ELK RIVER HIGH SCHOOL



BOYS HOUSEY

2023-2024

WELCOME!

Dear Fans of Elk River Hockey,

Welcome to the 2023-24 boys high school hockey season! We look forward to exciting Elk hockey! As we start the regular season, challenges to the hockey season will take place. How our players, coaching staff and parents confront these issues will become guides for a positive environment. Our student/athletes will learn how to work through these diverse situations which will prepare them for real life experiences!

Our hockey team needs individual and group leadership from everyone to achieve a successful and meaningful season. We recognize the importance of playing a sport, which prepares our student/athletes with the skills to be successful given their future challenges!

We are proud of our coaches and student/athletes as they work hard to enhance their hockey skills and be respectful and proud young women! On behalf of the ERHS staff, I would like to wish our players and coaching staff the best of luck as they prepare for a season of ELKS hockey! Elk River High School has a long tradition of hockey excellence, which is a credit to the development of our student/athletes. Our hockey program continues to strive towards a state championship and we wish them well as they pursue their dreams.

#ItsGood2BeAnElk

Terry Bizal Principal, Elk River High School

Welcome and thank you for your support of Elk River Hockey. The cooperation between the school district, the city, ERYHA and countless volunteers is truly rewarding and a reflection of a rich tradition in a remarkable program. I would like to wish the best of luck to Head Coach Ben Gustafson and his staff as they prepare the Elks for another exciting year of high school hockey. Feel a sense of pride as your Elks take the ice in pursuit of a successful campaign in the 2023-2024 season. These athletes and coaches have worked diligently in preparation for this game and the team's pursuit of a conference championship and a return trip to the state tournament. They have invested their time and talents to make this season special and full of fond memories for the parents, students and fans.

These young people deserve our best effort in promoting Elk Pride through our enthusiasm and display of sportsmanship. Please continue the fantastic, positive support and enjoy tonight's contest. I would also like to extend a special thank you to the Blue Line Club and parents who have made Elk River Hockey so special. As the Elks take the ice tonight, it is apparent that they are proud to wear the Elk River jersey. Ask any player or alumni, and they will tell you why "It's good to be an Elk"!

Go Elks!

Mike Cunningham Activities Director, Elk River High School



TABLE OF CONTENTS

Welcome Letters	2-3
ER Boy's Hockey Team Roster	4
Boy's Game Schedule	6
Coach Bios	8-8
Senior Bios	10-12
Team Photos	20-23
Varisty Poster	34-35
Individual Varsity Photos	42-47



FROM THE COACH:

Elk River Hockey Committed to Excellence!

It is with a great deal of pride that I welcome everyone to another competitive year of Elks Hockey. As the Elks head coach I'm looking forward to an exciting season. Having come up as a youth player through varsity in this program, I have a unique perspective of what it's like to be an "ELK" and what the great tradition of Elk River Hockey means to all of us. We as coaches and players are committed to excellence and we care about each other. We will commit to making every shift count. We will commit to never giving up. We will commit to doing what's right, on and off the ice, and I believe wins will follow.

There are a lot of people who may not lace up skates, but who contribute to the success of this program. I would like to thank the Blue Line Club, parent volunteers, the school administration and fans. Thank you to area businesses who contribute financially. A special thanks to the Elks Alumni for your contributions to our program. You have helped to build something very special. I want you each to know I respect your commitment and dedication to Elk River Hockey. It is an honor to be your coach!

Go Elks!

Ben Gustafson

Head Hockey Coach, Elk River High School Boys Hockey



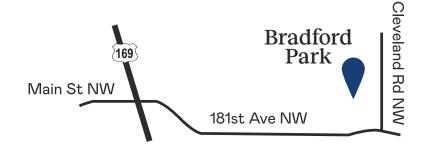
Coaches (from left to right)
Tim Sanford, Chad Jansen, Ben Gustafson, Tyler Antony, Joel Wesloh















The most desired home features included at no extra cost to you.

17 Twin Cities #1
YEARS Homebuilder

Lennar.com | 952-373-0485

ures, amenities, floorplans, elevations, and designs vary and are subject to changes or substitution without notice. Items shown are artist's renderings and may contain options that are not standard on all models or not included in the purchase price. Availability may vary. 'Twin Cities #1 Homebuilder awarded by Housing First Minnesota. This is not an offer in states where prior registration is required. Void where prohibited by law. Copyright © 2023 Lennar Corporation. All rights reserved. Lennar and the Lennar logo are U.S. registered service marks or service marks of Lennar Corporation and/or its subsidiaries. Seller's Broker: Lennar Sales Corp. Construction License(s).

CalAtlantic Group, Inc., BC736565 U.S. Home Corporation, BC001413. 10/23



2023-2024 BOYS GAME SCHEDULE

DATE	OPPONENT	LOCATION
Tuesday, November 28 7:00pm	Buffalo	Away Buffalo Civic Center
Thursday, November 30 7:00pm	Blaine Youth Night	Home Elk River Ice Arena
Thursday, December 7 7:00pm	Totino Grace	Away Brooklyn Park Community Center
Saturday, December 9 3:00pm	Roseau	Away Roseau Memorial Arena
Thursday, December 14 6:00pm	Eden Prairie	Away Braemer Ice Arena
Friday, December 15 8:30pm	Edina	Away Braemer Ice Arena
Saturday, December 16 6:00pm	Grand Rapids	Away Braemer Ice Arena
Tuesday, December 19 6:00pm	Moorhead Staff Appreciation Night	Home Elk River Ice Arena
Thursday, December 21 7:00pm	St. Michael- Albertville	Home Elk River Ice Arena
Wednesday, December 27 1:00pm	Brainerd	Home Elk River Ice Arena
Friday, December 29 1:00pm	Armstrong/Cooper	Home Elk River Ice Arena
Wednesday, January 3 7:00pm	Forest Lake	Away Forest Lake Sports Center
Saturday, January 6 3:00pm	Rogers	Away Rogers Ice Arena
Saturday, January 11 7:00pm	Anoka	Away Anoka Ice Arena
Saturday, January 13 1:00pm	Champlin Park	Home Elk River Ice Arena
Thursday, January 18 7:00pm	Spring Lake Park	Away Fogerty Ice Arena
Saturday, January 20 7:00pm	Maple Grove	Home Elk River Ice Arena
Thursday, January 25 7:00pm	Coon Rapids	Away Coon Rapids Ice Center
Saturday, January 27 1:00pm	Osseo Parents' Night	Home Elk River Ice Arena
Tuesday, January 30 7:15pm	Sartell	Away Sartell - Scheels Athletic Complex
Thursday, February 1 7:00pm	Andover	Away Andover Ice Arena
Tuesday, February 6 6:00pm	Bemidji	Home Elk River Ice Arena
Thursday, February 8 7:00pm	Centennial Shine-A-Ligh7 Night	Home Elk River Ice Arena
Saturday, February 10 3:00pm	Blaine	Away Fogerty Ice Arena
Tuesday, February 13 7:00pm	St. Cloud Tech Senior Night	Home Elk River Ice Arena

American Legion Post 560

12674 Fremont Ave. Zimmerman, MN 55398



Still serving our veterans, their families, and our community

PROTECTION FOR WHAT'S NOW, AND WHAT'S NEXT.

Your dream has many moving parts — and we can protect them all!

Bundle your home and auto policies to save, and add on life insurance to opt for convenience, so you can keep dreaming towards what's next.

Let's talk about your insurance needs today.





Elk River 2023-2024 Boys High School Hockey Program

Paul Ostmoe, Agent 400 Jackson Ave Nw Ste 203, Elk River Bus: (763) 441-5561 postmoe@amfam.com Certified Agency in Customer Excellence



American Family Mutual Insurance Company S.I. & its Operating Companies,
American Family Insurance Company, Life insurance products underwritten by
American Family Life Insurance Company, 6000 American Parkway,
Madison, WI 53783 ©2019 015967 – 2/19 – 10970171



<u>Yoga for Every</u> <u>Body</u>







BEN GUSTAFSON, HEAD COACH

This is Coach Gustafson's 8th Year as Head Coach for the Elks. Ben has been teaching Physical Education at Salk Middle School for 16 years. He graduated from Elk River High School in 2002 where he was a 3-sport athlete in football, hockey and baseball. Ben was a part of the 2001 Elk River State Championship team as well as the 2002 Consolation Championship team. Ben attended Hamline University where he earned his Bachelor's Degree and also played hockey. Ben was Academic All-Conference all 4 years while at Hamline and was team captain his senior season. He received a Masters in Education from St. Mary's University. Ben is also the Offensive Line Coach for the Elk River Football Team. Coach Gustafson was awarded the Section 8AA Head Coach of the Year in 2022. He and his wife, Alisha, have a 7-year-old daughter, Quinn, and 5-year-old son, Gavin. He enjoys spending time with his family and golfing in his spare time. He is very passionate about teaching and coaching in the community that he grew up in.



TYLER ANTONY, ASSISTANT COACH

Coach Antony is entering his 1st year with the Elks. He previously helped coach Elk River bantams during the 13' and 14' seasons. Most recently he was an assistant with the STMA Varsity team from 18'-22'. He is still involved with the STMA youth hockey program with his kids involved. Tyler, his wife Kelly have 3 children, Baislyn (9) Colton (6) Madden (2) and reside in St Michael. Tyler graduated from Buffalo where he was a 3-sport athlete in hockey, baseball, and football. He went on to play hockey at Augsburg University and earned a business degree. Tyler enjoys his career as a State Farm agent, watching all sports, golfing, and spending quality family time camping in the summer.



(763) 427 2740 • milestoneortho.net





CHAD JANSEN, GOALIE COACH

Chad Jansen grew up in North Dakota where he played hockey, football, baseball, and soccer growing up. He graduated from Fargo South High in 1998 where he lettered in Hockey, Soccer, and Baseball. Chad was a goalie in hockey, keeper in soccer, and catcher in Baseball where his team won the 1998 High School State Baseball Championship. After high school he attended the University of North Dakota for one year before transferring and graduating from North Dakota State University with a Bachelor's Degree in Zoology/PreVet. Chad and his wife Kim moved to the Zimmerman area in the summer of 2010 where he fell in love with coaching, especially goalies. He served as Goalie Director for Princeton Hockey the last 6 years as well as helped coach their Bantam A's. The last 4 summers he has helped coach goalies for a few summer Triple AAA programs around the state of Minnesota including our Shine A Light Program this past summer. He has coached youth hockey in Elk River since 2014 working with many of the young goalies that we see within the Elks Youth Program. Chad is also our Youth Girls Hockey Director. Chad and Kim have three children playing hockey in Elk River- Will (Bantam), Orin (Bantam), and Annie (U10). In addition to coaching

hockey, Chad has coached youth football, lacrosse, and baseball as well. In his free time he loves to golf, fish, and go hunting in Northern Minnesota with his boys.



JOEL WESLOH, ASSISTANT COACH

Coach Wesloh is entering his 28th season of coaching high school hockey. He spent 8 seasons as the Head Coach of the Rogers High School girls program where he is the all time winningest coach in program history. Previous to coaching at Rogers, Coach Wesloh spent 15 years coaching at Elk River High School. From 1998-2007 he was an assistant with the boys program and a part of 5 state tournament trips, including the 2001 State Championship team. From 2008 to 2014 he was assistant with the ERHS girls program and a part of 2 more state tournament teams. Coach Wesloh was selected as section coach of the year in 2014 and again in 2016. In addition to coaching High School hockey in Elk River, Coach Wesloh also coached numerous youth teams and spent 10 years as an ERYHA board member. Coach Wesloh is in his 29th year as an educator and currently teaches Physical Education at Rogers Middle School. He has also coached Baseball and Football at ERHS and is in his 9th year as an Assistant Golf Coach at Rogers High School. Coach Wesloh is a 1989 graduate of ERHS and a lifelong resident of Zimmerman where he lives with his wife of 27 years, Deidra. Together they have 4 children, son Hunter played for the Elks and is a 2016 graduate

of ERHS, daughter McKenna is also a former Elk and currently plays professional hockey in Germany. Son Landon is a Junior playing football at the University of Eau Claire, youngest daughter Kamryn is a Senior at Zimmerman High School. Coach Wesloh is very excited to be a part of the great tradition of Elk River hockey.



TIM SANFORD, ASSISTANT COACH

Coach Sanford is back for his second year of coaching High School Hockey. Tim is a graduate of Elk River and was a captain for the Elks during his senior year in 2013. After high school, he went on to graduate from the University of Minnesota, Duluth with a degree in Financial Planning. Upon graduation, Coach Sanford spent three years out in Colorado enjoying various outdoor activities and exploring the mountains. It was there he met his now beautiful wife Jordan, and the two of them just recently announced they are expecting their first child! Tim is looking forward to continuing his work with the kids and giving back to a program he feels gave so much to him.

Page 8 Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program Page





CONNOR KERBER *KERBER*

Pre-Game Rituals: Before every game I tape my stick.

Favorite Food/Meal: chicken pot pie

Practice you will never forget: In youth hockey, I had a practice at the Xcel Energy Center.

Favorite hockey memory: Having tryouts in the barn. Advice for youth hockey players: Make good friends.

Not many people know that I... enjoy sailing with my free time in the summer.

What will you miss when hockey is over?: Seeing friends.

Message to your family: Thank you for allowing me to pursue my interests.

What are your future plans after high school?: College







DYLAN PETERSON "PETEY"

Pre-Game Rituals: Ping pong and pre-game Jimmy Johns.

Favorite Food/Meal: Chipotle

Idols/Role Models: My father and grandfather

Practice you will never forget: My first varsity practice.

Favorite hockey memory: 2023 section game against Buffalo.

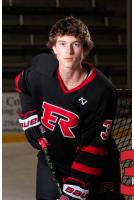
Advice for youth hockey players: You earn your goals through hard-work and faith.

Not many people know that I... played J Gold U16 my sophomore year.

What will you miss when hockey is over?: All of the memories created with my greatest

Message to your family: Thank you for providing all of my opportunities. Without your love and I support I would not be where I am today.

What are your future plans after high school?: College and mission trips.





HAYDEN JASPER "BUBBLES"

Pre-Game Rituals: Eat candy. Favorite Food/Meal: Shrimp tacos Idols/Role Models: Jon Jones

Practice you will never forget: First day of STP after a year off and puking.

Favorite hockey memory: Staying in hotels at tournaments. Advice for youth hockey players: Be coachable.

Not many people know that I... am a huge cat lover.

What will you miss when hockey is over?: Playing the sport that I love with my buddies

Message to your family: I am so grateful for your support throughout my hockey career.

What are your future plans after high school?: Go into the trades.







PRESTON HOLMES "PRESTO"

Pre-Game Rituals: Tape my stick, and warm up with the boys.

Favorite Food/Meal: Cajun Chicken Pasta

Idols/Role Models: Chase Cheslock

Practice you will never forget: My sophomore year when we had about 3 fights in one

practice because of how hard everyone was battling and competing.

Favorite hockey memory: Beating Minnetonka to advance to the state tournament in my first

Advice for youth hockey players: Enjoy the game!

Not many people know that I... really enjoy hunting.

What will you miss when hockey is over?: The feeling when you step on the ice and forget about everything else outside of the rink.

Message to your family: Thank you to all of my family for giving me the opportunity to play hockey. You guys sacrificed almost all of your free time throughout my youth so that I could

play the game that I love. What are your future plans after high school?: Undecided





MASON TELL "MIMI, TELL"

Pre-Game Rituals: Listen to music and tape my stick.

Favorite Food/Meal: Spaghetti Idols/Role Models: My dad and grandpa

Practice you will never forget: Outdoor practice during Hockey Day in youth hockey.

Favorite hockey memory: Going to the state tournament in youth hockey.

Advice for youth hockey players: Work hard and love the game.

Not many people know that I... am a only child.

What will you miss when hockey is over?: The friendships and memories that I built.

Message to your family: Thank you for always being there for me and the time you've spent

What are your future plans after high school?: To continue my education into business.







BRADEN HANSBERGER "HANSY, HANS"

Pre-Game Rituals: Watch the JV game and tape my stick, eat a snack, play sewer/ladder and some pin ping before getting dressed.

Favorite Food/Meal: Penne Rosa from Noodles

Idols/Role Models: David Pastranak

Practice you will never forget: When we had an early practice, but the rink wasn't opened so we didn't get to start until 30 minutes after we were supposed to.

Favorite hockey memory: Beating Roseau in the section semi-final my sophomore year.

Advice for youth hockey players: Always work hard, don't take anything for granted, and

Not many people know that I... golf around 45 rounds each summer

What will you miss when hockey is over?: Seeing my friends everyday and being away

Message to your family: Thank you for everything you have done for me. I don't say it enough

but it means a lot and I really appreciate you.

What are your future plans after high school?: To play hockey in juniors.







COOPER ANDERSON "COOP"

Pre-Game Rituals: Tape my stick while watching JV, eat a PB&J sandwich, play Sewer/Ladder with the guys, warmup, get loose with massage gun, shower if it's a home game, then get

Favorite Food/Meal: Steak and potatoes Idols/Role Models: Paul Martin

Practice you will never forget: Sophomore year practice before Christmas break we had the "Chipper Cup" and my team won and we all got Chipotle giftcards.

Favorite hockey memory: Going up to Roseau and beating them in the section semifinal my sophomore year Advice for youth hockey players: Always show up to the rink with a good attitude and don't

Not many people know that I... used to be a goalie.

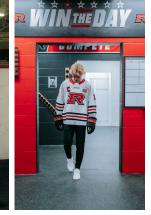
What will you miss when hockey is over?: Spending time with my friends and playing ping

Message to your family: Thank you guys for everything you have done and given up for me to be able to do the things I love. I couldn't do it without you. I love you!

What are your future plans after high school?: Play junior hockey and then attend college. Elk River 2023-2024 Boys High School Hockey Program







KOLE MEARS "MEARSY"

Pre-Game Rituals: Get to the rink at start of JV game. Tape 2 sticks and Message gun during the first period. During the second period, play soccer and warm up. End of 2nd, go for a run. Come back to locker room and shower. Listen to music and get ready. Be the last person out

Favorite Food/Meal: Pulled Pork

Idols/Role Models: My Dad

Practice you will never forget: Being skated a whole hour after a bad tournament.

Favorite hockey memory: Coming back from down 2-0 vs. Roseau and winning last season. Advice for youth hockey players: Let your love and passion for the game drive you. Don't compare your successes to anybody else, as long as you'er working hard your success will

Not many people know that I... danced at my mom's studio for 10 years.

What will you miss when hockey is over?: Being around the same kids I grew up with. Message to your family: Thank you for going through the highs and lows with me. I love you

What are your future plans after high school?: Continue to play hockey.

Page 10 Elk River 2023-2024 Boys High School Hockey Program









DANIEL BABCOCK "BABS"

Favorite Food/Meal: Pizza and pasta Idols/Role Models: My two older brothers

Practice you will never forget: Practice at the Wild arena.

Favorite hockey memory: All of the youth tournaments in Duluth.

Advice for youth hockey players: Enjoy all the games and practices, it goes by fast.

Not many people know that I... can do a backflip.

What will you miss when hockey is over?: Hanging out in locker room and being able to

Message to your family: Thank you for always supporting me and my decisions. I could not

What are your future plans after high school?: Attend college with a major in marketing.







EASTON JOHNSON "EJ"

Pre-Game Rituals: Drinking lots of water and eating a light meal.

Favorite Food/Meal: Spaghetti and meatballs

Idols/Role Models: My dad

Practice you will never forget: We had a morning practice in the barn and it was -30 in the

Favorite hockey memory: Playing in the Xcel Energy Center in squirts.

Advice for youth hockey players: Listen to your coaches and give 100% all of the time. Not many people know that I... am left-handed.

What will you miss when hockey is over?: The game and the people that play it because we

Message to your family: Thank you for always supporting me throughout the years that I have played hockey. I truly cannot thank you enough and hope that I have made you proud. What are your future plans after high school?: Go to NDSU to pursue a bachelor's degree



GEARED UP APPAREL

11110 INDUSTRIAL CIR. NW SUITE G ELK RIVER, MN 55330

iamgearedup.com

PROUD SPONSOR OF ER HOCKEY!

GO ELKS!!



Dancin On Broadway

Page 13











2023 ER Hockey Golf Classic Official Sponsors:

















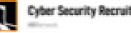
























Thank you to the golfers, sponsors, alumni & community donors and volunteers for the support of the 2023 ER Hockey Golf Classic!

Tributary Advisor Group

A private wealth advisory practice of Ameriprise Financial Services, LLC.

19021 Freeport Street, Suite 300 Elk River, MN 55330

T: 763.441.7504

F: 763.633.1305

tributaryadvisor.com







Join our Unlimited Car Wash Club by using the QR Code



BEAUDRY EEXPRESS

- Convenience Store
- Touch-Free Car Washes
- Open 24 Hours



Hwy 10 & Proctor Ave • Elk River 763-241-1550

BeaudryExpress.com

ELK RIVER BOY'S HOCKEY HISTORY

ALL CONFERENCE

2022-2023

Cooper Anderson Braden Hansberger **Kole Mears Preston Holmes*** Gavin Greniuk* Gavin Sperling* Sam Stockman*

2021-2022

Sam Stockman **Blake Johnson** Jackson Skyberg **Andrew Foss** Blaise Schutt* Marcus Fritel* **Braden Junker*** Carter Davis*

2020-2021

Joe Greniuk **Blake Johnson** Cayden Casey Blaise Schutt* Jackson Skyberg*

2019-2020

Zach Michaelis Austen Humphrey Josh Koziol Joe Greniuk Blake Johnson' Cayden Casey*

2018-2019

Joey Foss Austen Humphrey Mitch Maass **Zach Michaelis** Jack Ferry* Joe Greniuk*

2017-2018

Jack Perbix Connor Bizal Taiyo Larson Zach Michaelis Joey Foss Kyle Esperum* **Evan Junker* Griffin Young***

2016-2017

Nick Perbix Jack Perbix Benton Maass Max Michaelis Jax Murray Nate Horn **Connor Bizal** Logan Gacke' Joev Foss* Tommy Laabs*

2015-2016

Benton Maass Max Michaelis Nick Perbix Jensen Zerban **Alex Schwab** Logan Gacke* Nate Horn* Jax Murray*

2014-2015

Jake Jaremko **Dylan Bouten** Jax Murray **Peter Jones Matt Kiersted** Reggie Lutz Ben Meyers* **Benton Maass*** Noah Hallbeck* Jensen Zerban* Alex Schwab* Ben Johnson*

2013-2014

Jake Jaremko **Mac Berglove** Colton Budreau **Jake Geissler** Chase Springman Reggie Lutz* Ben Johnson* Peter Jones*

2012-2013

Jake Jaremko **Tim Sanford Wyatt Ege Chase Springman Blake Hillman** Mac Berglove* **Austin Larson*** Colton Budreau* Jack Geissler* Andrew Zerban*

2011-2012

Anders Franke Andrew Zerban Jake Jaremko Jared McLaughlin' Mitch Kiersted* Nick McCormack* Wyatt Ege'

2010-2011

Anders Franke Ryan Jaremko Michael Katchmark **Nick McCormack** Mitch Kiersted* **Andrew Zerban*** Jared McLaughlin* Taylor Bryan*

2009-2010

Anders Franke Chad Hennum Ben Jaremko **Ryan Jaremko** Levi Lutz* Kyle Orrock* Nick McCormack* Austen Bryan* Nick Filipovich*

Past 10 years listed for All-Conference players *Honorable Mention

ALL-METRO

Nick Perbix (1st team) 16-17 Jax Murray (2nd team) 16-17 Benton Maass (3rd team) 16-17 Jack Perbix (2nd Team) 17-18

ALL-USA

Nick Perbix (2nd team) 16-17 Jack Perbix (2nd Team) 17-18 Jake Jaremko (USA Player of the Year 2015)

MR HOCKEY AWARDS

Woody Glines (finalist) -1994 Erik Maksimenko (finalist) -'96 Paul Martin (winner)- 2000 Kelly Plude (finalist)-2001 Jake Jaremko (winner)- 2015 Nick Perbix (finalist)-2017

STATE

TOURNAMENT **APPEARANCES**

1992-93 1998-99 State Champs 2000-01 2001-02 2003-04 2004-05

Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program Page 16 Page 17







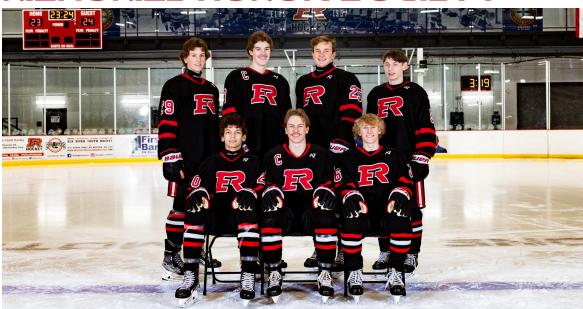






Page 18 Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program Page 19

NATIONAL HONOR SOCIETY



Back Row: Vincent Baker Cooper Anderson Easton Johnson

Owen Westberg

Front Row: Joey Kotzian Braden Hansberger Nolan Cramer

-3.99 GPA



Zach Hughes Owen Rotz Cooper Anderson Braden Hansberger Nolan Cramer

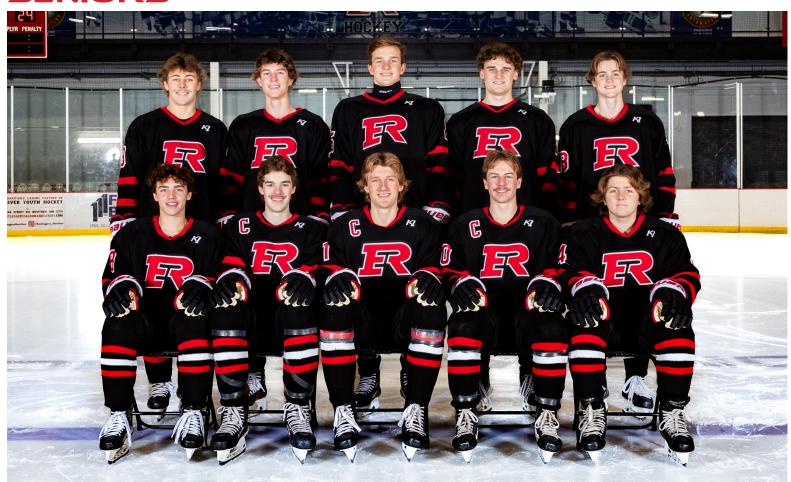
3.0-3.49 GPA



Back Row: Caine Christensen Luke Patraw Zachary Monson Kole Mears Easton Johnson Tommy Olson Daniel Babcock Olin Cihlar

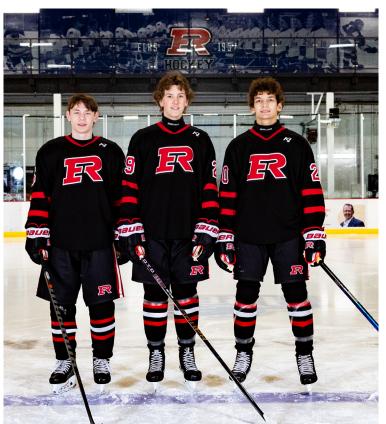
Front Row: Jack Stimac Brandon Hill Tommy McDonald Conner Kerber Tristan Kriech **Gavin Sperling** Bennett Christian

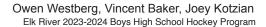
SENIORS



Back Row: Preston Holmes, Hayden Jasper, Easton Johnson, Connor Kerber, Daniel Babcock Front Row: Dylan Peterson, Cooper Anderson, Kole Mears, Braden Hansberger, Mason Tell

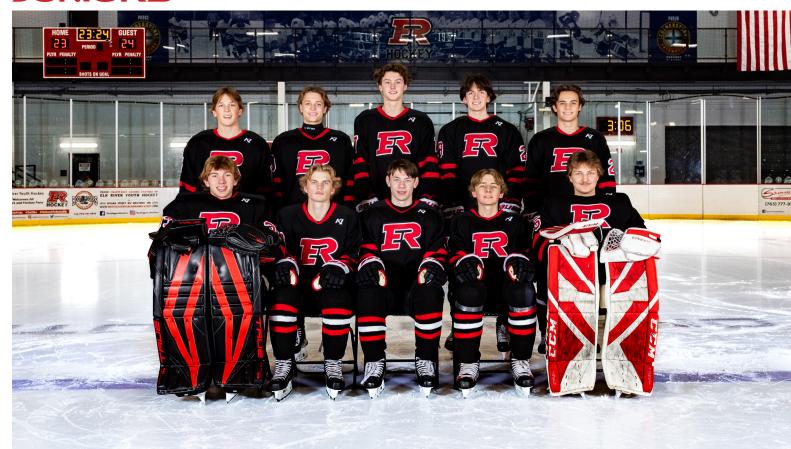
4.0+ GPA







JUNIORS



Back Row: Jake Christian, Gavin Sperling, Andrew Sweet, Owen Rotz, Austin St. Clair Front Row: Bennett Christian, Noah Flaten, Owen Westberg, Brandon Hill, Gavin Greniuk

SOPHOMORES



Back Row: Nolan Cramer, Zach Hughes, Zachary Monson, Jack Risse, Tristan Kriech, Tommy McDonald, Vincent Baker, Lincoln Trushenski, Olin Cihlar Front Row: Jack Stimac, Caine Christensen, Hudson Miller, Joey Kotzian, Tommy Olson, Owen Bassett, Luke Patraw, Ryan Sherratt
Page 22
Elk River 2023-2024 Boys High School Hockey Program

JUNIOR VARSITY



Back Row: Noah Flaten, Austin St. Clair, Lincoln Trushenski, Zach Hughes, Vincent Baker, Jack Risse, Tommy McDonald, Zachary Monson, Owen Rotz, Jake Christian, Nolan Cramer

Front Row: Ryan Sherratt, Caine Christensen, Brandon Hill, Hudson Miller, Owen Bassett, Tommy Olson, Olin Cihlar, Brecken Johnson, Owen Westberg, Bennett

MANAGERS



MaKenzie Hochhalter, Kamryn Wesloh, Gina Greniuk, Arie Oquist Cooper Anderson, Braden Hansberger, Kole Mears

CAPTAINS



FRESHMAN



Brecken Johnson



www.elkrivergc.com



If you're leaving your employer, do you know your 401(k) options?

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, moving it to your new employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call today.



Sandi Yeado, AAMS*

305 Jackson Avenue Ste A Elk River, MN 55330

Member SIPC

Edward Jones

PROUDLY SUPPORTS THE **ER BOYS HOCKEY TEAM**

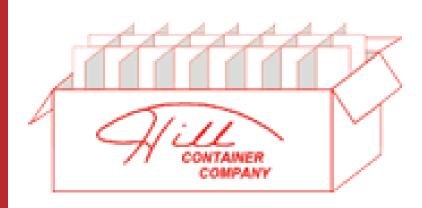
GO ER!



Elk River 2023-2024 Boys High School Hockey Program



IRON OAKES FENCE 218-247-7219



What we do

COMPREHENSIVE EYE EXAMS CONTACT LENS FITTING DRY EYE TREATMENT DISEASE MANAGEMENT EYE TRAUMA + INJURY CARE OCCUPATIONAL LENSES SPORTS EYEWEAR

Two awesome locations Rogers: 763-428-3757 St Michael: 763-497-3754 EyeWestVisionClinic.com





PROUDLY SUPPORTS THE **ER BOYS HOCKEY TEAM**

GO ER!





ELK PLAZA DENTAL

he Preferred **Sport Dentist** of Elk River

PLAYER OF THE WEEK PROGRAM: Elk Plaza Dental has been an ongoing, proud supporter of Elk River High School Hockey. We highlight a PLAYER OF THE WEEK (determined by the HS coaching staff) on our website MyElkRiverDentist.com



We invite you to learn more about our Elk River dental practice, dental conditions, treatments, and recommendations.

CONTACT US

501 Main St Elk River, MN 55330

Phone 763,441,4200 Email elkplazadental@gmail.com



Page 24





COMMERICAL & RESIDENTIAL

LICENSED - BONDED - INSURED



Save money with Center Point Plumbing. Mention this ad when you call and receive \$100 off replacement of Water Heater or Water Softener.

CALL NOW FOR A FREE ESTIMATE
765-516-4295
WWW.CENTERPOINTPLUMBING.COM

Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program Page 27



14309 Lake Drive NE, Columbus MN 55026 M: 651) 659-9496 www.cityviewelectric.com

ELECTRIC INC.



15238 Adams Street NW Elk River, MN

riversidefarms1980@gmail.com

(763) 427-6023



Armstrong Ranch Kennels Riverside Farms Adrenaline Sports Center Cobyron Store Dayton Golf Club C Dayton Store Adrenaline Sports Center O Cobyron Store N Diamond Lake Rd N Diamond Lake Rd

FRESH FROM OUR FIELDS TO YOUR TABLE!

The Nathe family have operated Riverside Farms in Elk River since 1980. They farm 450 acres of sweet corn, cabbage, green peppers, summer and winter squash, and pumpkins. They take pride in the extremely high quality of their products, labeling every box, "Quality that Counts." Concern for future generations has prompted them to use environmentally friendly farming methods, including proper land stewardship.

In addition there are seven greenhouses for wholesale and retail flower sales.

For more information & to view our website scan the QR code or head over to <u>riversidefarmsmn.com</u>









Sales • Service • Installation Residential and Commercial

763-441-6190

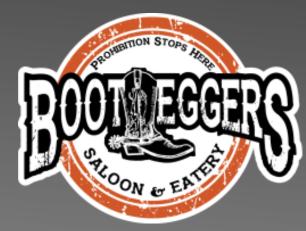
Heating & Air Conditioning



HOCKEY FANS

SUPPORT OUR LOCAL CHARITABLE GAMBLING **PARTNERS!**











A proud supporter of Elk River High School Hockey!



Elk River Youth Hockey Association State of MN Gambling Control Board License #01536





GENERAL DENTISTS

Dr. Mark Spaude Dr. Brian Peters Dr. Nicholas Saari

PERIODONTIST

Dr. David Klump

ORAL SURGEON Dr. Doug Carter

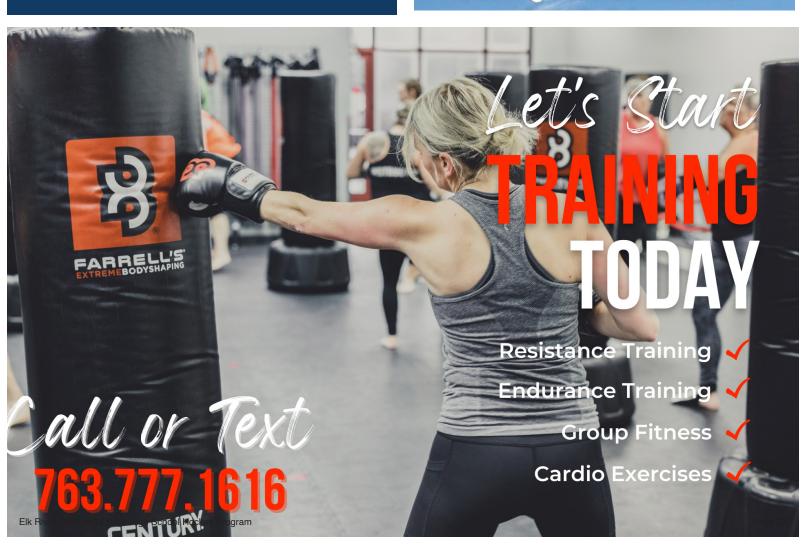


Proud Partner of Lennar at Bradford Park

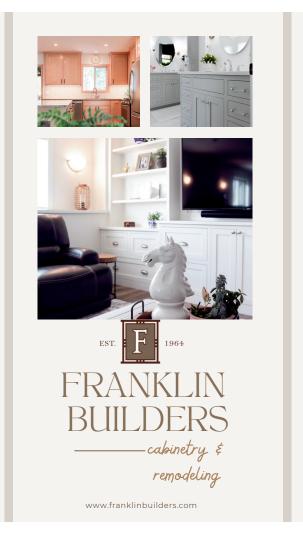
LENNAR

Bradford Park

Coming soon to Elk River









www.frederickstax.com

763-422-9690

fredericks@fredericks-accounting.com





Whitewater, WI

FAMILY Gatherings



Many Items IN STOCK



ORDER NOW for Fall!



FURNITURE

-ANDTHINGS





Elk River | 15612 Jarvis St. NW • 763.441.7011 | 4 Acre Show Room furnitureandthings.com



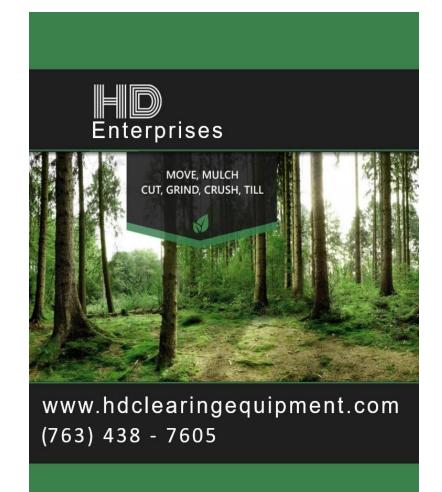


greatriverenergy.com



763-276-0617

HomeComfortHeatingandAir.com















BUILDING & REMODELING

ABOUT US

JR Structures has been serving the twin cities and surrounding communities for over 20 years. Our work has been featured in over 80 million homes on HGTV & DIY Networks. We have been showcased in HGTV, Good House keeping and Midwest Home Magazines.





OUR SERVICES

JR Structures has done extensive work in the remodeling industry, we service all types of work including, kitchens, bathrooms, additions, new construction, exteriors and most all other tasks related to home improvement



763-482-1339



jrstructures.com



f JRStructures





ELK RIVER BOYS HOCKEY

ELK RIVER BOYS HOCKEY

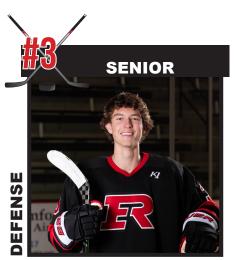




Jack Stimac



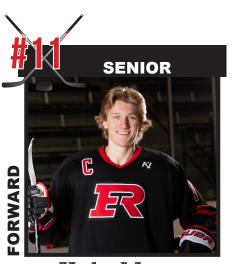
Connor Kerber



Hayden Jasper



Braden Hansberger



Kole Mears



Olin Cihlar



Mason Tell



Owen Westberg



Like Patraw



Daniel Babcock



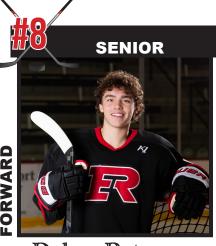
Brandon Hill



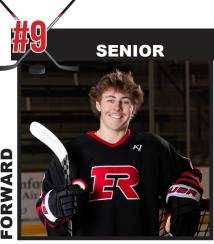
Jake Christian



Cooper Anderson



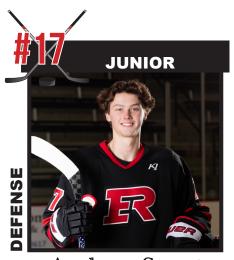
Dylan Peterson



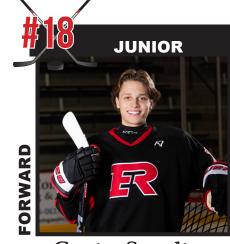
Preston Holmes



Tristan Kriech



Andrew Sweet



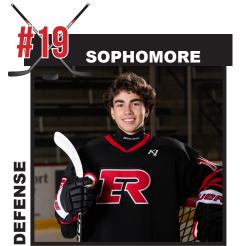
Gavin Sperling



ELK RIVER BOYS HOCKEY

ELK RIVER BOYS HOCKEY





Hudson Miller



Joey Kotzian



Tommy Olson



Tommy McDonald



Easton Johnson



Zach Hughes



Austin St. Clair



Owen Rotz

VARSITY



Back Row: Preston Holmes, Braden Hansberger, Connor Kerber, Tristan Kriech, Cooper Anderson, Kole Mears, Andrew Sweet, Tommy McDonald, Easton Johnson, Hayden Jasper Front Row: Jack Stimac, Mason Tell, Luke Patraw, Gavin Sperling, Austin St. Clair, Joey Kotzian, Jake Christian, Dylan Peterson, Daniel Babcock, Gavin Greniuk

Elk River 2023-2024 Boys High School Hockey Program

Elk River 2023-2024 Boys High School Hockey Program



Jack Risse



Noah Flaten



ELK RIVER BOYS HOCKEY

ELK RIVER BOYS HOCKEY





Vincent Baker



Ryan Sherratt



Bennett Christian



Caine Christensen



Lincoln Trushenski



Zachary Monson



Gavin Greniuk



Nolan Cramer



Owen Bassett



Brecken Johnson





Shaun D. Junker Software Quality Consultant CQA, CSTE

Mandala Technology, Inc. 19636 Elgin Circle NW Elk River I 763-458-3914 shaunjunker@gmail.com



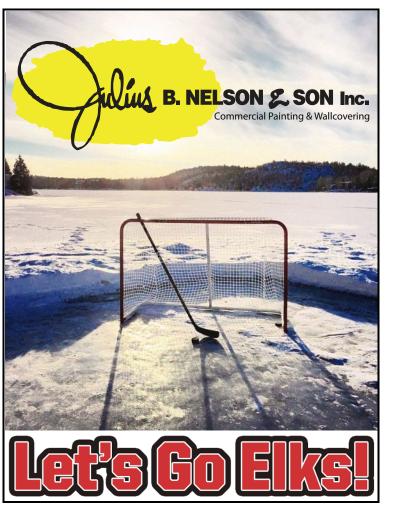






Page 47

Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program



PROUDLY SUPPORTS THE ER BOYS HOCKEY TEAM

GO ER!









WE RECYCLE OR BUY

HOUSEHOLD SCRAP

Copper • Brass • Aluminum • Lead Appliances • Batteries • Bulbs

COMMERCIAL SCRAP

Steel • Copper Tubing • Brass Fittings Painted Siding & Gutters

ELECTRONIC SCRAP

Any Computer Components • TVs VCR & DVD Players • Printers

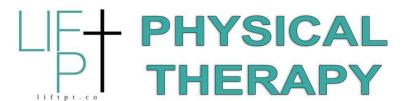
AUTOMOTIVE SCRAP

Aluminum Rims • Alternators & Starters
Car Batteries • Vehicles
Copper or Aluminum Radiators

LakeStateRecycling.com

Hours: M-F 8:00 AM-5:00 PM





Elk River, MN - www.LiftPT.co - 763-220-2454













Michael Katchmark

Agent

1113 Cedar Street South Suite 109 Monticello

Bus: (763)295-0137

michael@katchmarkinsurance.com www.katchmarkinsurance.com

The greatest compliment you can give is a referral.



THREE RIVERS FITNESS

763-428-4121 on Petropavinginc.

Since 1988

Elk River 2023-2024 Boys High School Hockey Program

18223 Carson Ct NW Elk River, MN 55330

Metro Dentalcare

CALL TODAY!

651-395-7636 or schedule your appointment online at mdelkriver.com



Elk River 2023-2024 Boys High School Hockey Program

ELK RIVER BOY'S HOCKEY HISTORY

ELKS ALUMNI DIVISION I PLAYERS

Paul Ostby Minnesota 1979-82 **Matt Bischo** US Int'l Univ. 1987-88 **Dan Hinote** Army 1995-96 **Woody Glines** MN Duluth 1995-96 MN Duluth 1995-97 **Matt Taus Matt Bailey** St. Cloud State 1996-00 **Erik Dav** Minnesota 1996-98 **Reggie Simon** AK Anchorage 1996-00 **Richie Anderson** MN Duluth 1997-00 **Paul Martin** Minnesota 2000-03 **Justin Micek** Lake Superior St 2000-02 **Spanky Leonard** Air Force 2000-04 **Chris Nathe** Bemidji State 2003-05 **Trevor Stewart** Connecticut 2003-07 Joel Hanson MN Mankato 2004-08 Niagara Univ, NY 2004-07 Tim Madsen **Nate Prosser** Colorado College 2006-10 **Matt Godlewski** Princeton 2007-11 Minnesota 2007-08 **Brent Solei** Ohio State 2009-13 **Brandon Martell Brett Peterson** MN Mankato 2009-11 **Alexius Schutt** Sacred Heart Univ 2010-14 MN Duluth 2014-2018 Nick McCormack Blake Hillman Denver 2015-2017 Ohio State 2016-2020 **Wyatt Ege** Jake Jaremko MN Mankato 2017-2021 Reggie Lutz MN Mankato 2017-Present **Benton Maass** Mankato State 2017-2022 **Matt Kiersted** North Dakota 2017-2021 **Nick Perbix** St. Cloud State 2018-2022 Jensen Zerban Air Force 2018-2021 Arizona State 2019-2020 Jax Murray

ELKS HOCKEY ALUMNI NHL

Joel Otto **Calgary Flames Dan Hinote** Colorado Avalanche **Paul Martin** San Jose Sharks **Nate Prosser** Minnesota Wild **Blake Hillman** Chicago Blackhawks **Matt Kiersted** Florida Panthers **Nick Perbix Tampa Bay Lightening**

OLYMPIANS

Jack Perbix

Zach Michaelis

Nate Horn

Joel Otto 1998 Nagano Japan (Team USA) **Paul Martin** 2014 Sochi Russia (Team USA) **Nick Perbix** 2022 Beijing China (Team USA)

COLLEGIATE NATIONAL CHAMPIONS

Northern Michigan 2019-Present

Northern Michigan 2022-Present

Air Force 2020-Present

Paul Martin Minnesota 2001 Paul Martin Minnesota 2002 **Blake Hillman** Denver 2017 MN Duluth 2018 Nick McCormack

ELKS ALUMNI DIVISION III PLAYERS

Macalester 1960-62 **Pete Bayer** John Hageseth **Bowdoin Univ 1961-63 Marlon Glines** SCSU (D2) 1972-76 **Wayne Becklin** Hamline 1972-76 **Mike Milless** Bemidji State (D2) 1978-81 **Rick Steblay** Mankato State (D2) 1979-81 Joel Otto Bemidji State (D2) 1980-84 **Guy Kallman** Bethel 1980-81 **Tom Kallman** Bethel 1982-83, 85-86 **Greg Dev** UW River Falls 1982-86 **Brian Ranallo** St. Thomas 1982 **Mark Lee** UW River Falls 1985-86 **Todd McChesney** Mankato State (D2) 1985-89 Tim McChesney UW Superior 1987-88 John Blevhl **Gustavus 1988-90 Craig Hidde** St. John's 1988-92 Mitch Lehn St. Olaf 1991-92 **Tregg Sarsland** St. John's 1995-97 **Kenny Rohlf** St. John's 1996-97 Mike Jackson **Augsburg 1997-01 Paul Olson** St. Olaf 1997-01 Dan Hammernick **Gustavus 1997-01 Kyle Becklin** Concordia 2000-01 **Nick Droogsma Gustavus 2001-05 Justin Nikle Gustavus 2002-03** Ben Gustafson Hamline 2002-06 **Nate Droogsma Gustavus 2002-03 Matt Jackson** Augsburg 2003-05 Joe Lona Hamline 2005-09 **Kyle Kurr** Hamline 2006-10 Cole Scatarelli Hamline 2006-10 **Brandon Longley** St. Norbert's 2007-11 St. John's 2007-11 Jake Koehler **Kelly Plude** Hamline 2008-10 **Chris Slavik** Augsburg 2008-10 Ben Jaremko Concordia WI 2012-14 Ryan Jaremko Concordia WI 2012-13 **Chad Hennum** Hamline 2014-2017 **Anders Franke** St. John's 2014-2016 **Mac Berglove** St John's 2017-2022 **Chase Springman** St. Scholastica 2017-2021 Joey Foss **UW River Falls 2021-Present Evan Junker UW Stevens Point 2021-Present Connor Bizal Buffalo State University 2021-Present Carson Simon Hamline University 2021-Present**

Augsburg University 2023-present

THANK YOU SPONSORS

ELK RIVER/ZIMMERMAN HOCKEY WOULD LIKE TO THANK OUR SPONSORS:

The Elk River/Zimmerman Boy's High School Hockey team, along with the coaching staff, the Blue Line Club, and hockey parents appreciate all of the businesses and associations who so generously contributed to our 2023-2024 High School Hockey Program. Their support allows these athletes to continue in a top quality high school hockey program and we truly thank them for this opportunity!

Special Thanks to:

Jim Wood - Game Announcer - for being the voice during our hockey games. Randy Mohs - for keeping time running for the Junior Varsity and Varsity home games. Photography Unscripted (Crystal Johnson) - for the amazing team photos. Karina Brass, (Certified Athletic Trainer since 2010) - for taking care of injuries.

Elk River Arena Staff - for taking care of the arena side of things. Pinnacle Printing - for printing this seasons program

Lucas Dahlberg - for running the scoreboard during the games.

ABC Supply Company American Family Insurance - Bonnie Koste American Family Insurance - Paul Ostmoe American Legion Post 560 Ameriprise Financial - Tibutary Advisor Group Angeno's Zimmerman Bar & Grill

AT Repair Azitala Yoga B & L Customs Beaudry Express Beaudry Oil & Propane Bill Superette Center Point Plumbing Chris Fritch Team City View Electric Collins Brothers Towing Culvers D & B Plating Co.

Deano's Eagles Club Edward Jones - Sandi Yea Elizabeth Donelson Realty/Photo Flk Dental Center Elk Plaza Dental Elk River Golf Club

Elk River Heating & Air Elk River Skills & Development Elk River Travel **ERYHA Gambling Partners**

Eye West Farrell's Extreme Body Shaping

Frainklin Builder Fredericks Accounting Furniture & Things Inc. Geared Up Apparel Global Mechanical Graphic Finishing Services Great River Energy

Handy Randy, LLC **HD** Enterprises **HealthSource**

Hill Container Co. Hilltop Camper Home Comfort Heating & Air Hoosier Tire North

iBack Check **Imagine Orthodontics** Iron Oaks Fence Jeff Hill Legacy Fund Jimmy John's JKR Landscaping JR Structures Julius B Nelson & Son

Kennedy Vision Health Center K.J Branding Lake Dental Care Lake State Recycling Lakeside Cabinets Landry Chiropractic Lennar Lift PT

Little Elks Mandala Technology Marks Bobcat & Landscape MB Consultants McDuffs

Melissa St. Clair - REALTOR®

Mercarik Metal Craft Metro Dental Care Metro Paving Metro Sidina Metro Tent Rental, Inc. Midwest One Bank Milestone Orthodontics MN Orthodontics

NexLevel Hockey Northland Concrete & Masonry Olde Main Eatery Papa John's

Papa's Italian Park Dental - Flk River

Pearle Vision

Photography Unscripted Pine River State Bank Pinnacle Printing, Inc. Plaisted's

Play Hockey Prestige Drywall R & R Kleaning Services RACHEL Construction Ready Watt Electric

Rin Tin Inn Riverside Farms Rotz Septic Sammy Perella's Pizza

Schomaker Chiropractic Clinic Select Mechanical Service, Inc. Sherburne County Abstract & Title

Shine-A-Ligh7 Speed Cutters Sport Zone

State Farm - Michael Katchmark State Farm - Wavne Swart Sunshine Depot

Terra Construction The Bank of Flk River The Links of Northfolk Golf Thell Concrete & Construction, Inc.

Three Rivers Fitness Treadstone - Molly Nadeau

Trophy Flooring True North Snow & Ice Management

Two Brothers Hockey Vemillion Medical Group Weber Interiors

7 Market



Josh Koziol



Serving the Twin Cities area since 1988 - Free Estimates



"WE'VE GOT YOU COVERED!"

WEDDINGS - PARTIES - GRADUATIONS

Metro Tent Rental, Inc. provides everything you need for your party or event!

TENTS - TABLES - CHAIRS & MORE

www.metrotentrental.com (763) 753-3711 — info@metrotentrental.com Elk River, MN



GO ER!



PEARLE OOVISION

VISIT PEARLEVISION.COM/ELKRIVERMN TO SCHEDULE YOUR EYE EXAM*

> ELK RIVER 19576 HOLT ST. NW



With over 20 years of mortgage experience, Brian makes it easy to find the right home loan for you. Whether you're buying, building or refinancing, Brian can help with your questions and will be there to guide you every step of the way.

- Purchase and Refinances
 First time home buyers
- Construction loans
- Lot & land
- Investment properties
- FHA & VA loans



763.422.4521 • BBitzan@MidWestOne.com



Subject to credit approva

Elk River, MN 18233 Carson Ct. NW

> Our dentists offer the utmost care to moms, dads and kids of all ages. 18230 Zane St NW, Elk River | 763-201-1313 Schedule online today.

Park Dental Elk River

Good luck this season, Elks! parkdental.com
Elk River 2023-2024 Boys High School Hockey Program









FAX: (952) 890-1699





PROUDLY SUPPORTS THE ER BOYS HOCKEY TEAM

GO ER!







Hours: 6:30 am - 2pm Monday - Saturday 7am - 2 pm Sunday

Address: 313 Jackson Ave. Elk River, MN 55330

Phone: 763.241.8113

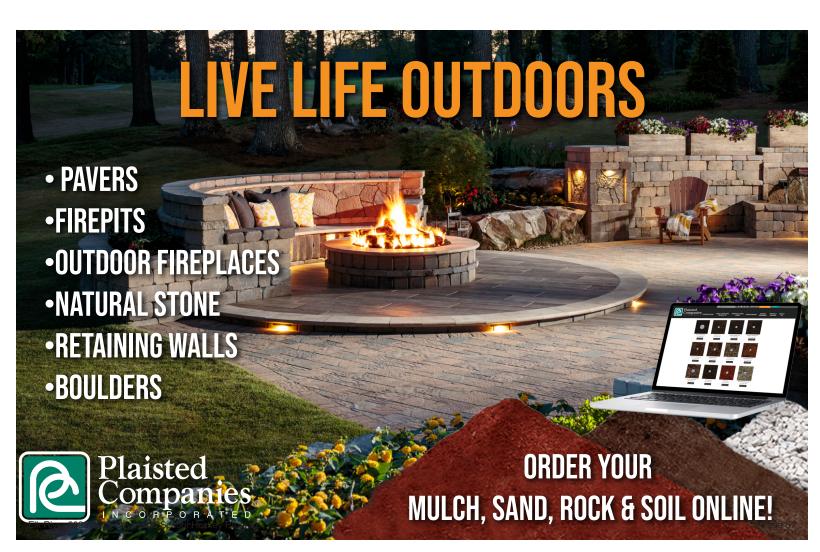




612-991-9346 r.rkleaning@gmail.com



Elk River 2023-2024 Boys High School Hockey Program











The Eagles Glub of Elk River

HAPPY HOUR DAILY: 4PM-6PM MEAT RAFFLE FRIDAYS: 5PM

FRATERNAL ORDER OF EAGLES #3264

763-441-5444 FOE.COM

824 RAILROAD DRIVE, ELK RIVER, MN 55330

Ready Watt ELECTRIC







Heating • Cooling • Plumbing

952-926-4488



From Your Fans At



Sherburne County Abstract & Title Co.

763.441.3280

SherburneCountyAbstract.com 351 Main St NW • Elk River





Elk River 2023-2024 Boys High School Hockey Program



2023-2024 GIRLS GAME SCHEDULE

DATE	OPPONENT	LOCATION	TIME
Thu November 2	Minnetonka	Elk River	1:00/3:00
Tue November 14	Blaine	Fogerty Arena	5:00/7:00
Sat November 18	Owatonna	Four Seasons Centre	6:00/8:00
Tue November 21	Osseo	Elk River	5:00/7:00
Tue November 28	Centennial	Centennial Sports Arena	5:00/7:00
Sat December 2	Maple Grove	Elk River	1:00/3:00
Tue December 5	Osseo	Dick Vraa Arena	5:00/7:00
Thu December 7	Forest Lake	Elk River	5:00/7:00
Sat December 9	Moorhead	Elk River	11:00/1:00
Tue December 12	Blaine	Elk River	5:00/7:00
Sat December 16	Champlin Park-Coon Rapids	Coon Rapids Ice Center	1:00/3:00
Thu December 21	Duluth	Elk River	7:00/5:00
Thu December 28	TBD	Doug Woog Arena	TBD
Fri December 29	TBD	Doug Woog Arena	TBD
Sat December 30	TBD	Doug Woog Arena	TBD
Tue January 2	Northern Tier/Chisago Lakes	Elk River	5:00/7:00
Sat January 6	Armstrong	New Hope Ice Arena	1:00/3:00
Tue January 9	Centennial	Elk River	5:00/7:00
Sat January 13	Grand Rapids	Elk River	1:00/3:00
Tue January 16	Rogers	Rogers Activity Center	5:00/7:00
Sat January 20	Roseville	Roseville Ice Arena	1:00/3:00
Tue January 23	Andover	Elk River	5:00/7:00
Sat January 27	Brainerd	Essentia Health Sports Center	1:00/3:00
Tue January 30	Anoka	Anoka Ice Arena	5:00/7:00
Thu February 1	Rogers	Elk River	5:00/7:00
Thu February 8	Section Quarterfinal	High Seed	TBD
Sat February 10	Section Semifinal	High Seed	TBD
Thu February 15	Section Final	TBD	TBD
Thu February 22	State Tournament	Xcel Energy Center	TBD





Wayne Swart, Agent 19336 Highway 169 NW Elk River, MN 55330 Bus: 763-274-2000 wayne.swart.t2if@statefarm.com

We're all in this together. State Farm®has a long tradition of being there. That's one reason why I'm proud to support Elk River Hockey.

Get to a better State.

PROUDLY SUPPORTS THE **ER BOYS HOCKEY TEAM**

GO ER!







State Farm, Bloomington, IL





Serving those who serve others™

Terra Construction is a commercial builder based in Rogers, Minnesota providing construction management, general contracting, design-build and tenant improvement services to the municipal, education, worship, industrial, public safety, retail and healthcare markets.







SALK MIDDLE SCHOOL

ELK RIVER FIRE STATION #3





Proud supporter of







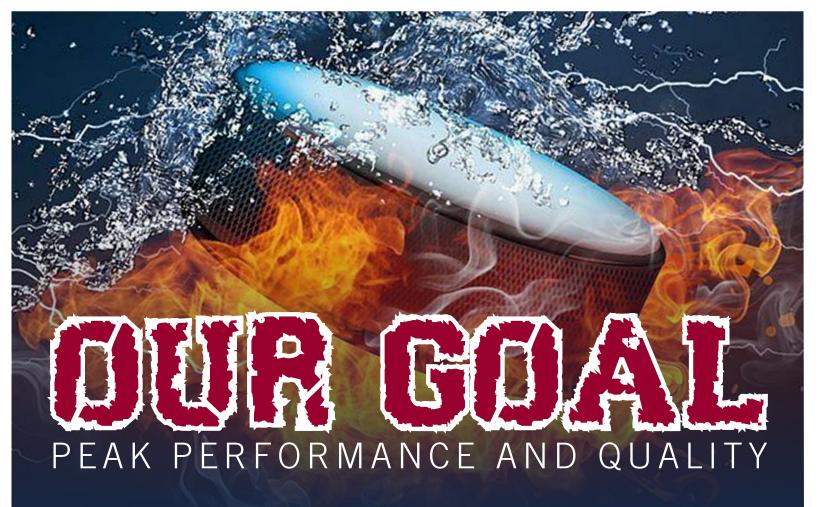


PROUD SPONSOR





#LETSGOELKS



Pinnacle Printing, Inc. is your local, full-service commercial printer offering a wide variety of expertly printed materials to fulfill the needs of your business or organization.

Some of our most popular services include:

Vinyl Banners
Booklets & Programs
Brochures
Business Cards
Full Color & BW
Business Forms
Calendars
Carbonless Forms
Complete Bindery

Continuous Forms
Copies
Envelopes
Flyers
Invitations
Labels & Stickers
Magnets
Manuals
Menus
Newsletters

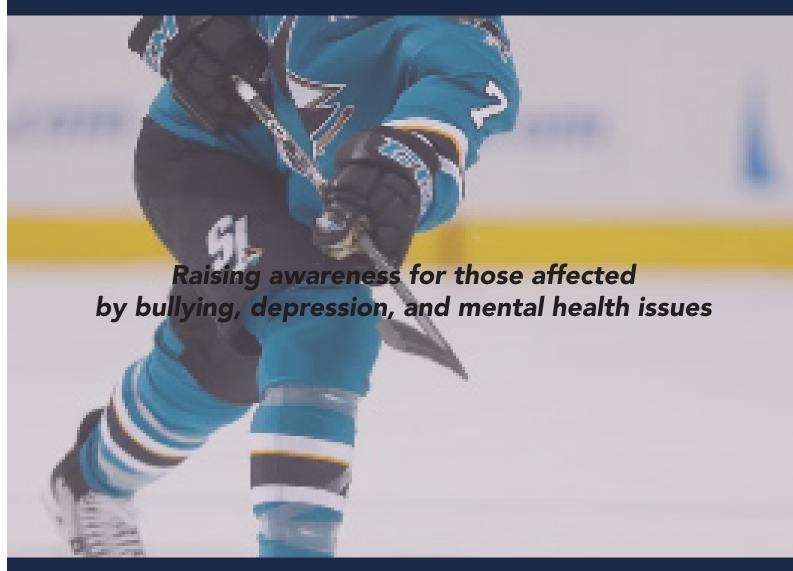
Notepads
Pocket Folders
Postcards
Raffle Tickets
Stamps
Tags
Window Clings
Vinyl window decal
Yard Signs

We also offer full in-house graphic design services for ANY format you are looking for. Don't see what you're looking for? Contact Us for a FREE estimation/quote of your next printing job!



763-497-2886 | ppi@pinnacleprinting-inc.com | pinnacleprinting-inc.com





SHINEALIGH7.ORG



subscribe to our mailing list and follow us on social media to be the first see what we're up to

Shine a ligh7 is a 501(c) (3) non-profit organization that provides support to charitable agencies addressing the critical needs of children.



SUPPORTING DREAMS LIKE THIS

When all you've worked toward is on the line, know you've got our support as you continue to pursue your dream on the court, on the field, in the pool and beyond.

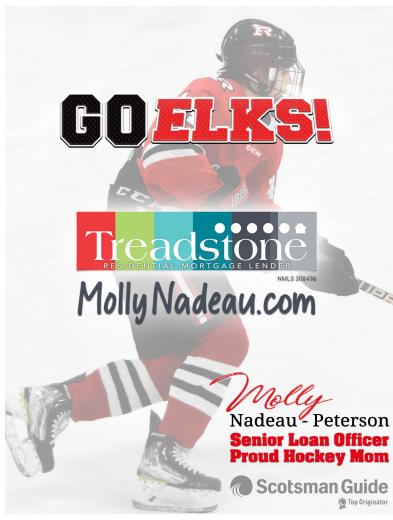
Let's talk about the dreams you're working towards, and how I can help protect them.

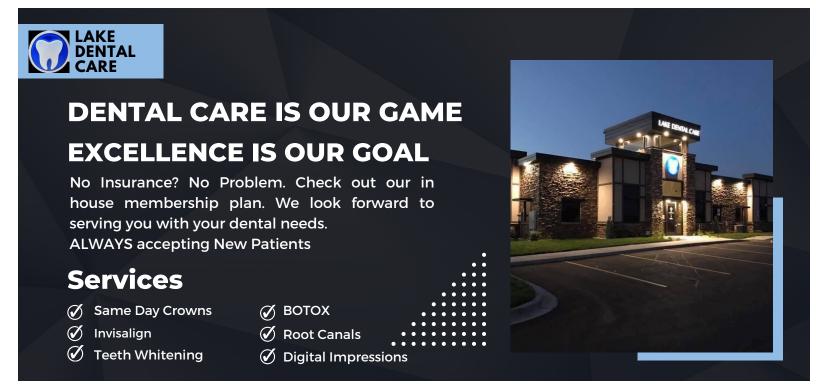


Bonnie Koste, Agent
Bonnie Koste Agency Inc
(763) 441-9029
Elk River, MN
bkoste@amfam.com





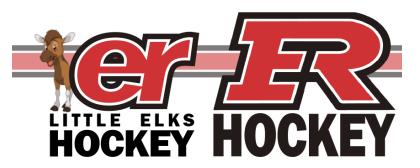






www.bldentist.com

2 810 Martin Ave., Big Lake



Elk River Youth Hockey Association

A proud supporter of all **Elk River High School Hockey Programs**



Speed.Strength.Power

Based in Elk River, MN



For more information on our programs and our brand new facility check out TwoBrothersHockey.com

BEN JAREMKO | Owner | Jaremko18@outlook.com



Our Approach

Our team of experienced sports chiropractors and physical therapists will take a whole-body approach to your pain. We utilize a combination of exercise and manual therapy techniques to provide an individualized treatment plan for each patient.

Call or text for appointments at 763-400-7438 or online at ibackcheck.com



Honest. Intentional. Knowledgeable

Plymouth Ice Center 3650 Plymouth Blvd, Plymouth, MN 55446

Elk River Event Center 1000 School St NW, Elk River, MN 55330

EST. 1984 DEANOS COLLISION & AUTOMOTIVE SPECIALISTS









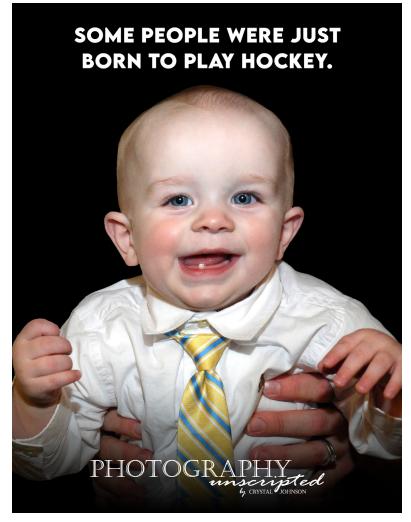








Elk River 2023-2024 Boys High School Hockey Program Elk River 2023-2024 Boys High School Hockey Program













Golf Course & Banquet Center

www.GolfTheLinks.com

763.241.0506



