



# Cyclones 2019 Summer Day Camp Programs

## REGISTRATION

### USA Hockey Registration

Prior to registration with the Cyclones, AHAI requires that you register and have insurance through USA Hockey. You can purchase of your player's 2019/2020 USA Hockey Insurance directly from USA Hockey, following these steps:

1. Go to [www.usahockeyregistration.com](http://www.usahockeyregistration.com)
2. Click "Ice Players & Coaches" and follow the prompts
3. Fee is \$53 per player. USA Hockey accepts Visa, MasterCard, American Express and Discover.
4. Print out or save your USA Hockey confirmation number as you will need to enter this information into the Cyclones online registration form.

All registration information will be found under "Programs → Summer 2019" on the Cyclones website at [www.cycloneshockey.net](http://www.cycloneshockey.net)

Questions: Wendi Wipff, Registrar  
[cycloneshockeyregistrar@gmail.com](mailto:cycloneshockeyregistrar@gmail.com)

## Program Options

### Summer 2019 Playing Levels

In Accordance with USA Hockey Rules, the following chart shows the playing level for each birth year.

Level	Birth Years
6U (6 or Under)	2013, 2014
8U (8 or Under)	2011, 2012
10U (10 and Under)	2009, 2010
12U (12 and Under)	2007, 2008
14U (14 and Under)	2005, 2006
15U (16 and Under)	2004
16U (16 and Under)	2003, 2004
18U (18 and Under)	2001,2002,2003,2004

### 8U/10U Summer Day Camp

Focusing on skill development, strength and conditioning, and player education. Run by Cyclones Hockey Director, Peter Rutili and CSDHL Coach Gary Spratt, this 5-week session, 2 days per week camp will focus on both on-ice and off-ice training. Each day of the camp will consist of 2 hours on the ice, (1 hour in the morning focusing on skills and 1 hour in the afternoon focusing on small area games and competition) an hour of off-ice strength and conditioning and an hour for lunch with guest speakers and instruction. This 8U/10U camp is a great way to build confidence and learn new skills leading in to the season. **Limited to 40 skaters and 6 goalies.**

Program Details	
Fee	\$600 – skater/goalies
Dates	July 8 – August 7 Monday and Wednesday, 9:10 am – 1:40 pm On-ice sessions 9:10 am and 12:40 pm
Payment Option	\$300 due upon registration, remaining automatically deducted on July 15.*

### 12U Summer Day Camp

Focusing on skill development, strength and conditioning, and player education. Run by Cyclones CSDHL coach and Head 2 Toe Hockey Training Program Director Sean Nicholson, this 5-week session, 2 days per week camp will focus on both on-ice and off-ice training. Each day of the camp will consist of 2 hours on the ice, (1 hour in the morning focusing on skills and 1 hour in the afternoon focusing on small area games and competition) an hour of off-ice strength and conditioning and an hour for lunch with guest speakers and instruction. This 12U camp is a great way to build confidence and learn new skills leading in to the season. **Limited to 40 skaters and 6 goalies.**

Program Details	
Fee	\$600 – skater/goalies
Dates	July 9 – August 8 Tuesday and Thursday, 9:10 am – 1:40 pm On-ice sessions 9:10 am and 12:40 pm
Payment Option	\$300 due upon registration, remaining automatically deducted on July 15.*

### 14U Summer Day Camp

Focusing on skill development, strength and conditioning, and player education. Run by Cyclones Hockey Director, Peter Rutili and CSDHL Coach Gary Spratt, this 5-week session, 2 days per week camp will focus on both on-ice and off-ice training. Each day of the camp will consist of 2 hours on the ice, (1 hour in the morning focusing on skills and 1 hour in the afternoon focusing on small area games and competition) an hour of off-ice strength and conditioning and an hour for lunch with guest speakers and instruction. Guest speakers include accomplished coaches and scouts from junior hockey, college hockey and the NHL, sharing their knowledge and experience with our 14U players. This camp is a great way to gain knowledge of the process, build confidence, and learn new skills leading in to the season.

**Limited to 40 skaters and 6 goalies.**

Program Details	
Fee	\$600 – skater/goalies
Dates	July 8 – August 7 Monday and Wednesday, 8:00 am – 12:30 pm On-ice sessions 8:00 am and 11:30 am
Payment Option	\$300 due upon registration, remaining automatically deducted on July 15.*

### 15U, 16U, 18U Spring Training Hockey Program

Focusing on skill development, strength and conditioning, and player education. Run by Cyclones 18U CSDHL Coach Mike Breslin, this 5-week session, 2 days per week camp will focus on both on-ice and off-ice training. Each day of the camp will consist of 2 hours on the ice, (1 hour in the morning focusing on skills and 1 hour in the afternoon focusing on small area games and competition) an hour of off-ice strength and conditioning and an hour for lunch with guest speakers and instruction. Guest speakers include accomplished coaches and scouts from junior hockey, college hockey and the NHL, sharing their knowledge and experience with our Midget aged players. This camp is a great way to gain knowledge of the process, build confidence, and learn new skills leading in to the season.

**Limited to 40 skaters and 6 goalies.**

Program Details	
Fee	\$600 – skater/goalies
Dates	July 9 – August 8 Tuesday and Thursday, 8:00 am – 12:30 pm On-ice sessions 8:00 am and 11:30 am
Payment Option	\$300 due upon registration, remaining automatically deducted on July 15.*

### \*Refund Policy

All registrations are **NON-REFUNDABLE** once sessions begin. If you decide to not participate after sessions have begun, payment in full is expected.

**No prorations, drop-ins, or injury credits will be issued for summer programming.**