

# Alumni Newsletter

## Prior Lake Wrestling Club

<https://www.priorlakewrestlingclub.org>

### Alumni Connections

Welcome to the first edition of the Prior Lake Wrestling Club Alumni Newsletter. At PLWC we have always believed that wrestling is unique in many ways but most importantly that wrestling is a family like no other sport has. So in that we want to connect with our family, that's you, and share

what is going on with Prior Lake Wrestling, opportunities to get involved and connect with you! If you have any alumni news you would like to share for our next issue, please send them to Katie Block at [vang00@hotmail.com](mailto:vang00@hotmail.com).

September 2021



Alumni Kenny O'Neil and Calvin Sund hitting the mat in 2021.

### ~~2020~~ 2021 Recap

After many starts and stops and uncertainty, the 2020-21 season kicked off in January 2021. We were grateful to have wrestling at each level.

#### High School –

The varsity team finished the season with a 16-10 dual record. The Lakers advanced 7 to individual state prelims with Alan Koehler and Colton Sund advancing to the State competition. Other individual placings were: 113 - Tyler Turzinski placed 6<sup>th</sup>, 138 - Teagan Block placed 3<sup>rd</sup>, 152 - Aiden McGowan placed 6<sup>th</sup>, 170 - Cole Edwards placed 3<sup>rd</sup>, 182 - Ian Sogge DNP

At the state tournament Alan Koehler came home as the 106 AAA State Champion!!!!

See his awesome run below!

- Quarterfinal - major decision over Parker Lyden (Forest Lake) (MD 13-2)

- Semifinal - tech fall over Dylan Dauffenbach (Stillwater) (TF-1.5 4:31 (16-1))
- 1st Place Match - ultimate tie breaker over Logan Swensen (Wayzata) (UTB 3-1)

The team brought home a huge honor by earning the MWCA Academic Gold Award with the highest team GPA in our history.

#### Middle School –

The middle school team was able to participate in several duals have a pretty normal season. A K-8 team also competed in the Midwest Youth Wrestling Duals at Aberdeen, SD. At the MN USA Kids Folkstyle State Tournament Brock Zurn placed 1st at Schoolboy 14U 250# and Liam Collins placed 2<sup>nd</sup> at Schoolboy 14U 71#.

#### Youth –

We were able to offer multiple sessions for different experience levels and were thrilled to see progress all around. At the season end MN USA Kids Folkstyle State Tournament Wiley Derby placed 5<sup>th</sup> in Bantam 8u 45# and James Jerstad placed 3<sup>rd</sup> at Intermediate 10U 67#.

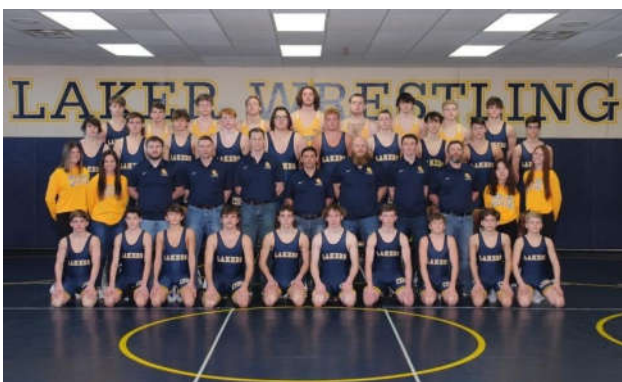


State send off for Colton and Alan

## 2021-22 – Ready to get back on the mat

We are thrilled to be planning for the upcoming season which kicks off November 22! We have set dates for the Free Give Wrestling a Try Camp, the Youth Pre-Season Training Camp, the checkbook blitz and much more. Check back in our next issue for schedules and updates.

# I CAN'T KEEP CALM WRESTLING SEASON IS NEAR



*2021 High School Team*



*2021 Middle School Team*

## Sponsorship Opportunities Available

We have big dreams at Prior Lake Wrestling and we need your help to make them come true. Sponsorships at the corporate and friends/family level are now available to help us buy equipment, add coaches, provide additional training opportunities and much more!



If you are interested about hearing more, contact Kari Donnay at [karidonnay@gmail.com](mailto:karidonnay@gmail.com).