

Skater - Levels of Achievement

Gold Level: 10,000 Pucks

Silver Level: 7,500 Pucks

Bronze Level: 5,000 Pucks



Goalie - Levels of Achievement

Gold Level: Weekly Goalie Clinic with 750 Minutes Hand Eye Coordination Work

Silver Level: Weekly Goalie Clinic with 500 Minutes Hand Eye Coordination Work

Bronze Level: Weekly Goalie Clinic with 350 Minutes Hand Eye Coordination Work



Name:		Team:		Month: NOVEMBER		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	TOTAL PUCKS SHOT (SKATERS)	TOTAL MINUTES (GOALIE)	



Smart Tip:

Duration: 4 Months - November thru February

DUE EACH MONTH to Coaches and Team Mgr to Enter into Google Forms by the 5th of the following month

****Skating 1 hr outside of practice counts for 100 pucks**

****Dryland Counts for 100 pucks**

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Name:		Team:		Month: DECEMBER		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOTAL PUCKS SHOT (SKATERS)	TOTAL MINUTES (GOALIE)			1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



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Name:		Team:		Month: JANUARY		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31			TOTAL PUCKS SHOT (SKATERS)	TOTAL MINUTES (GOALIE)



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FINAL MONTH!!!



Goalie - Levels of Achievement

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Name:		Team:		Month: FEBRUARY		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28			TOTAL PUCKS SHOT (SKATERS)	TOTAL MINUTES (GOALIE)



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