1

## **10-U**

Age: Born 2009-2010

Weight Classes: 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 120+ (20 lbs. max difference)

Time periods (same for championship and consolation): 1:30-1:30-1:30

## **HEARTLAND DIVISION: REQUIRED TO COMPETE IN IF ATTEMPTING TO QUALIFY FOR SDUSAW HEARTLAND TOP TWO TEAMS**

<https://www.sdusaw.org/hle>

**Age:** This event is for 1st, 2nd, 3rd, 4th, 5th, and 6th graders. A wrestler cannot be in this event if he or she is 14 years old or older.

**Weight Classes:** 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140 and 160.

Time periods – All Matches – 1:30-1:30-1:30