



# **Parent Handbook**

## **2023-2024**

## ICE WOLVES YOUTH HOCKEY 2023-2024 Parent Handbook

### **Introduction**

Welcome to the Ice Wolves Youth Hockey Association (IWYHA). Our youth hockey association provides boys and girls in the Dodgeville, Mt Horeb, and surrounding communities in southwestern Wisconsin the opportunity to participate in the sport of youth hockey.

The Ice Wolves Youth Hockey Association was formed in 2000 when the youth hockey programs in Mt Horeb and Dodgeville merged. Our home rink is inside Ley Pavilion, Harris Park, Dodgeville, WI. Ley Pavilion owned by the city of Dodgeville is leased to the IWYHA for the purpose of providing skating and hockey opportunities. Equipment needed to assemble the rink, locker rooms, concession stand, and the Zamboni are owned by the IWYHA. Our association members and friends assemble the rink each October and disassemble each March.

The association's activities are carried out by the Board of Directors and a number of different committees. All activities are governed by the association's bylaws. The board generally meets once a month during the Ice Wolves hockey season and once a month during the summer to prepare for the following season. Parents are invited to attend any of the board meetings, but should first verify the date, time, and location. Notification of board meeting and minutes of previous meetings can be found on the Ice Wolves website at [www.icewolveshockey.org](http://www.icewolveshockey.org)

The Ice Wolves Youth Hockey Association is operated entirely by parent volunteer help. As a parent you will be called upon to participate in the operation of the association. Committee work includes fundraising, rink set-up and tear down, and more. Parents are also needed to serve as team-reps, coaches, and board members. Please consider where you can contribute to benefit our association. Your involvement will offer opportunities to meet other parents in the association, and you will experience the satisfaction of providing the highest quality youth hockey program for all of our skaters.

The remainder of this handbook provides additional details concerning the operation of the Ice Wolves Youth Hockey Association and youth hockey in general. We hope this information will help you have an enjoyable and successful hockey season.

### **Goals of the Ice Wolves Youth Hockey Association**

Our goal is to provide an organization and environment that allows youth hockey players the opportunity to grow as individuals and develop hockey skills by:

1. Giving skaters the opportunity to participate in competitive hockey regardless of their skill level.
2. Encouraging skaters to achieve individual and team goals through positive reinforcement.
3. Providing practice and game facilities that are safe and always supervised by qualified coaches.
4. Promoting the ideals of teamwork, competition, sportsmanship, and fair play in victory and defeat.
5. Encouraging parent involvement and guidance in helping skaters achieve their individual and team goals.

6. Teaching skaters the importance of practice time and proper equipment.

### **Youth Hockey's Organizational Framework**

The IYWHA is a member of the Region Four Youth Hockey Council, which represents youth associations in south-central Wisconsin. IYWHA teams participate in leagues within Region Four Youth Hockey council during the season. There are six regions in the Wisconsin Amateur Hockey Association (WAHA). WAHA conducts playoffs within each region, to determine region representation at the WAHA State Tournaments in March. WAHA is an affiliate of the national organization, USA Hockey. Each of these bodies has rules governing youth hockey.

### **Ice Wolves' Organizational Structure**

The Board of Directors is the governing body of the IYWHA. A listing of the current Board of Directors and Association contacts can be found in Appendix A of this handbook.

The Board of Directors operates under the approved By Laws and Policies and Procedures. A copy of the approved document can be found on our website.

Officers are elected by the membership at the annual meeting of the association held each spring. Non-officer positions are nominated by the nominating committee and approved by the Board prior to the annual meeting. IYWHA committees may include the following: Nominating Committee, Financial Committee, Rink Management Committee, Recruitment, Retention, & Coaching Committee, Public Skate Committee, Rental Equipment Committee, and other ad hoc committees. To serve as a Board member or on a committee make your interest known to the IYWHA President or any current Board member.

### **Age Levels**

Ice Wolves policy, and that of all organizations in Region Four, recommends that skaters participate at the level specified by USA Hockey. The following Age Classification Chart shall apply for the 2023-2024 season:

AGE	BIRTH YEARS	USA HOCKEY LEVEL
6 and under	2017- younger	U6 Cross Ice
8 and under	2016 - younger	Learn to Play*
8 and under	2015 - younger	Wolf Pack*
9 and 10	2013 and 2014	Squirt
11 to 14	2009 to 2012	Girls U14 *if interest allows*
11 and 12	2011 and 2012	Pee Wee
13 and 14	2009 and 2010	Bantam
15 and up	2005 - 2008	Midget (High School)

\*The Learn to Play Hockey and Wolf Pack are Ice Wolves programs for boys and girls primarily ages 4-10. They are not designated USA Hockey age level programs. They incorporate what the Ice Wolves have traditionally referred to as the "Atoms" and "Mites" and more recently Hockey KIDS I and Hockey KIDS II. See Appendix B for a complete program listing. If you have questions about the best placement for your child contact the Association Coaching and Education (DOH) Director of Hockey (listed in Appendix A).

### **Skill Levels**

The IWYHA has been designated as a Division 4 Association by WAHA. There is a total of four Divisions in WAHA, with the largest associations generally in Division 1. This means that the most skilled IWYHA team at each age level must play at the 4A level in the WAHA State Tournament. Ice Wolves Squirt through Bantam level teams participates in the Region Four League, while the High School team participates in the Wisconsin Club High School Hockey League. WAHA classifications do not determine league assignments in Region Four. Region Four League games are based on relative skill level of each team compared to other teams at the same age level. If the Ice Wolves first team is competitive with the first teams from most other associations in Region Four, that team will compete at the highest level in Region Four league play. However, if that team would be more evenly matched by playing second or third teams from other Region Four associations, it will be scheduled to play those lower skill level teams.

Parents and coaches, as a group, decide on the number of tournaments they will play during a season. Tournament fees are in addition to IWYHA registration fees.

### **Fees**

See Appendix B for registration fees, tournament fees and work deposit fees assessed for each program/age level.

### **Scholarships**

The Association offers a limited number of scholarships each year to enable families with financial difficulties to play hockey. Scholarships are considered and granted on an individual case-by-case basis by the IWYHA Scholarship Committee and/or Board. Scholarship information and applications are available on the Ice Wolves Website. Applications must be received by the IWYHA designated contact (generally the Registrar) **no later than August 15** of the season in which you are applying.

### **Registration**

Ice Wolves skaters must reside in Dodgeville, Mt Horeb, surrounding school districts in southwestern Wisconsin, or in a school district not served by another WAHA registered hockey association. Players from another hockey association wishing to join the Ice Wolves should contact the IWYHA President. Transferring between associations requires the consent of the IWYHA and the transferring Association.

Registration fees will be paid via Sports Engine. This season, a \$100 deposit will be made at registration time and then three remaining equal payments will be withdrawn in October, December and February. If families have multiple skaters the oldest is full fee, and each after is 25% off their fee. Players cannot practice until registration forms have been completed. **Registration received 9/1 and after will incur a \$100 late fee. Learn to Play is exempt.**

### **Equipment – General**

It is essential for the protection and safety of the skaters that they have properly fitted equipment. If you intend to purchase equipment and are not familiar with hockey equipment, suggested sources include: Pure Hockey, Madison.

The following equipment is necessary:

1. Shoulder pads with chest protection
2. Shin guards
3. Elbow pads
4. Gloves
5. Breezers (hockey pants)
6. Hockey skates
7. Hockey stick
8. Helmet (HECC approved)
9. Face mask
10. Hockey socks
11. Practice jersey
12. Garter belt or Velcro shorts for holding up socks, athletic supporter with cup (male), pelvic protector (female).
13. Mouth guard (required for traveling teams)
14. Neck guard (optional)

**The IWYHA STRONGLY recommends all skaters wear neck and mouth guards.** Depending on age and level of play, game jerseys and game socks may also be required. For more information see the “Equipment Rental Policy” in Appendix C.

### **Ice Wolves Jersey Policy**

Members of the traveling teams (Squirt level and higher) will own and purchase a reversible Jersey both which has a home (white/light) side and an away (black/dark) side. For more information on Jerseys, see the “Jersey Policy” in Appendix D.

### **Player Selection Process**

Refer to Article III of the approved Policies and Procedures for the Player Selection Process.

### **Skating at a Higher Age Classification**

Refer to Article III of the approved Policies and Procedures for the Skating at a Higher Age Classification process.

### **Grievance Policy and Procedure**

IWYHA expects Board Members, Coaches, Referees, players, and parents to conduct themselves in an ethical and responsible manner that is consistent with USA Hockey regulations and that reflects well on IWYHA. It is IWYHA’s purpose to provide an effective means for all volunteers to bring problems or complaints concerning the program to the attention of the IWYHA Board without fear of recrimination. Any complaints/concerns must be reported per Article IV of the approved Policies and Procedures.

### **Work Deposit/Work Hours and Fundraisers**

A work deposit valued \$400/20 Hours will be required off-season from all Ice Wolves families, except those participating in the Learn to Play Hockey program. It is the responsibility of each family to record and report their work hours in DIBS. In-season work hours will be established by your Team Representative. These should be reported by e-mailing them to the Team Rep Manager. Fulfillment periods (actual dates for work to be completed by) may vary slightly from season to season and will be communicated in person during the parent meeting, as well as via e-mail throughout the season. These hours do not count for working home tournaments, as everyone on the team is required to work home tournaments. Families will be invoiced \$20 per hour for the number of incomplete hours. For example, if a family only completes 16 out of the required 20 hours, that family will be invoiced \$80 ( $20-16=4$  /  $4 \times \$20 = \$80$ ). Families will have the option to write a check or pay online (may be processing fees). Additional information can be found in Appendix E.

The Ice Wolves Youth Hockey Association conducts a variety of fundraising activities throughout the year. Typically, the net proceeds from these fundraisers go toward defraying the cost of ice fees/registration fees for the participating families. Fundraising will be required from all Ice Wolves families, except those participating in the Learn to Play Hockey program.

### **Code of Conduct**

The Ice Wolves adopted a code of conduct in 2001 and updated it in 2010 and 2015. Players and parents are asked to read and sign this at registration. Ice Wolves' coaches also sign a Coaches Code of Conduct and are expected to support the Player and Parent Code of Conduct. See Appendix G/H regarding the Code of Conduct.

### **Background Screening**

In accordance with USA Hockey and WAHA guidelines, The Ice Wolves require screening of all coaches, team managers, employees of the association, association board members and Adults (18 years and older skating on youth teams) through Protect Youth Sports, a national criminal background search service. The screen will consist of a National Criminal Database and National Sex Offender Search.

### **Concussion Law and WAHA Policy**

The Wisconsin Legislature passed a law that went into effect on April 17, 2012 regarding concussions in youth athletic activities. Under the Law, everyone who is participating in Youth Hockey must be trained and players must sign a statement that they were trained. If those players are under the age of 19, a parent or guardian must also sign a statement that states they were trained. WAHA is also mandating that all coaches sign a statement that they have been trained. WAHA has developed such documents for players/parents and coaches and they are on the WAHA website at: <http://www.wahahockey.com/> See Appendix F.

### **Website**

To find up-to-date information about the association, teams and schedules, please use the website at [www.icewolveshockey.org](http://www.icewolveshockey.org)

**Appendix A:****IWYHA Board and Contact Information**

<b>President:</b> Bill Lydic Cell: 608-220-8168 Email: icewolvesprez@gmail.com	<b>Referee Manager:</b> Stephanie Pasker Cell: 608-513-2400 Email: <a href="mailto:dspasker@msn.com">dspasker@msn.com</a>
<b>Vice President:</b> Kyle Levetzow Cell: 608-574-2303 Email: icewolvesvp@gmail.com	<b>Registrar:</b> Abbi Trainor Cell: 608-558-9132 Email: icewolvesregistrar@gmail.com
<b>Treasurer:</b> Allison Batton Cell: 608-574-4006 Email: icewolvestreasurer@gmail.com	<b>Representative to WAHA Region 4:</b> Bill Lydic Cell: 608-220-8168 Email: icewolvesprez@gmail.com
<b>Secretary:</b> Katie Batton Cell: 608-558-8330 Email: icewolvessecretary@gmail.com	<b>Representative to WAHA Region 4:</b> Cell: Email:
<b>Director of Hockey (DOH):</b> Tyler Marklein Cell: 608-574-6311 Email: icewolvesdoh@gmail.com	<b>Rink Director:</b> Chris Rusch Cell: 341-7621 Email: cruschter@hotmail.com
<b>Concession Manager:</b> AmyBeth Levetzow Cell: 608-574-3286 Email: amybeth@modeldairyfarms.com	<b>Team Rep Director:</b> Laura Anderson Cell: 574-0273 Email: <a href="mailto:eeyorre_321@yahoo.com">eeyorre_321@yahoo.com</a>
<b>Equipment Manager:</b> Chris Larson Cell: 608-341-6350 Email: icewolves.equipment@gmail.com	<b>Website and Electronic Communication Director:</b> Mitch Morey Cell: 650-793-2568 Email: icewolveswebmaster@gmail.com
<b>Party Coordinator:</b> Stephany Marten Cell: 608-574-8702 Email: icewolvesevents@gmail.com	<b>Ice Scheduler:</b> Darcy Hesseling Cell: Email: iwiceschedule@gmail.com
<b>Marketing Director:</b> Christina Weitzel Cell: 608-574-9145 Email: marketingicewolves@gmail.com	<b>Tournament Director:</b> Jarret Hesseling Cell: 608-513-1834 Email: icewolvestournament@gmail.com

## Appendix B: IWYHA Program Structure

Program	Ages/ Birth Yrs.	Durati on of the Season	Practice	Registration fees Additional annual fee to register with USAH	Work Hours and Fees <u>** Work Fees will be collected at the end of the season via check or invoiced online via sports engine as necessary</u>	Rink Cleaning	Public Skate	Fund Raisers
Learn to Play	8 and under (2018- younger)	2 sessions- Nov-Dec And/or Jan-Feb	45 mins; 1x per week 8:30-9:15am Saturdays	\$100 per session and rental equipment included	No work deposit required	No	Work atleast one public skate	Not required participation appreciated
U6 Cross Ice	6 and under 2017 - younger	Nov – early March	45 mins 1x per week (weeknight)  games Sunday	\$300  *Rental Equipment available.	<b>\$400</b> work deposit required;  10 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required
Wolf Pack  Red/White Blue	8 and under  Born 2015- 2016	Nov – early March	75 mins 2x per week (weeknights) --plus weekend ice time	\$350  *Rental Equipment available.	<b>\$400</b> work deposit required;  20 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required  One or more others
Squirt Traveling Team	Generally Ages 9-10  Born 2013-2014	Full Season; Nov – mid March	75 mins 2x per week (weeknights) --plus weekend ice time	\$675  *Rental Equipment available	<b>\$400</b> work deposit required;  20 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required  One or more others
Girls Traveling Team U12/U14 *if interest allows*	Generally, Ages 12-14  Born 2009-2012	Full Season; Nov – mid March	75 mins 2x per week (weeknights) --plus weekend ice time	*Rental Equipment available	<b>\$400</b> work deposit required;  20 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required  One or more
Pee Wee Traveling Team	Generally Ages 11-12  Born 2011-2012	Full Season; Nov – mid March	75 mins 2x per week (weeknights) --plus weekend ice time	\$700  *Rental Equipment available	<b>\$400</b> work deposit required;  20 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation required  One or more
Bantam Traveling Team	Generally Ages 13-14  Born 2009-2010	Full Season; Nov – mid March	75 mins 2x per week (weeknights) --plus weekend ice time	\$725 *Rental Equipment available	<b>\$400</b> work deposit required;  20 hours of rink set up, rink tear down and/or off season volunteer hours  <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required  One or more
High School Traveling Team	Generally Ages 15-18  Born 2005-2008	Full Season; Nov – mid March	75 mins 3x per week (weeknights) --plus weekend ice time	\$800 *Rental Equipment available *Includes League Fees	<b>\$400</b> work deposit required 20 hours of rink set up, rink tear down and/or off season volunteer hours <b>\$400</b> in-season work TBD by Team Rep Director	Yes; assigned weeks	Assignments made for each team; <u>all families on the team need to assist</u>	Big Kahuna Raffle Participation Required  One or more



Registration should be done online through the Ice Wolves Youth Hockey Website. A payment installment plan is available. Registration/payments may be mailed to the registrar in limited circumstances. See details on the registration form.

All families must work public skate sessions as assigned whether or not they have met their minimum work hours.

\*\*The Ice Wolves "Wolf Pack/RWB" is open to any skater age 8 (generally) and under who has completed the Ice Wolves Learn to Play Hockey program, a similar Learn to Skate Program, or has skated or played hockey for at least one season. However, not required.

Registrations received September 1<sup>st</sup> or later from current Ice Wolves players will have a \$100 increase in registration fees.

Families should expect to pay tournament fees for each tournament entered. This cost is estimated \$35-\$50 per tournament/per player). This does not include the state tournament.

## **Appendix C: Ice Wolves Equipment Rental**

The Ice Wolves Youth Hockey Association (IWYHA) is committed to having equipment available to rent to skater's ages 4 through 12. Equipment in sizes to fit skaters older than 12 is on a limited basis.

Rental equipment is checked out at "Fitting Events" overseen by the Equipment Manager or (on a limited basis) by individual appointment with the Equipment Manager. Equipment "Fitting Events", typically held in early October, will be announced via e-mail.

### **Equipment Rental Options and Fees**

*\*Fees are due upon rental, but included for LTP Program*

#### **DELUXE RENTAL: (\$75)**

- Equipment Bag
- Chest/ Shoulder Pads
- Shin Pads
- Elbow Pads
- Gloves
- Breezers
- Hockey Socks(Practice)
- Helmet
- Skates
- Stick: see note below

Individual Pieces :\$15 ea. (Excluding bags)

#### **SUMMER RENTAL: - Skater (\$25)**

\*Sticks are cut to size. However, they are still a part of the rental package and need to be returned at the end of the season with the rest of the equipment.

**SUMMER RENTAL – Goalie (\$25) Deposit of \$300** - with contract of agreement on proper use of Ice Wolves issued goalie equipment on file with Equipment Manager.

\*\*Practice Jerseys are available with both rental packages to Wolf Pack level members and up.

\*\*\*Practice Jerseys are not needed for LTP members during the season (summer rental only).

#### **EQUIPMENT NOT AVAILABLE FOR RENT**

- Garter belt or Velcro jock/Jill shorts
- Athletic supporter and cup
- Mouth guard

### **SKATE SHARPENING**

*IWYHA recommends getting players skates sharpened every 3-4weeks*

- New this season! During registration, you will have the option to pay an additional \$25 for unlimited skate sharpening during the season. If you do not do this, then it will be \$6 per sharpening.

## Appendix D: Jersey Policy for Learn to Play and Wolf Pack Participants

- Learn to Play Hockey and Wolf Pack participants will be provided with an association-owned jersey, at the beginning of the season, to use during the season. **This jersey MUST be returned at the end of the season.** A practice jersey will be provided for those choosing to rent the equipment in between seasons (summer rental).

### Jersey/Hockey Sock Policy for Traveling Teams

- Skaters on traveling teams (Squirts and up) must purchase a reversible game jersey; purchase of name bars are optional. Skaters must also purchase one pair of game hockey socks - away (black/dark on top).

#### JERSEY /HOCKEY SOCKS FEE STUCTURE

- New Jersey - (Estimated) \$100
- Hockey Socks - \$30 per pair

- In the event of number duplication on a team, the player with the most seniority in the IWYHA will have first choice of that jersey number. All new player numbers must be approved by the Registrar.
- To maintain the appearance and value of their game jerseys, skaters are encouraged to wear practice jerseys, not game jerseys, for all practices. **Game jerseys are not acceptable for practices.**
- A link to our Apparel store, where a game Jersey and socks can be purchased, will be sent via email. We recommend orders be place by late September to ensure jersey are received by the start of the season. For any question on Jersey sizes please reach out to the Registrar

## Appendix E: Work Deposits, Work Hours and Mandatory Raffle

Learn to Play Hockey – No work deposit required; Work one public skate session

U6 - Work deposit: **\$400** for 10 hours of rink set-up, rink tear down and off season volunteer hours / **\$400** in-season work TBD by Team Rep Director \* Participate in Big Kahuna Raffle by selling \$300 worth of tickets.

RWB and Traveling Teams (10U, 12U, 14U, 18U) -

Two **\$400** work deposits divided as:

**\$400** for 20 hours of rink set-up, rink tear-down, and off season volunteer hours / **\$400** in-season work TBD by Team Rep Director

\* Participate in Big Kahuna Raffle by selling \$300 worth of tickets.

### Work Hours consist of:

1. Off Season: Rink Set-up/ rink tear down/ out of season volunteer hours totaling 20 hours

\*Parades- June & July (Mount Horeb Frolic, Mineral Point 4<sup>th</sup> Parade, Dodgeville Farmer's Appreciation

\*Town Square Event-July

\*Golf Outing-August

\*Taste of Madison- September

\*Culver's Share Day-November

2. In Season Work:

\*Assisting with Special Events / Private Party's

\*Assisting with "Try Hockey Free Events"

\*Rink cleaning (each team/program is assigned specific weeks during which they are responsible for cleaning the rink)

\*Skate Sharpening

\*Working public open skate

Each family will be responsible to work a later determined amount of shifts, divided equally by family.

\*Additional work hours will be assigned by team reps for game work schedules, i.e.: scorekeeping, penalty box, game clock, and concession stand.

*\*\*The duties of rink cleaning, working public skate sessions and working during games will be shared evenly between ALL families on a specific team. It is at the discretion of the Team Rep Director in consultation with the Team Rep for a specific team and the Ice Wolves Board of Directors to invoice any family that does not assist with their share of these team-assigned responsibilities.*

**Following each fulfillment period, if I did not complete the required work hours, the IWYHA will invoice me for remaining hours not completed or I will send a check. I understand that all financial obligations will need to be completed and paid before a skater is rostered next season.**

I understand this policy(Signature) \_\_\_\_\_

### Work Hours Reporting Procedure:

It is each family's responsibility to record off-season hours via DIBS. This includes rink set up/tear down, and any fundraising/promotional events. In-season work hours will be established by their team rep. These will be recorded via google-doc or established by the Team Rep Director.

### Completion of Work Hours:

Each family (8U and Up) is required to complete a minimum of 20 hours of association work and 3 open skate shifts. These work hours can be used during Summer parades, fundraising events, rink buildup, rink break down and any event approved by the IWYHA board. DIBS will be used to sign up and calculate the completed work hours during events.

Families will be invoiced \$20 per hour for the number of incomplete hours.

For example, if a family only completes 16 out of the required 20 hours, that family will be invoiced \$80 (20-16=4 / 4 x \$20 = \$80). Families will have the option to write a check or pay online (may be processing fees).

The end of rink set up and rink tear-down will be determined by Rink Director and announced to Association members via e-mail. In-season hours must be completed by the end of the final public skate session.

## **Appendix F: Parent/Player/Coach Concussion Training and Information**

### **Concussion Information - When in Doubt, Sit Them Out!**

Before a student may participate in practice or competition: At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.

An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.

A person who has been removed from a youth athletic activity may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider.

Injured athletes can exhibit many or just a few of the signs and/or symptoms of concussion. However, if a player exhibits any signs or symptoms of concussion, the responsibility is simple: remove them from participation. "When in doubt sit them out." It is important to notify a parent or guardian when an athlete is thought to have a concussion. Any athlete with a concussion must be seen by an appropriate health care provider before returning to practice (including weight lifting) or competition.

### **RETURN TO PLAY**

Current recommendations are for a stepwise return to play program. In order to resume activity, the athlete must be symptom free and off any pain control or headache medications. The athlete should be carrying a full academic load without any significant accommodations. Finally, the athlete must have clearance from an appropriate health care provider.

The program described below is a guideline for returning concussed athletes when they are symptom free. Athletes with multiple concussions and athletes with prolonged symptoms often require a very different return to activity program and should be managed by a physician that has experience in treating concussion. The program allows for one step per 24 hours. The program allows for a gradual increase in heart rate/physical exertion,

coordination, and then allows contact. If symptoms return, the athlete should stop activity and notify their healthcare provider before progressing to the next level.

STEP ONE: About 15 minutes of light exercise: stationary biking or jogging

STEP TWO: More strenuous running and sprinting in the gym or field without equipment

STEP THREE: Begin non-contact drills in full uniform. May also resume weight lifting

STEP FOUR: Full practice with contact

STEP FIVE: Full game clearance

**2011 WISCONSIN ACT 172: AN ACT to amend 119.04 (1); and to create 118.293 of the statutes; relating to: concussions and other head injuries sustained in youth athletic activities. SECTION 1. 118.293 of the statutes is created to read:**

**118.293 Concussion and head injury**

(1) In this section: (a) "Credential" means a license or certificate of certification issued by this state. (b) "Health care provider" means a person to whom all of the following apply: 1. He or she holds a credential that authorizes the person to provide health care; 2. He or she is trained and has experience in evaluating and managing pediatric concussions and head injuries; 3. He or she is practicing within the scope of his or her credential. (c) "Youth athletic activity" means an organized athletic activity in which the participants, a majority of whom are under 19 years of age, are engaged in an athletic game or competition against another team, club, or entity, or in practice or preparation for an organized athletic game or competition against another team, club, or entity. "Youth athletic activity" does not include a college or university activity or an activity that is incidental to a nonathletic program.

(2) In consultation with the Wisconsin Interscholastic Athletic Association, the department shall develop guidelines and other information for the purpose of educating athletic coaches and pupil athletes and their parents or guardians about the nature and risk of concussion and head injury in youth athletic activities. (3) At the beginning of a season for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who will be coaching that youth athletic activity and to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if he or she is under the age of 19, by his or her parent or guardian.

(4) (a) An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury. (b) A person who has been removed from a youth athletic activity under par. (a) may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider. (5) (a) Any athletic coach, official involved in an athletic activity, or volunteer who fails to remove a person from a youth athletic activity under sub. (4) (a) is immune from civil liability for any injury resulting from that omission unless it constitutes gross negligence or willful or wanton misconduct. (b) Any volunteer who authorizes a person to participate in a youth athletic activity under sub. (4) (b) is immune from civil liability for any injury resulting from that act unless the act constitutes gross negligence or willful or wanton misconduct. (6) This section does not create any liability for, or a cause of action against, any person.

**Additional Concussion Resources Are Available at:**

<http://www.wiaawi.org/Health/Concussions.aspx>

<http://www.wahahockey.com/#>

## **Appendix G: Code of Conduct**

Ice hockey is a rigorous, challenging team sport, providing opportunities for the wholesome development of individual skill and character, as well as team work and good sportsmanship. It is the responsibility of each player, parent, coach and volunteer to ensure that these opportunities are equally available to all members of the Ice Wolves Youth Hockey Association and that the association will always be recognized by its high standards and sportsmanship, conduct and completion.

### **Player Conduct and Responsibilities**

#### **As a player for the Ice Wolves Youth Hockey Association (IWYHA),**

##### **I will do my best:**

- Attend all practices, follow my coach's instructions, and work hard during all drills and game scenarios.
- Be on time and prepared for play.
- Learn the rules of the game from my team of coaches and abide by them in practices and games.
- Wear proper protective gear, including a mouth guard correctly placed in my mouth and unaltered helmet at all times when I am on the ice.
- Keep up with my school assignments and studies to minimize conflicts with practices and games.
- Display good sportsmanship in my interactions with my coaches, teammates, referees, and opponents.
- Behave properly whenever I am with my team, especially at our opponent's rinks and at public facilities including hotels, restaurants, shopping malls, etc.

##### **To guarantee my continued ability to play for IWYHA,**

##### **I will refrain from:**

- Bullying or harassing my teammates or other skaters (this includes but is not limited to making hurtful or malicious statements to or about them, using racial slurs, making references to one's sexuality, initiating rumors, taunting, name calling, making threats, taking or disfiguring another player's equipment, inappropriate physical contact, posting inappropriate comments on Facebook, Twitter or any other social media).
- Confronting the coach(es) or other adults in a disrespectful or belligerent manner
- Fighting
- Arguing with an official's decision.
- Approaching referees and/or opponents during or after games to threaten or initiate verbal or physical confrontations.
- Fooling around in the locker room including spitting water, throwing things, hiding equipment, running, hanging from clothes hooks or stall doors, etc.
- Using profanity in the lobby, locker room, or on ice in general or directed at any player, adult, coach, or official.
- Activating a cell phone or digital camera in the locker room.
- Using or distributing alcohol, tobacco (including vaping), illegal drugs, or medications not prescribed to me by a doctor.
- Bringing any type of weapon to the rink or sponsored hockey event.
- Wearing offensive or inappropriate clothing.
- Driving myself and/or other players to away games, if applicable.

I understand that I will be subject to appropriate disciplinary measures by coaches, officials, IWYHA Disciplinary Committee and/or my parents for failing to abide by these rules.

Penalties can include but are not limited to:

- "Benching"
- Written Warning
- Restorative action (i.e. apology letter, damage/repair costs, clean-up)
- Suspension from practices or games
- Probation for any time length
- Removal from this organization

*These penalties may occur in any order and in any combination as deemed appropriate.*

I also understand that I may have to meet with the Executive Board, the Discipline Committee, the Board of Directors, coaches, managers and or/parents to discuss any situation that has been brought to any of their attention regarding my behavior. I understand I have a right to an explanation of any disciplinary action(s) taken against me.

### **Parent/Spectator Conduct and Responsibilities**

**As a parent of a IWYHA hockey player and to promote a supportive learning environment for the children of this organization, I will:**

- Do my best to ensure that my child attends every practice and actively participates in all drills and game scenarios.
- Support by son/daughter's team of coaches through my words and actions
- Meet privately with my son/daughter's coach or team of coaches to discuss any concerns or issues that I believe need to be addressed.
- Choose behavior at all hockey events including tournaments that does not embarrass nor humiliate my child or any other child, undermine my son/daughter's coach's authority, or portray the IWYHA organization in a negative manner.
- Do my best to maintain a positive perspective when speaking with my son/daughter about his/her hockey development and performance as a player.
- Fulfill my financial and volunteer obligations to IWYHA as outlined in the Parent Handbook and team manager meetings.
- Display good sportsmanship at all times in my interactions with referees, opponent players and families, and my child's teammates and their families. Behaving in a sportsmanlike manner includes but is not limited to refraining from:
  - Making harassing statements
  - Making vulgar, rude, or derogatory comments
  - Using profanity
  - Approaching referees and/or opponents during or after games to initiate verbal or physical confrontations.

Most importantly, I will remember that I am responsible for my actions in and around the hockey rink, as well as the actions of the visitors attending with me, and will be held accountable when my actions or inaction violates this agreement.

Consequences may include but are not limited to:

- My son/daughter being suspended from practice and/or games



- My ejection from hockey events i.e. games, tournaments
- My loss of ability to attend hockey events i.e. games, tournaments
- Additional fees and/or penalties being added to my financial statement

I have read the above code of conduct and AGREE TO ABIDE BY SAID CONDUCT. I also understand that violation to this agreement could result in removal of my child from participation with IWYHA and USA Hockey. (Both parents/guardians if applicable)

### **Coaches and Team Representatives Conduct and Responsibilities**

1. Each team will have a head coach. Those wishing to apply for coaching positions should submit an email to the ACE Director of the Ice Wolves Youth Hockey Association by August 30 of each pre-season. These positions will be reviewed and approved by the ACE Director and the Board. Head coaches will be selected by September 15<sup>th</sup>. The Head Coach is responsible for appointing assistant coaches. The Ice Wolves Youth Hockey Board must approve all coaches.
2. Coaches will promote the USA Hockey Zero Tolerance Policy and the Ice Wolves Youth Hockey philosophy of good sportsmanship.
3. Coaches and team representatives will set a good example of personal conduct at all times, and shall promote TEAM and INDIVIDUAL development.
4. Coaches may take reasonable disciplinary actions including benching players if appropriate. Players should be told exactly why such action was taken.
5. All coaches will be certified in compliance with the requirements of USA Hockey Guidelines. All coaches, assistant coaches, or others assisting on the bench, or on the ice must be registered with and insured by USA Hockey. No non-registered persons shall be permitted on the ice or on the bench during games or practices.
6. Coaches and team representatives should strive for parental involvement by:
  - 1.6.a. Understanding the parents' concerns and allowing them to express their feelings freely.
  - 1.6.b. Soliciting the active support of parents by establishing specific duties and responsibilities, i.e. scorekeeper, time keeper, etc.
  - 1.6.c. Communicating the objectives for the season's program and what is to be expected of both parents and players
7. Obscene or abusive language, unpartisan like displays, intoxication, or substance abuse shall not be tolerated and will be referred to the Ice Wolves Youth Hockey Board for action.
8. Coaches, assistant Coaches and team representatives are responsible to see that locker rooms (home and away) are left clean. Any damage must be reported to the Ace Director immediately.
9. The head coach shall notify the President of the Ice Wolves Youth Hockey Association of any player/coach game misconduct or suspension within 72 hours of occurrence.
10. Coaches are responsible for seeing that any suspended player sits out all required games as required by league rules.
11. The team representative and/or Coach is responsible for maintain the team's required forms.
12. The head coach is responsible for bringing and the medical kit to each practice and game.

## **Appendix H: USA Hockey Participant Code of Conduct**

To be read and acknowledged by you as a member of Team: **Ice Wolves Youth Hockey**

Participating in USA Hockey for the **2023-2024** season.

1. No swearing or abusive language on the bench, in the rink, or at any team function.
2. No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating.
3. Anyone who receives a penalty will skate directly to the penalty box.
4. Fighting will not be tolerated. Fighting will result in an appearance before a Discipline Committee.
5. There will be no drinking, smoking, chewing of tobacco or use of illegal substance at any team function.
6. I will conduct myself in a befitting manner at all facilities (ice rink, hotel, restaurant, etc.) during all team functions.
7. Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action.

## **Appendix I: Return Check Policy**

Refer to Article II Section 3 of the approved Policies and Procedures for the Return Check Policy.

## **Appendix J: Additional Season Duties/ Costs**

- **Away Tournaments:**

Teams in the 10U/12U/14U/18U age groups historically play in 3-4 away tournaments, including the State Tournament, during the season. Registration payments **DO NOT** cover the costs for these tournaments. One exception to this rule, the IWYHA will pay for the 16U/18U Midget league dues. Families will pay between \$35-\$50 per tournament/per player. Some, if not all, of these costs can be waived based on the amount of profit made from home tournaments. These payments will be invoiced to the team at the end of the season. The Team Rep will then calculate and collect payments from families.

Coaches and Team Reps will reserve hotel blocks for their perspective teams. It is recommended, not required, to stay at these reserved blocks. Families are 100% responsible for lodging costs during away tournament weekends.

- **Home Tournaments:**

Each team (6U and Up) will be given the opportunity to host a tournament at their perspective age level.

Families are encouraged to think of ways to fundraise during the tournament. Some examples include raffle baskets, shoot-out contests, and specialty dinners. Half of profits from these events will go towards paying for the away tournaments costs of the team. The other half goes to the Association for ice time and rink maintenance.

Families are required to work scoreboard, penalty boxes, zamboni, and concessions while they host their home tournament.

- **Raffle Tickets:**

Each family (6U and Up) is required to buy/sell \$300 worth of Big Kahuna raffle tickets each season. Families are responsible for the cost of the tickets.