

## 2020/21 PGYSA/PGFC IMPACT/WFC Indoor Program

- Our PGYSA/PG Impact Phase Two Indoor Return-to-Play plan is built on the Indoor guidelines provided by the Health Authority and our Sport Governing bodies. We safeguard all athlete, parent, volunteer and staff health during all Indoor programs.
- Phase Two RTP is a small-sided training/**possible** small-sided game program from November '20 – March '21.
- Training sessions are designed around an individual developmental focus within small groups of players.
- If small-sided match play is permitted during Indoor, it will consist of e.g., 4v4/5v5/6v6/7v7.
- Registration will be initially capped at 100 spots, with a waitlist to ensure we are able to meet guidelines.
- Phase Two indoor training is meant for the **dedicated parent and player** within the following stages: Fundamentals/Learning & Training to Train/Training to Compete **(3-5/6-8/9-11/12-18 Stages One & Two)**.
- *\*We are confirming health guidelines before releasing the Physical Literacy Soccer program (3-5 years).*



### Coaching staff:

All programming is overseen by nationally certified Club Director, Terrol Russell, and supported by certified Club staff. If you're interested in joining our Indoor Technical Team, please contact us through [impact@pgysa.bc.ca](mailto:impact@pgysa.bc.ca)

### Training Schedule & Fee Schedule:

- 2 sessions/week = \$300 + mandatory kit fee (Kit requirements will be released separately).
- 3 sessions/week = \$450 + mandatory kit fee (Kit requirements will be released separately).
- Payment plans are available. Please contact Heidi Robinson at the email below to set up.
- Private Training available for soccer-first players - Contact Heidi Robinson to reserve your spot.
- Indoor programming schedule windows are between 5:30pm & 8:00pm/week, 9:00am-12:00pm Saturday.
- Private Training times will be scheduled with registered players for after school times Mon-Fri.

Indoor - Phase Two Dates	
November	Nov 9-14/16-21/23-28
December	Dec 7-12/14-19
January	Jan 4-9/11-16/18-23
February	Feb 1-6/8-13/15-20
March	Mar 1-6/8-13/15-19
<b>Winter Break</b>	<b>Dec 20/20-Jan 03/21</b>
<b>Spring Break</b>	<b>Mar 22/21-Apr 05/21</b>

Preliminary Example Weekly Schedule (Groups/Day)	
Monday	Private Training / 6-8 / 9-11
Tuesday	Private Training / 12-18 Stages 1 & 2
Wednesday	Private Training / 6-8 / 9-11
Thursday	Private Training 12-18 Stages 1 & 2
Friday	Private Training / Physical Literacy Soccer
Saturday	12-18 - 3x week Group(s)
Sunday	Rest

\*\*\*Please note this schedule subject to change along with changes to the Health authority guidelines.

**Training & Match Location:** Indoor Clubhouse @ 965 Winnipeg Street.

**When:** November 09<sup>h</sup> - Mar 19<sup>th</sup>

**Registration:**

- Please visit the registration page at [www.pgysa.bc.ca/](http://www.pgysa.bc.ca/) email us at: [impact@pgysa.bc.ca](mailto:impact@pgysa.bc.ca)
- *\*2021 Indoor World Cup Tournament will be released in January if Health guidelines permit.*
- *\*Please note Phase Two length/format may be adjusted as per health authority guidelines if required.*