



## **CASA PLAYERS**

To be followed regardless of which phase, and until further notice from the PA Department of Health and the CDC.

- Groups will be 10 or less players, with one staff member
- No more than 2 groups on a regular full size field
- If multiple fields are being used, then there will be a space of at least 40 yards between fields
- Coaches will not tie shoes, open up water bottles or pump soccer balls for players
- Players must provide their own form of hydration
- Players are encouraged to bring small container of hand sanitizer
- Each player will have a designated spot to go directly to upon arrival and will have their own grids to work in for the duration of the session
- There will be marked areas where players can place drinks and other personal belongings. Areas will be at least six feet apart
- Players should not leave car to go to training space until your training area is cleared from previous group
- Masks will be optional for players during the session, but must be worn when not participating in a session
- No high fives, fist bumps or contact with other players or staff member (a slight bow of the head is appropriate or acknowledgement)