



American Development Model Association Application Process and Agreement

USAH is looking for an association who is interested in becoming a model association for the American Development Model beginning in the fall of 2013. This association must follow the development philosophies, training methods, and game play parameters set forth by the American Development Model and the guidelines outlined below. If your association agrees with the ADM guidelines and the parameters outlined below, and believes that they can operate within these guidelines for the 2013 -2014 hockey season, please follow the application process outlined below.

Application Process:

1. This document is to be sent electronically to the contact person on file for each member association in good standing with the local affiliate.
2. Associations who believe that they are willing and capable to follow these guidelines should respond by e-mail to Ken Martel kenm@usahockey.org
3. E-mail intentions must be received by May 1, 2013 for September implementation. Application after this date will also be considered based upon available USAH resources.
4. Applications will be reviewed by a five person committee made up of the following:
 - USAH Senior Director, Hockey Development
 - USAH National ADM Director
 - USAH Manager, Youth Hockey
 - USAH ADM Regional Manager
 - Affiliate President
5. Selection will be made and the association will be notified as soon as possible

Please use the following guidelines as a checklist of qualifications. If you have any questions regarding the guidelines and qualifications listed in this document, please e-mail Ken Martel at the e-mail address listed above.

American Development Model Association

Required Association Qualifications for Hockey at 6u/8u/10u/12u

- ☒ Must have a 'Hockey Director' position in place who is involved in everyday implementation of the ADM, including practice planning and off ice training
- ☒ Must have an age division coordinator for 8U, 10U and 12U age groups - **WILL IDENTIFY BY SEPT. 1ST**
- ☒ Must have a Learn to Skate or Learn to Play program
- ☒ Facility must have an indoor and/or outdoor area where off-ice training can be performed
- ☒ Facility must have a conference and/or video room for video/chalk talk sessions
- ☒ All practice and game schedules must be approved by the 'Hockey Director'
- ☒ Must be willing to have weekly interaction with USA Hockey Staff
- ☒ Must document and submit practice plans for the season for each team in the Association on a monthly basis
- ☒ Player evaluations are to be completed on each Association player by 12/1/13, 3/31/14 **INTERVIEWING CANDIDATES**
- ☒ Must have a skating coach work with each team once per week at the 10U and 12U levels
- ☒ Must have a stickhandling coach work with each team once per week at the 10U and 12U levels **(TURCOTTE / PROFESSIONAL COACH FROM LAST SEASON)**

- ☒ Must have a goaltending coach work with each team once per week at the 10U and 12U levels (CHA GOALIE COACH IS KENNY GRUNDY)
- ☒ Must have a coaches continuing education meeting once per month
- ☒ Must complete a review of coaching competency for the Association in conjunction with USAH Staff and submit a plan for future improvements

Recommended Association Qualifications for Hockey at 6u/8u/10u/12u

- ☒ Regular season to begin no earlier than Labor Day - HAVE ICE CONTRACT AUG. 1ST BUT TEAMS HAVE FLEXIBILITY ON HOW TO USE THAT ICE.
- ☒ Regular season to end no later than March 31st - WINTER DOES, CHA DOES HAVE SPRING CONTRACT ICE.
- ☐ Players must be given a minimum 3 days off at Thanksgiving at the 8u/10u/12u levels
- ☐ Players must be given a minimum 7 days off at Christmas at the 8u/10u/12u levels
- ☒ Should schedule a minimum of 2 "Try Hockey for Free" days per season
- ☒ Facility must have adequate and available locker room space
- ☒ Should have a minimum of 1 set of hard board cross ice dividers

HAVE ICE CONTRACT BUT HAVE FLEXIBILITY IN HOW TO USE ICE.

Required at 6u Hockey

- ☒ 6u must follow ADM practice plans and guidelines
- ☒ Team structure to follow ADM recommendations, team composition, roster size and sorting
- ☒ No goaltenders in practice or on game days
- ☒ No games, tournaments outside local Affiliate without approval of ADM Manager
- ☒ No games, tournaments or jamborees in Canada unless played cross ice.
- ☒ No missing school for hockey
- ☒ 50-60 minute ice sessions
- ☒ 2 on-ice sessions per week
- ☒ Maximum of 50 on-ice days
- ☒ All in-house game days should be played in a cross-ice format (3v3 or 4v4 based upon number of kids)
- ☒ All away games, tournaments or jamborees must be played either cross-ice or half-ice

Recommended at 6u Hockey

- ☒ No games, tournaments or jamborees in Canada
- ☒ 1 off-ice session per week (30 minutes)

Required at 8u Hockey

- ☒ 8u must follow the ADM practice plans and guidelines
- ☒ Team structure to follow ADM recommendations, team composition, roster size and sorting
- ☒ No full-time goaltenders in practice or on game days unless special circumstances apply
- ☒ No games, tournaments outside local Affiliate without approval of ADM Manager
- ☒ No games, tournaments or jamborees in Canada unless played cross ice or half ice.
- ☒ No missing school for hockey
- ☒ 50-60 minute ice sessions
- ☒ 2-3 on-ice sessions per week includes practices and games
- ☒ Minimum of 50 on-ice days and a maximum of 60 on-ice days
- ☒ 16-20 cross ice game days and 34-40 practices
- ☒ Players grouped in practice & in games by like ability
- ☒ All in-house game days must be played in a 4v4 cross-ice format
- ☒ All outside games, tournaments or jamborees must be played either cross-ice or half-ice

- ☐ No player at the 8u age group can be moved up to 10u hockey

Recommended at 8u Hockey

- ☒ No games, tournaments or jamborees in Canada
 - ☒ 1 off-ice sessions per week (30-40 minutes)
 - ☐ All practices and in-house game days are played with intermediate nets only
- NOT SURE WHAT THEY ARE ?*

Required at 10u (Squirt) Hockey

- ☐ 11-12 skaters & 1-2 goalies per team *HOW DO WE HANDLE IF 18 PLAYERS SIGN UP ?*
- ☒ 50-60 minutes per ice session minimum
- ☒ 3-4 on-ice sessions per week includes practices and games
- ☒ Minimum of 95 ice sessions per year
- ☒ Minimum 3 to 1 practice to game day ratio
- ☒ Practice session content developed with approval of 'Hockey Director'
- ☒ Practices must follow ADM practice guidelines (station based, small area games)
- ☒ Minimum 20 and Maximum of 25 game days and a maximum of 35 games
- ☒ No games, tournaments outside local Affiliate without approval of ADM Manager
- ☒ No games, tournaments or jamborees in Canada where body checking is allowed
- ☒ No missing school for hockey
- ☒ 2 off-ice training sessions per week (30-40 minutes)
- ☒ Minimum 2 teams per on-ice practice session (3 recommended, 30-40 players)
- ☒ No single team practice sessions
- ☒ Players grouped by like ability in practices & games per ADM guidelines
- ☒ Equal playing time for all players

Recommended at 10u (Squirt) Hockey

- ☒ No games, tournaments or jamborees in Canada
- ☒ Rotating positions so that players experience playing both forward and defense positions

Required at 12u (Pee Wee) Hockey

- ☒ No games, tournaments outside local District without approval of ADM Manager
- ☒ No games, tournaments or jamborees in Canada where body checking is allowed
- ☒ 4 on-ice sessions per week includes practices and games
- ☒ Minimum 3 to 1 practice to game day ratio
- ☒ Practice session content developed with approval of 'Hockey Director'
- ☒ Practices must follow ADM practice guidelines
- ☒ Minimum of 105, maximum 120 ice sessions per year 80-90 practices
- ☒ Minimum 30 to Maximum of 35 game days and a maximum of 40 games
- ☒ 60 minutes per ice session (minimum)
- ☒ 11-13 skaters and 2 goalies per team (recommended 12 skaters and 1-2 goalies)
- ☒ 2-3 teams per on-ice practice session
- ☒ No single team practice sessions
- ☒ 2 off-ice training sessions per week (30-40 minutes)
- ☒ 1 Chalk Talk/Video session per week
- ☒ No player at the 12u age group can be moved up to 14u hockey
- ☒ Equal playing time for all players

Recommended at 12u (Pee Wee) Hockey

- ✕ Rotating positions so that players experience playing both forward and defense positions

14u (Bantam) Hockey

- ✕ Put together a stair step development plan to incorporate ADM age appropriate training methods on a 'go forward' basis.

The signatures below of the Association President and Affiliate President shall constitute the Association's and the Affiliate's agreement that the Association shall comply with all of the elements above listed above as "Required" at each particular age level. The Association President shall also identify with a checkmark which of the elements listed as "Recommended" that the Association intends to substantially comply with in the 2013-14 season. Upon acceptance of the Association's and Affiliate's representations as to the "Required" and "Recommended" elements, the signatures of the USA Hockey Senior Director, Hockey Development and USA Hockey ADM Director shall constitute USA Hockey's designation of the Association as an "American Development Model Association" (the "Designation") for the 2013-14 season.

To renew the Designation for subsequent seasons, the Association President and Affiliate President shall complete a new Application Checklist in the form provided by USA Hockey (additional elements may be added in subsequent seasons) and submit the completed form to USA Hockey for approval by USA Hockey.

No other rights or licenses are granted by USA Hockey to the Association except the Designation specifically set forth herein. If Association seeks rights or licenses to use other trademarks or service marks of USA Hockey, such rights or licenses shall be set forth in a separate agreement. The Designation is not an exclusive right, and USA Hockey may grant to other associations, clubs or programs the same rights as are granted hereunder, including the right to use the Designation. The Association shall not use any designation related to USA Hockey or USA Hockey's teams or programs other than the Designation, without the prior written consent of USA Hockey.

If at any time the Association fails to comply with the "Required" elements above, or fails to substantially comply with the "Recommended" elements checked above, then USA Hockey may withdraw the right to use the Designation by written notice to the Association, upon which the Association shall immediately cease using the Designation.

Affiliate President

Association President

USAH Senior Director Hockey Development

USAH ADM Director