

May to August Programs

This is off-season training to work on individual skills, conditioning, footwork, speed, and understanding game-like scenarios. There are no games or tournaments

Discounts, Refunds, Make-ups

- 10% off for Sibling Discount (Little Stars, Little Warriors, Local, Regional, HP)
- Multi-week discount (2 weeks = \$20 off) (3 weeks = \$40 off) (4 weeks = \$50 off)
- Covers 8 practices in a row from the day the player starts practicing/training
- Cancel for a full refund up to 7 days before the session starts
- After starting, the only reason to cancel remaining practices is to show proof of injury that prevents the player from continuing or proof of moving/relocating
- If canceling within a discount period, 1st session will be charged at full price & the refund will be less 10%
- Contact us ahead of time for make-ups and we will most likely accommodate if there's space available
- If you contact us after the player misses the practice, there will be no make-up

Little Stars Program

For ages 7 to 12. Beginner-level players. Either never played before or less than a year player. Practices are 1 hour long twice a week.

Little Warriors Program

For ages 7 to 12. Intermediate to advanced level players. Athlete understands the game, and can serve, pass, transition, set, and hit at least 70% of the time. Practices are 1 hour long twice a week.

Local Program

For ages 13 to 16. Beginner-level players. Either never played before or less than a year. Or for players who still struggle with serving and passing. Practices are 1.5 hours long twice a week.

Regional Program

For ages 13 to 16. Intermediate-level players. Athlete understands the game, and can serve, pass, transition, set, and hit at least 70% of the time. Practices are 1.5 hours long twice a week. Sports Performance training once a week (conditioning - on the same day as a practice day - either before or after)

High-Performance Program

For ages 13 to 18. Advanced-level players. The athlete understands the game and can serve, pass, transition, set, and hit at least 85% of the time. Practices are 1.5 hours long twice a week. Sports Performance training once a week (conditioning - on the same day as a practice day - either before or after). Beach training twice a month.

Galvin - 1600 NE 126th St North Miami FL 33181

Allen - 1770 NE 162nd St North Miami Beach FL 33162

ADAPT - 14901 NE 20th Ave Miami FL 33181

I understand and have read the information above