

2025

JOHN MARSHALL

VOLLEYBALL

AGENDA:



- Introductions
- Goals and Mission
- Program Wide Topics
 - Athlete Expectations
 - Attendance
 - Family Expectations
 - Coach Expectations
- Information
- Schedules
- Methods of Communication
- JMVB Booster Club
 - Fundraiser
- Questions

EMILY ELLSON- HEAD VARSITY COACH

CHAYSE PAULSON- HEAD JV COACH

ANDRIA KING- HEAD B SQUAD COACH

MIKALA HORA- 9TH GRADE COACH

KIARRA HARDEN- 9TH GRADE COACH

BEKAH KOLLAR- VOLUNTEER COACH

2025

COACHING STAFF

VISION

I coach to support young athletes grow into strong, independent leaders who will become ready to change the world with confidence, purpose, and integrity.

JMVB MISSION

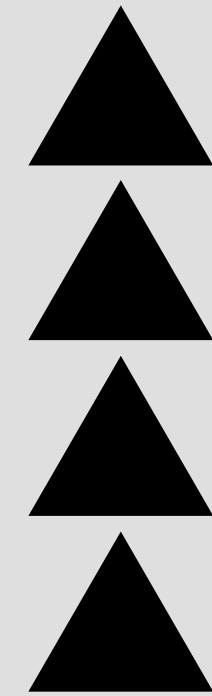
Will- determination to succeed

Love- bond between teammates and the game

Our- emphasizing shared ownership and accountability

Grit- resilience and hard work on and off the court

VISION



MISSION

ATHLETE EXPECTATIONS

- Student first
- Be leaders on and off the court at JM
- Be the first line of communication
 - Ways to communicate with coaches
- Social Media
- Homecoming
- Use of Substances
- Have 2 solutions for conflicts
- Travel wear
- Home games
 - Stay and watch all the games throughout the night
 - Varsity athletes are expected to help set up the courts right after school
 - JV/B/9th grade Teams are expected to help tear down courts, including the varsity game night after the final game
 - Teams should sit together and cheer

ATTENDANCE EXPECTATIONS

- Unexcused practice will result in loss of playing time (1 set)
 - No communication
 - Not an excused reason (hair appointment, work, vacation, etc)
- Unexcused class can result in a loss of playing time
- Multiple unexcused tardies will result in loss of playing time
- Multiple Excused classes will be discussed with the athletes

FAMILY EXPECTATIONS

- Athlete should be the first line of communication and should address concerns with their coach/coaching staff
- Fan first- cheer on all JMVB athletes. You represent our JMVB community.
- Officials need respect- we are short on officials and we should never be yelling at or approaching officials.
- Please praise and support your athlete
- Please pick up your athlete promptly after practice and games. We will do our best to have athletes end at the specified time of practice.
- 24 hour rule with coaches
- Will only communicate about your athlete

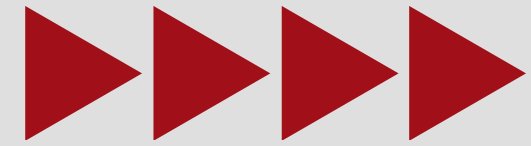
- Support your athlete in growing into a strong, independent young leader
- Will do the coaching during games and practices
- Playing Time
 - 9th grade- most athletes will play each night (we will try our best to get everyone in each night)
 - B squad, JV, and Varsity playing time is not guaranteed (we will have open/honest conversations with the athletes)
- Be the first one at practice/games and the last to leave
- Be good role models for the athletes
- 24 hour rule

COACH EXPECTATIONS

INFORMATION

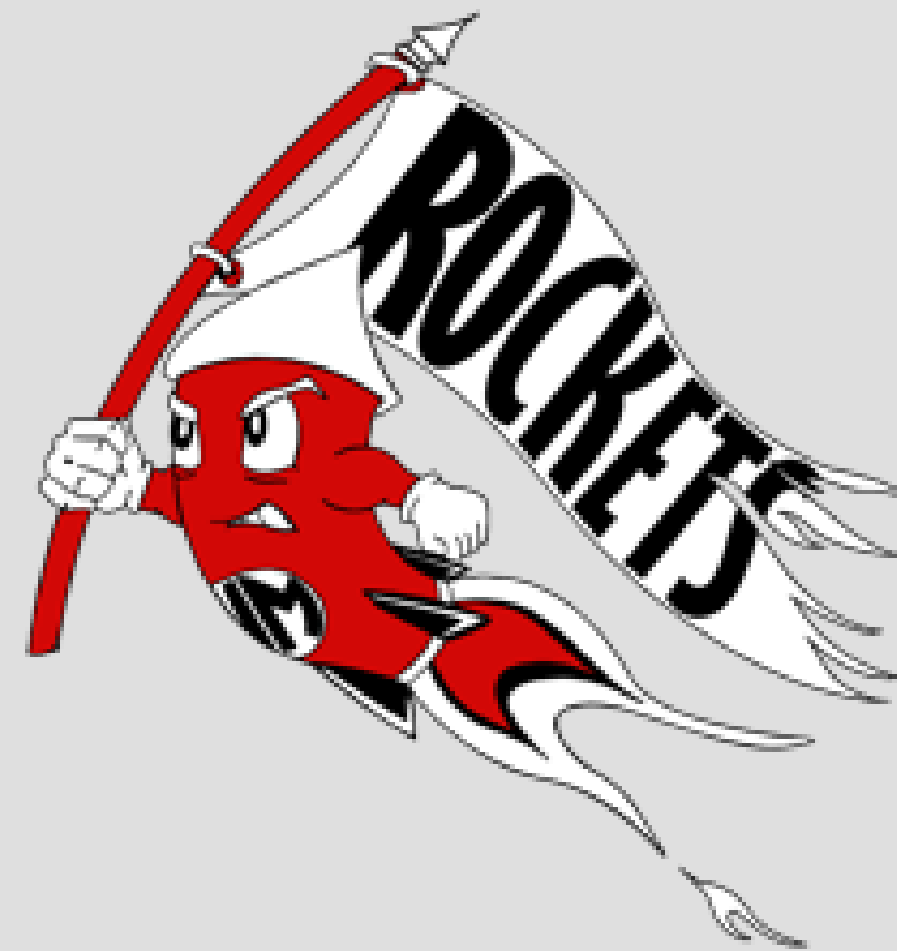
- Middle School Students Bus
- Lettering Criteria
 - Must play in 5 varsity sets
 - Coaches' digression
- All home games will be CASHLESS
 - Buy tickets on GOFAN app or pay with card at gate
- Travel Release Form (Found on the website)

SCHEDULE



- All information can be found on athletics website
- Subscribe to the notify me section on BIG9.org
- Schedule can change due to official shortage
- 9th grade teams-some athletes may move from team to team based on need. We want all athletes to play as much volleyball as they can!

SPECIAL --- DATES



September 9th vs. Austin: Parents' Night

September 16th vs. Mayo: Cancer Night

September 25th vs. Owatonna: Teacher Appreciation Night

October 14th vs. Century: Senior Night

COMMUNICATION

- Weekly emails of upcoming information: Sunday
 - Please see Coach E if have not received one yet
 - Comes from jmrocketsvball@gmail.com
- Social Media
 - Twitter (x): jmgirlsvb
 - Instagram: jmgirlsvb
- Website

COMMUNICATION

- 9th Grade Team
 - REMIND APP

BOOSTER CLUB

- See Natalie Schmidt if you would like to join
- Jimmy Johns order for before games (COMING SOON)
- Fundraiser Kickoff will be on Friday
 - All money raised will support the athletes of JMVB

QUESTIONS?

