

**NORFOLK GOLDEN GIRLS
RULES OF CONDUCT**

I. General

- A. A Golden Girl shall at all times conduct herself in a manner which is a sportsmanship and an athlete, both on and off the field. (Including appropriate language and attitude).
- B. She will always be a gracious host to visiting teams and fans.
- C. She will never argue with an umpire or other game official and shall never belittle a team or team member.
- D. She will always treat her coach with respect.
- E. She will be with team in all activities (during and after games) until released by her coach.
- F. She will not use tobacco, drugs or alcohol in any form, on or off the field. Any reported usage will be subjected to disciplinary action or dismissal from the team.

II. Out of Town Play

For out of town games, Parents and Coaches will work with each other to ensure players have rides. Individual parents will have the final say to who they want their child to ride and be with. It is recommended that a note from the parent of an unaccompanied player be given to the parent/coach taking responsibility for the child. (Medical information and contacts).

Out of town room reservations will be made by the Head Coach or Team Assistant.

Room assignments shall be made with at least one adult/parent supervisor in or responsible for a room. This is for safety reasons.

A reasonable curfew shall be established by the coach and shall be strictly enforced. A curfew will be set and adhered to even after elimination from the tournament.

Failure to comply with the rules can result in immediate dismissal or suspension of the offending person or persons. The offending person may be sent home immediately.

III. All players are expected to attend all practice sessions. Failure to do so may result in loss of playing time in games and tournaments.

Friends and relatives of players are to stay away from the dugout area during all games and practices. Players are to be in the dugout area even when not currently in the line-up.

The team's coach is the authority and will set forth penalties at his/her discretion with partnership from the Board.

The Golden Girls Board of Directors has adopted this policy for general application; coaches may establish other rules and regulations. The Golden Girls Board of Directors reserves the right to suspend a player with non-refundable player fees for violating any of the above rules. If the player or her parent/guardian feels they have been treated unfairly, they have the right to appeal their case to the Board of Directors within five days of such suspension. If this appeal involves a Board member's daughter, that Board member will not be involved in the appeal process as a Board member.

I have read the above and fully understand the Golden Girls Rule of Conduct.

Signature-Player

Signature-Parent/Guardian

Date

THE ABOVE FORM MUST BE SIGNED, DETACHED, AND RETURNED TO THE COACH BEFORE THE PLAYER SHALL BE PERMITTED TO PARTICIPATE! RELEASE LIABILITY FORMS MUST ALSO BE SIGNED.