

Saskatchewan High Schools Athletic Association

SCHOOL SPORT WEEK

OCTOBER 11 – 17, 2020

The Saskatchewan High Schools Athletic Association (SHSAA) is pleased to announce that Honourable Gordon Wyant, Minister of Education in the Province of Saskatchewan, has proclaimed October 11 – 17, 2020 as '*School Sport Week*' in Saskatchewan. "Through high school athletics, students are given the opportunity to attain the skills and knowledge to be physically active while gaining important life skills such as confidence, leadership, and self-respect." said Education Minister Gordon Wyant. "These are truly unprecedented times with additional challenges due to the COVID-19 pandemic and I appreciate the manner in which the SHSAA has handled the adversity as we move forward through the pandemic."

WEDNESDAY, OCTOBER 14, 2020

Coaches and Officials Recognition Day



THURSDAY, OCTOBER 15, 2020

Multi-Sport Participation Day



FRIDAY, OCTOBER 16, 2020

School Team Recognition Day

Schools are encouraged to set aside time during the week to acknowledge the Coaches, Officials, Student-Athletes, and Supporters who contribute to the success of High School Sport in their community. An important aspect is to recognize that High School Sport is an extension of the classroom and provides an opportunity for developing citizenship skills and contributes to the education of leadership, teamwork, healthy lifestyles, motor skills, sportsmanship, ethics, and integrity.

History:

National High School Activities Week was initiated in 1980 by the National Federation of State High School Associations (NFHS) as a means to promote the value of interscholastic activities. The NFHS now promotes National High School Activities Month and includes a number of other activities in addition to high school sport in the list of activities organized by the NFHS such as music, drama, band, etc.



School Sport Canada has encouraged its provincial organizations to make schools across the country aware of the initiative. Each year the SHSAA asks the Government of Saskatchewan to declare one week in October to be 'School Sport Week in Saskatchewan'. As mentioned above, the week of October 11 -17, 2020 will be the designated week.

Key Messages to promote in your school and community:

Extra-curricular activities are inherently educational.

Extra-curricular activities support the academic mission of schools.

Extra-curricular activities foster success in later life.

Participation in high school sport is a valuable part of the overall high school experience.

Participation in high school sport promotes higher grades and better attendance.

Participation in extra-curricular programs yield positive results after high school.

Extra-curricular activities teach lessons that lead to better citizens.

How can your school promote High School Sport Week in Saskatchewan?

- Students, Coaches, and Officials post pics or descriptions of their favorite moment in High School Sport on Facebook/Twitter/Instagram and tag @shsaasport!
- Show your School Sport pride by organizing a **School Sport Clothing Day!**
 - Purchase a HOODIE, LONG-SLEEVE, or T-SHIRT from the SHSAA Boutique to commemorate the fall activities.
 - Students, Teachers, Coaches go to school/work wearing their jersey, singlet, official's shirt, hoodie, sweats, socks, etc.
 - Finish the sentence: "I wear my School Sport clothing because....."
 - Provide a discount on School Sport merchandise for the day to promote your brand and raise funds!
- Participate in the School Sport Week **Scavenger Hunt!**
 - Challenge your athletes/teams to take pictures of the following and tag @shsaasport on Instagram/Twitter/Facebook:
 - Student(s) involved in SHSAA Activity
 - SHSAA Poster (e.g. "Welcome to our School" poster, "50 Years" Poster, etc.)
 - Coach(es) involved in SHSAA Activity
 - SHSAA Calendar, Yearbook, or Handbook (or all three!)
 - Official(s) involved in SHSAA Activity
 - District/School/Team item
 - SHSAA Award (e.g. Participation Ribbon, Medal, Plaque, Trophy, Banner, Merit/Service/Coach/Officials Award, etc.)
 - Are they able to find all of the items on the list?!?!
- Arrange games! Provide School Sport Key Messages throughout the competition. See who can show the most positive school spirit when it comes to High School Sport!
- Contact local media to make them aware of the event(s)
 - Encourage articles/interviews with individuals who:
 - have a history with High School Sport in the community
 - are active coaches
 - are active athletes
 - are teachers who see the positive impact of High School Sport in their classroom
- Use the attached "It all started in High School ..." to have community members display the importance of High School athletics and the impact it has had on them!
- Create posters to display the key messages of High School Sport Week!
- Recognize the following days:

WEDNESDAY, OCTOBER 14, 2020

Coaches and Officials Recognition Day

Post signs thanking coaches and officials for their contribution to High School Sport.

Organize student-athletes to send certificates/letters of appreciation to coaches/officials who are involved with High School Sport.

THURSDAY, OCTOBER 15, 2020

Multi-Sport Participation Day

The SHSAA is a multi-sport organization that promotes seasons of play so that students can experience a variety of activities during the course of a school year. Numerous articles are written every year about the benefits of multi-sport participation ([click here to view an example article](#)).

FRIDAY OCTOBER 16, 2020

School Team Recognition Day

Play games and promote the Key Messages of High School Sport throughout.

Have students wear school team jerseys to show their school spirit and support of High School Sport.