



Salt Spring Island Minor Baseball Association (SSIMBA)

RETURN TO PLAY!

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Salt Spring Island Minor Baseball Association

RETURN TO PLAY GUIDELINES



In developing these Return to Play (“RTP”) guidelines, the SSIMBA Board of Directors are required to abide by and incorporate guidelines set out by the following entities:

1. viaSport – the BC Government agency responsible for all sports and their operation in our province. Their guidelines are approved by the Office of the Provincial Health Officer (PHO).
2. Baseball BC – our Provincial Sport Organization (“PSO”) and the governing body for all baseball leagues in BC.
3. Softball BC - our Provincial Sport Organization (“PSO”) and the governing body for all softball leagues in BC.
4. BC Minor Baseball Association – our governing body for all SSIMBA baseball activities.
5. Salt Spring Parks and Recreation Commission.

The information below is a summary of guidelines as provided to us by these five bodies and includes specific considerations that apply solely to the operation of the SSIMBA.

IMPORTANT ITEMS TO NOTE:

1. All guidelines set out in this document must be strictly followed by our membership and will require coaches, parents, and players to adhere to them so that we are able to continue to operate and do not suffer any avoidable disruptions in our programming.
2. All SSIMBA activities must take place in accordance with the current Provincial Health Guidelines and Orders in place at date of their issuance and will be updated as circumstances change or should relevant Guidelines and Orders be revised.
3. Developmental practices are the only sanctioned activities allowed until we are permitted to enter Phase 3 of our Baseball BC RTP guidelines and Inning Three for softball. The timing of all changes will be decided by the PHO.
4. Each Coach will have a copy of the SSIMBA Covid-19 Safety Plan in their team binder.
5. Teams will be responsible for assigning a Covid Safety Kingpin. This person is responsible for taking attendance and maintaining records to meet contact tracing requirements. They will ensure that the Online Daily Health Assessment is completed by each participant including players, coaches, and parents prior to every event.
6. Even if all the guidelines are followed our programs are subject to termination in the event that any one of our governing bodies deems it necessary to do so.

Please check your email and our website – <https://www.saltspringbaseball.ca/> – regularly as SSIMBA protocols will be adjusted & updated to meet guidelines set by viaSport, Baseball BC, Softball BC, BCMBA and the Salt Spring Parks and Recreation Commission.

GENERAL HEALTH & PERSONAL HYGIENE GUIDELINES **(Baseball BC & Softball BC):**

All guidelines are required for everyone involved in youth or amateur baseball and softball which includes, but is not limited to athletes, coaches, umpires, administrators, volunteers and spectators.

- Anyone displaying ANY illness symptoms MUST NOT attend.
- Disinfectant wipe down of all surfaces athletes can be exposed to before every event.
- Reminder to all participants daily to avoid touching of eyes, nose, or mouth.
- No sharing of water bottles.
- No sharing of food of any kind.
- No spitting.
- No chewing gum or sunflower seeds.
- No sharing of any personal equipment or items
- Ride sharing to be discouraged whenever possible.
- All participants encouraged to disinfect their equipment after each event.
- All participants encouraged to wash all clothing and selves after each event.

SSIMBA-SPECIFIC GUIDELINES:

Washrooms. Salt Spring Parks and Recreation Commission is responsible for the cleaning and maintenance of park washrooms. To reduce risks, all SSIMBA members must:

- Use hand sanitizer before entering the washroom;
- Use paper towel to open the door or use hand sanitizer upon leaving the washroom;
- Practice physical distance requirement while in the washroom;
- Reduce capacity in washrooms to follow current physical distancing guidelines;
- Be sure to follow posted requirements on site.

Parks & Training Facilities. SSIMBA has guidelines and protocols in place for the following parks and training facilities for the 2021 baseball and softball season, which include but are not limited to:

1. Portlock Park
2. Fulford Field – embarrassing to ask, but what is the name of the field?

Equipment Container & Storage Shed:

- The SSIMBA Equipment Manager / Coach must use hand sanitizer before entering and upon leaving the Equipment Container and/or Storage Shed.
- If the SSIMBA Equipment Manager / Coach invites another member into the Equipment Container and/or Storage Shed, the member will use hand sanitizer before entering and upon leaving the Equipment Room and/or shed.
- Practice physical distancing while in the Equipment Container and/or Storage Shed.

SUMMARY OF viaSport, Baseball BC & Softball BC GUIDELINES:

It is your responsibility to know and understand the various rules detailed below for each of the Softball BC “Innings” and Baseball BC “Phases” so that we can ensure compliance.

SUMMARY OF viaSport GUIDELINES:

<http://www.viasport.ca/activity-chart>

SPORT ACTIVITY CHART

PHO Orders supersede the guidance in this chart.

This chart outlines the types of activities that can be considered in the various return phases.

	Strictest Controls Phase 1	Transition Measures Phase 2	Progressively Loosen Phase 3	New Normal (Future date TBC)
Restrictions in Place	<ul style="list-style-type: none">• Maintain Physical Distance (2m)• No non-essential travel	<ul style="list-style-type: none">• Maintain Physical Distance (3m)• No non-essential travel• No group gatherings over 50 people	<ul style="list-style-type: none">• Refer to PHO and local health authorities	<ul style="list-style-type: none">• Refer to PHO and local health authorities
Enhanced Protocols	<ul style="list-style-type: none">• Increased hand hygiene	<ul style="list-style-type: none">• Increased hand hygiene• Symptom Screening in place	<ul style="list-style-type: none">• Increased personal hygiene, cleaning protocols and symptom screening	<ul style="list-style-type: none">• Increased hand hygiene
Facility	<ul style="list-style-type: none">• Outdoor or within home• Facilities and playgrounds closed	<ul style="list-style-type: none">• Outdoor is safest• Indoor facilities slowly re-opening	<ul style="list-style-type: none">• Participants should maintain physical distance while not on field of play	<ul style="list-style-type: none">• Outdoor/Indoor
Participants	<ul style="list-style-type: none">• Individual activities	<ul style="list-style-type: none">• Small Groups• No spectators	<ul style="list-style-type: none">• Groups sizes increase based on sport type (i.e. level of contact).• Participants and spectators must adhere to 50 people max per event public health guidance	<ul style="list-style-type: none">• Large groups allowed• No restrictions on spectators
Non-contact Activities	<ul style="list-style-type: none">• Low risk outdoor activities can occur (biking, running, etc.).• Virtual activities	<ul style="list-style-type: none">• Fundamental movement skills• Modified training activities, drills	<ul style="list-style-type: none">• Where feasible, limit contact (i.e. coming within two metres) in training and sport activities	<ul style="list-style-type: none">• No restrictions on activity type
Contact Activities	<ul style="list-style-type: none">• Should not occur	<ul style="list-style-type: none">• Should not occur• Contact sports should look for non-contact alternatives to training	<ul style="list-style-type: none">• Cohort model introduced for sports that cannot maintain 2m physical distancing.	<ul style="list-style-type: none">• No restrictions on activity type
Competition*	<ul style="list-style-type: none">• Should not occur	<ul style="list-style-type: none">• In club play or modified games may slowly be introduced	<ul style="list-style-type: none">• Competition slowly introduced.• Regional competition for sports in cohorts.	<ul style="list-style-type: none">• Provincial competitions and larger scale events may return
Equipment	<ul style="list-style-type: none">• No shared equipment	<ul style="list-style-type: none">• Minimal shared equipment• Disinfect any shared equipment before, during and after use	<ul style="list-style-type: none">• Enhanced cleaning protocols in place	<ul style="list-style-type: none">• Shared equipment
Travel	<ul style="list-style-type: none">• None	<ul style="list-style-type: none">• None	<ul style="list-style-type: none">• Limited	<ul style="list-style-type: none">• Unlimited

*Introduction of competitive activities should be in alignment with sport-specific guidelines.

SUMMARY OF BASEBALL BC GUIDELINES:

Phase 1. No Programming.

Phase 2. Guidelines & Recommendations:

- Small group training and development sessions permitted.
- Maximum of 10 athletes at an event. Maximum of 2 coaches at an event.
- Maximum of 1 parent per athlete at an event.
- Verbal symptom screening must be performed at every session to ensure all participants are symptom free.
- All government expectations and requirements to be met, including viaSport Phase 2 guidelines.

- All Baseball BC Personal Health and Hygiene Recommended Guidelines to be reviewed and enforced as outlined above.
- 2m physical distance required between participants.
- Every event to include reminders to participants regarding 2m physical distancing and include no spitting, no face touching, no contact between the athletes.
- Attendance must be taken and kept at every event for all people in attendance including parents (drivers). These records must be kept for 30 days before being destroyed.
- No team huddles before, during or after the practice for coaching or teaching purposes unless 2m physical distancing requirements are adhered to.
- All drills to be created and implemented ensuring 2m physical distancing requirements are adhered to.
- No dugout use permitted. Athletes must be set up outside of the dugout with 2m physical distancing requirements adhered to.
- No shared use of personal equipment.
- Baseballs should be sanitized prior to every event and every effort given to limit the number of athletes using one ball in a practice environment.
- Any team issue bats should be sanitized prior to every event and between every use by different athletes. No other team equipment should be shared.
- No changing or dressing rooms permitted.
- All field prep equipment to be disinfected and cleaned after every use.
- Indoor practices are permitted so long as the facility is operating in accordance with Provincial, Regional, and Municipal COVID-19 regulations. Anyone practicing indoors must amend their COVID-19 safety plan to detail how they will continue to abide by all other requirements of Phase 2 when practicing indoors.

Phase 2. Guidelines & Recommendations – Transition within this phase:

- All guidelines listed above are applicable to this “In Phase Transition” with the following notable changes.
- Full team practices permitted - Practices and training are still expected to follow all Phase 2 requirements and Guidelines as listed. Phase 2 Guidelines and Recommendations Transition within this phase
- All guidelines listed above are applicable to this “In Phase Transition” with the following notable changes.
- Modified or In Club game play permitted - Only game play between teams from the same club are permitted in this phase
- Any modified or in club game play permitted in this phase to follow Baseball BC Phase 3 Guidelines and Recommendations (TBA).
- Social Distancing must still be maintained at all times outside of the regular course of game play.
- Baseballs need to be new or disinfected every time they are entered into play. Hand sanitizing should take place at the end of every half inning.
- Umpires must comply with social distancing requirements and may need to use alternate positioning to comply.
- No plate meetings pre-game for lineup exchanges unless physical distancing requirements are adhered to.
- No mound visits by catcher or coach unless physical distancing requirements are adhered to.

- No postgame handshakes.
- All scorekeeping, announcing and scoreboards operation to be performed outside and not in buildings or booths with social distancing requirements in mind.
- Practices and training are still expected to follow all Phase 2 requirements and Guidelines as listed. Phase 2 Guidelines and Recommendations Transition within this phase.

All guidelines listed above are applicable to this “In Phase Transition” with the following notable changes:

- Intra Club game play now permitted for any team that doesn’t have an equivalent in club playing partner.
- Interim Bubbles of two or three teams maximum are able to be designated to allow for game play.
- Please note that athletes are only permitted to participate in one bubble at any one time. - Teams are not permitted to interact with teams outside of their designated Interim Bubble.
- Interim Bubbles to consist of teams from the closest surrounding club that is offering equivalent programming in order to reduce travel.
- Any Intra Club game play permitted in this phase to follow Baseball BC Phase 3 Guidelines and Recommendations (TBA). - Social Distancing must still be maintained at all times outside of the regular course of game play. - Baseballs need to be new or disinfected every time they are entered into play. Hand sanitizing should take place at the end of every half inning.
- Umpires must comply with social distancing requirements and may need to use alternate positioning to comply
- No plate meetings pre-game for lineup exchanges unless physical distancing requirements are adhered to.
- No mound visits by catcher or coach unless physical distancing requirements are adhered to.
- No postgame handshakes.
- All scorekeeping, announcing and scoreboards operation to be performed outside and not in buildings or booths with social distancing requirements in mind. - Practices and training are still expected to follow all Phase 2 requirements and Guidelines as listed.

Phase 3. in the viaSport Guidelines is referred to as “Progressively Loosen.” Important to note about this phase is the following:

- Refer to PHO or local health authorities for current restrictions. - Group sizes may increase.
- Limited spectators.
- Interclub or Regional Play is permitted within a Cohort group.
- Increased hand hygiene.
- Some shared equipment.
- Enhanced cleaning protocols in place See the viaSport Guidelines for all the requirements of this phase. BASEBALL BC PHASE 3 Phase 3 Guidelines and Recommendations.

Game play permitted within Cohort groups. (A cohort is a group of participants who primarily interact with each other within the sport environment over an extended period of time):

- Each cohort can be comprised of multiple teams in order to form a mini-league. Maximum of 100 athletes allowed.
- Cohorts should be made up of individuals/teams of similar age and skill level.
- At least two metres distancing should be maintained between all participants when off the field of play.
- While participants do not need to maintain physical distancing during quick contact sport specific activities during game play, minimized physical contact is still advised.
- All guidance related to personal hygiene, cleaning protocols and symptom-screening still apply.
- When members of the cohort are gathering for games or activities, gatherings must not exceed 50 people (see PHO Order).
- Coaches may be counted outside the total cohort number should also consider wearing a non-medical face mask while participating in game play.
- Athletes are only permitted to participate in one cohort at any one time.
- Teams are not permitted to interact (practice or play) with teams outside of their designated cohort.
- Cohorts should remain together for an extended period of time. If looking to change cohorts, a two-week break between activities is recommended. Regarding Competition and Spectators
- Attendance taken must include spectators. These records must be kept for 30 days before being destroyed.
- Community spectators are not encouraged until Phase 4. All bleachers and stands should be closed to spectators. If an organization allows spectators, they must implement a strategy to ensure that physical distancing is maintained and minimize opportunities for interaction between athletes and the spectators while at the venue.

Provincial Health Office (PHO) Orders related to group gatherings are still in effect, limiting group numbers to 50 people. This limit includes athletes, coaches, officials, and spectators. Regarding game play:

- Illness and Wellness Screening Policies apply
- Verbal symptom screening must be performed at every session to ensure all participants are symptom free.
- All government expectations and requirements to be met as outlined above.
- All Baseball BC Personal Health and Hygiene Recommended Guidelines to be reviewed and enforced as outlined above.
- Every event to include reminders to participants regarding physical distancing requirements and include no spitting, no face touching, no contact between the athletes.
- Attendance must be taken and kept at every event for all people in attendance including parents (drivers). These records must be kept for 30 days before being destroyed.
- No team huddles before, during or after the game for coaching or teaching purposes unless physical distancing requirements are adhered to.

- No dugout use permitted. Athletes must be set up outside of the dugout with physical distancing requirements adhered to.
- All bleachers and stands should be closed to spectators to allow for athlete's safe use while dugouts are closed. This will also aid in managing the 50-person maximum at all events.
- No shared use of personal equipment.
- No plate meetings pre-game for lineup exchanges unless physical distancing requirements are adhered to.
- No mound visits by catcher or coach unless physical distancing requirements are adhered to.
- No postgame handshakes. - A new or disinfected baseball should be entered into the game for every ball put in play.
- Any team issue bats should be sanitized prior to every event and between every use by different athletes.
- All players to sanitize their hands when returning to the dugout from the field, after each at bat and as required.
- All scorekeeping, announcing and scoreboards operation to be performed outside and not in buildings or booths with social distancing requirements in mind.
- Umpires must comply with social distancing requirements and may need to use alternate positioning to comply.
- Regional or Community based programming only. Limited travel. No overnight trips. - No tournaments permitted.
- All field prep equipment to be disinfected and cleaned after every use.

The recommendations and guidelines in this phase are subject to change.

Phase 4. in the viaSport Guidelines is referred to as “New Normal – Future Date TBA.” Important to note about this phase is the following:

Traditional programming, including league play and championships can resume. Some restrictions may be required.

- Refer to PHO or local health authorities for current restrictions.
- Large groups allowed.
- No restrictions on spectators.
- No restrictions on activity types.
- Provincial competitions and larger scale events may return.
- Shared equipment permitted.

See the viaSport Guidelines for all the requirements of this phase.

SUMMARY OF SOFTBALL BC GUIDELINES:

Inning 1. Controlled Practice and Skill Development U10 through Men & Women.

Local Sports Associations (LSOs) and participants are to follow the Facility and Diamond protocols..., plus:

- No more than 50 per diamond or as per the guidelines for attendance as outlined by the respective Municipality. Please take into account shared spaces as well as entrances and exit requirements.
- Frequent hand sanitizing or washing must be scheduled.
- Controlled practices and skill development will take into account minimizing shared use of equipment and maintaining physical distance wherever possible.
- Water bottles and food items are not to be shared.
- No spitting, sunflower seeds or gum allowed. • Where possible, each player should have their own personal equipment, including batting helmets, bats, catchers gear, etc.
- Where personal equipment must be shared, the equipment must be thoroughly sanitized between each use. When players are sharing a bat it should be picked up by the barrel and sanitized by the Sanitizing Champion before being used by the next player.
- A minimum amount of people should be responsible for setting up and taking down all equipment for a session. • Practice plans should consider a minimal number of participants handling the same ball. For example, when possible, catching and throwing drills should be done in pairs only and the balls sanitized by the Sanitizing Champion after each drill.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an 'In Charge Person' (Injury Attendant), and if an injury occurs to a player only the coach and In Charge Person, both wearing protective gloves and face coverings, may go the injured player. Everyone else must maintain physical distancing.
- Bleachers should be closed or used only in a way that physical distancing is maintained. • Under no circumstances will there be games or scrimmages.

Inning 2. Controlled Skill Development for TimBits U6 and U8.

All participants are to follow the Facility and Diamond protocols..., plus:

- No more than fifty (50) people per diamond or as per the guidelines for attendance as outlined by the respective Municipality. Please take into account shared spaces as well as entrance and exit requirements.
- Groups of no more than 10 participants and one household member each permitted in the designated practice area.
- Every participant must be accompanied by a responsible person over the age of 16 who is prepared to practice with the participant throughout the season.
- Programme facilitator will maintain physical distancing with the participants and oversee the skill development sessions.

- It is recommended the season be made up of a 12 session, 6-week programme. Skills will focus on physical literacy
- No shared use of equipment, each participant to supply or be supplied with their own session equipment.
- Any LSO equipment loaned to players should be sanitized before being put away.
- Under no circumstances will there be games or scrimmages.
- Each participant is to have their own water bottle and food items, no sharing.
- Facilitator will be responsible for ensuring planned sanitation breaks and hand cleaning.
- Coach/Facilitator must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an 'In Charge Person' (Injury Attendant), and if an injury occurs to a player only the coach and In Charge Person, both wearing protective gloves and face coverings, may go the injured player. Everyone else must maintain physical distancing.

Inning 3. Community Focused Games U10 and older.

LSOs and participants are to follow the Facility and Diamond protocols included in Inning 1 (except to the extent that they conflict, in which case these Inning 3 protocols apply) above, plus:

- Games will be scheduled with teams from the same community as defined by the viaSport sport sector guidelines and Softball BC.
- No more than 50 per diamond or as per the guidelines for attendance as outlined by the respective Municipality. Please take into account shared spaces as well as entrance and exit requirements.
- Bleachers should be closed or used only in a way that physical distancing is maintained.
- Teams may only use players on their approved roster, no pick ups are allowed, and teams may play with as few as 8 players without being penalized. LSO's are encouraged to coordinate to ensure that teams have enough players to field a full team regardless of their home LSO.
- Line up cards must be prepared, but will not be physically shared – photos may be taken by scorekeepers, etc. and the lineup card must be made available to show the umpire when requested.
- Pre game meetings will take place at home plate while respecting distancing of at least 2 metres. Only one coach per team and umpire (s) to attend the meeting.
- Schedules are recommended to be drawn up to allow for time to prepare the venue before a game and clean it after the game has ended.
- All participants are to leave the playing field immediately after the game has ended. No team meetings at the venue post game.
- No team huddles before, during or after the game.
- No handshake with the opposing team/officials after the game.
- Each team must appoint a Distancing Monitor who will observe their own team & spectators and encourage them to maintain physical distancing.

- Each team must appoint an 'In Charge Person' (Injury Attendant), and if an injury occurs to a player on that team, either the umpire or coach will call time and only the coach and In Charge person – both wearing protective gloves and face coverings - may go to the injured player, everyone else must maintain physical distancing.
- Face coverings for virus contagion are recommended for all participants; coaches must have face coverings easily accessible to them and must wear them anytime they cannot maintain physical distancing from other participants.
- Face coverings for virus contagion are mandatory for home plate umpires, provided that should an umpire be unable to wear a face covering due to an underlying health issue or breathing/overheating concerns, the home plate umpire has the option of calling the game from behind the pitcher's circle as an alternative to wearing a face covering.
- Due to breathable air quality concerns about physical exertion while wearing face coverings, it is recommended that face coverings be removed when physical distancing can be maintained (for example when their team is on offence), and that players be switched out or given breaks after wearing face coverings for prolonged periods.
- Should a player need to leave the field during play due to breathing concerns associated with wearing a face covering, any player on the bench may replace the removed player and not be counted as a substitution leaving/re-entering the game.
- It is recommend that all participants bring back up face coverings should their original face coverings come off and fall in the dirt when removing their helmet.
- No person should pick-up or handle anyone else's helmet/face covering.
- The umpire is not to handle any equipment other than their own during a game including game balls. • Defensive team will sanitize the ball for their team during the game. Balls should be routinely rotated and sanitized. The pitcher/catcher will call time and the ball will be given to the Sanitizing Champion to be sanitized, The Sanitizing Champion will throw in a sanitized ball in exchange.
- Offensive coaches are to remain a minimum of two metres away from 1st and 3rd base at all times, regardless of where it may locate them on the diamond (as long as it doesn't increase the danger to a coach's personal safety).
- Between pitches, the umpire is to move 2 metres away from the catcher, and the batter is to move 2 metres away from the catcher. Once the play is ready to resume, umpire and batter move back into position, and umpire signals play ball.
- Coach to umpire, player to umpire and umpire to umpire conferences will be done with a two (2) metre distance at all times, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Coach, pitcher and catcher may have a defensive conference at the pitching circle, with a two metre distance being observed by all participants, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Offensive team conference may be held with a two metre distance being observed by all participants, unless all participants to the conference are wearing face coverings in which case the conference may be done at normal distance.
- Teams are to maintain physical distancing while off the field of play, with players in designated spots as appropriate in the ballpark. Spectators will maintain physical distancing, along the sides of the diamond, behind the backstop or in the outfield as appropriate to the layout of the ballpark.

- No player may lick their fingers during softball activities. Pitchers may use pitching rosin and/or gorilla rags at all levels. If a player does lick their fingers while on the field, the player must leave the game and may only return to the game after they have sanitized or washed their hands with soap and water. Any player on the bench may replace the removed player and not be counted as a substitution leaving/re-entering the game.
- At the conclusion of a play at a base or bases, the batter/runner and defensive player should separate and establish appropriate distancing again as soon as possible. Umpire may assist in this by verbal reminder.
- On deck batter may only have one bat for warm-up.
- When an at-bat has finished, if the batter struck out or was put out prior to reaching first base, the batter will pick up their own bat and carry it back to the dugout, where they either hand it to a Sanitizing Champion or return it to their personal equipment bag. If the batter reaches base, their bat will be picked up by the barrel by the on-deck batter and handed to a Sanitizing Champion for either sanitizing or return to the original batter's equipment space.
- All players must sanitize their hands when returning to their dugout at the end of each half-inning.
- Participants and spectators are to leave the playing field and park immediately at the conclusion of the game.
- Next team to play on that diamond will not step onto the diamond until all members of the previous game's team have left the area.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.

Inning 4. Competitive Games with Neighbouring Communities.

LSOs and participants are to follow the Facility and Diamond protocols below, as well as those included in Inning 3 (except to the extent that they conflict, in which case these Inning 4 protocols apply), plus:

- Home team to set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park.
- Visiting team will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage.
- Where possible, a minimum of two umpires should be used for games to assist in physical distancing. • Participants are to follow Inning 3 protocol.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an 'In Charge Person' (Injury Attendant), and if an injury occurs to a player only the coach and In Charge Person, both wearing protective gloves and face coverings, may go the injured player. Everyone else must maintain physical distancing.

Inning 5. Competitive Games inter-regional, Cross Provincial & Tournaments

TIMELINE: To be determined

LSOs and participants are to follow the Facility and Diamond protocols below as well as those included in Inning 4 (except to the extent that they conflict, in which case these Inning 5 protocols apply), plus:

- No more than 50 per diamond or as per the guidelines for attendance as outlined by the respective Municipality. Please take into account shared spaces as well as entrances and exit requirements.
- Game times are to be staggered to ensure there is an unencumbered pathway to enter and exit the facility.
- Participants and spectators are to leave the field immediately after the conclusion of their game/event.
- Medals/prizes are not to be handed out individually, but a closed box handed to a team representative.
- If appropriate home team to set up the diamond and communicate entry/exit points to visitors, as well as any other protocols being observed at that park. If it is a tournament, then the hosting club will have diamonds set up under the park/venue and diamond preparation, and it will be the responsibility of the host to communicate with visiting teams about the protocols to be followed at each specific park or Facility.
- Visiting team, or in the case of a tournament, all away teams attending the tournament will be directed to spectator and participant areas which have been adequately marked off and identified for spectator seating, or participant equipment storage.
- Where possible, a minimum of two umpires should be used for games to assist in physical distancing.
- Coach must have a current EAP (emergency action plan) outlining, in the event of a minor or major injury, what the medical treatment process will be. The safety of all participants is top priority, but whenever possible, must be done with the requirements of COVID-19 transmission being minimized.
- Each team must appoint an 'In Charge Person' (Injury Attendant,) and if an injury occurs to a player on that team, either the umpire or coach will call time and only the coach and In Charge Person – both wearing protective gloves and face coverings - may go to the injured player, everyone else must maintain physical distancing.

Please note that these Guidelines are current and in accordance with the Provincial Health Guidelines and Orders in place at date of their issuance but may be updated should circumstances change or should relevant Guidelines and Orders be revised.

SSIMBA's COVID-19 SAFETY PLAN:

The above guidelines are the WHAT we have to do, below is the HOW:

Duties of Coaches & COVID Kingpins:

Coaches & COVID Kingpins will be responsible for:

1. Screening ALL participants prior to every event and will need to ask ALL participants if they are experiencing any of the symptoms prior to beginning any event:
 - Severe difficulty breathing (e.g. struggling to breathe or speaking in single words)
 - Severe chest pain
 - Having a very hard time waking up
 - Feeling confused
 - Losing consciousness
 - Mild to moderate shortness of breath
 - Inability to lie down because of difficulty breathing
 - Chronic health conditions that you are having difficulty managing because of difficulty breathing
 - Fever
 - Chills
 - Cough
 - Shortness of breath
 - Sore throat and painful swallowing
 - Stuffy or runny nose
 - Loss of sense of smell
 - Headache
 - Muscle aches
 - Fatigue
 - Loss of appetite
 - OR:
 - Have you travelled to any countries outside Canada within the last 14 days?
 - OR:
 - Have you had close contact with a person with who has been asked to self-isolate, has COVID-19-related symptoms or confirmed COVID-19?

IF RESPONSES TO ANY OF THESE QUESTIONS ARE "YES," THEN THAT PARTICIPANT WILL BE REQUIRED TO LEAVE THE EVENT IMMEDIATELY AND NOT RETURN TO ANY EVENTS UNTIL ALL QUESTIONS CAN BE ANSWERED WITH "NO"

2. Ensuring they comply with the "Illness Policy" in APPENDIX B.
3. Tracking attendance at all events and be able to produce this upon request. An online tracking sheet will be provided.
4. Making sure all players AND coaches apply hand sanitizer prior to and periodically during each event, particularly if a participant is noticed touching their face.
5. Ensuring participants maintain mandated physical distancing requirements at all times.

6. Ensuring every player prepared to leave the field at the designated end time of any event to ensure minimal traffic at each field.
7. Making sure all shared equipment, both baseball specific and field maintenance, and high touch areas are sanitized PRIOR to use by any participant. SSIMBA will be providing large spray bottles of quaternary disinfectant for coaches to apply to these areas at all fields.
8. If there is an injury sustained during an event, anyone attending to the injury will be required to wear a mask and gloves. These will be provided by SSIMBA as a part of the team First Aid Kits.

****PLEASE NOTE THAT WHILE SSIMBA WILL NOT BE SUPPLYING HAND SANITIZER FOR EACH PARTICIPANT BUT WILL REQUIRE EACH PARTICIPANT TO HAVE THEIR OWN SUPPLY WITH THEM WHILE IN ATTENDANCE****

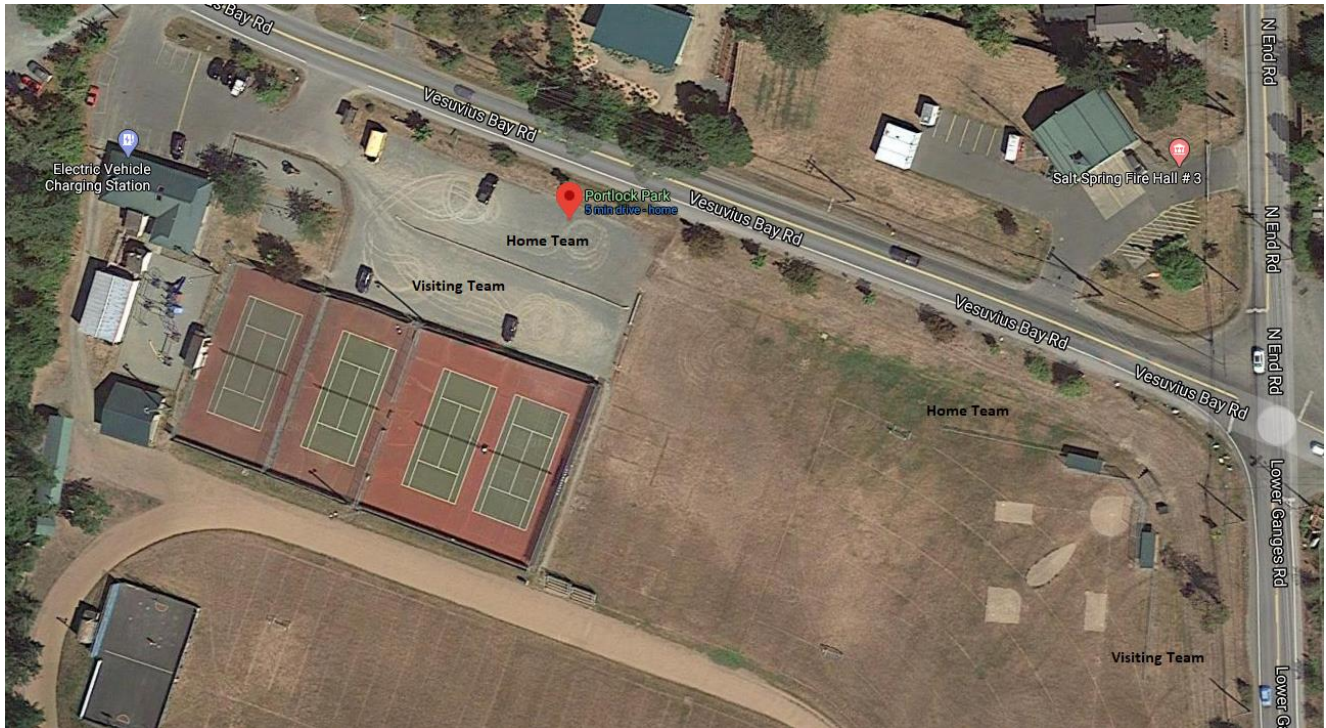
Duties of Parents:

Parents will be responsible for making sure that they respect and adhere to all of the guidelines above, in particular:

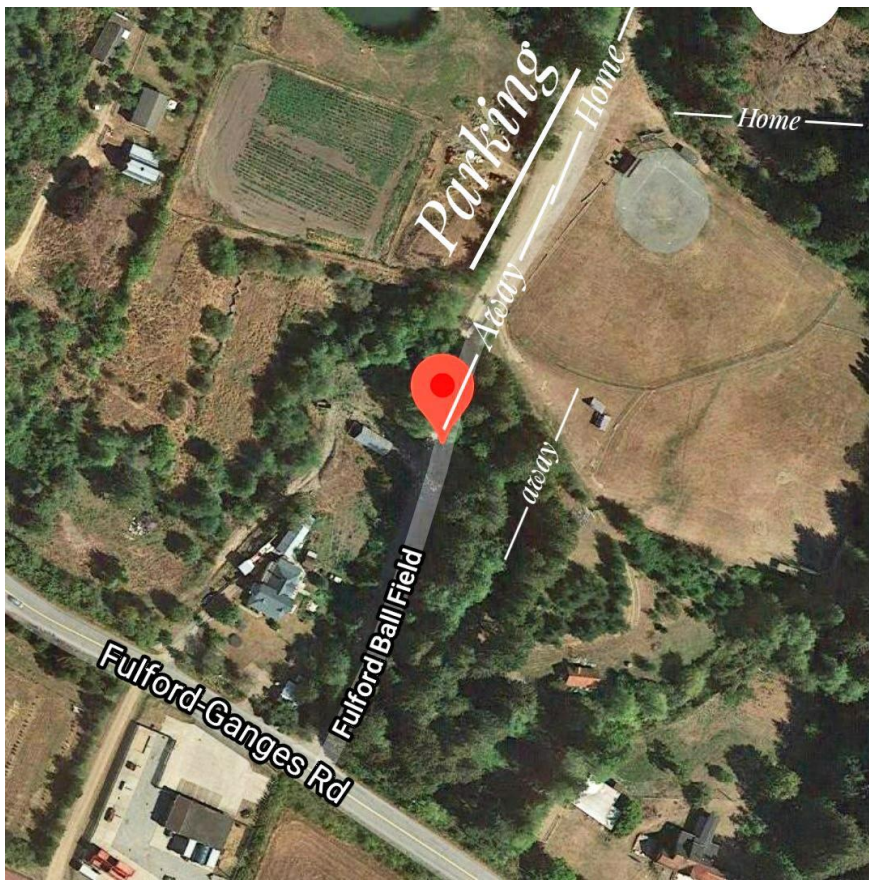
1. If their child is experiencing any of the symptoms above, they will keep their kids away from any SSIMBA events until such time that they are symptom free.
2. To ensure that their child has personal hand sanitizer at all events.
3. To abide by the maximum one parent per player rule while in Phase 2.
4. To abide by the traffic flow guidelines as detailed in Appendix A. There are specific rules for Portlock Park, so parents are asked to review these guidelines.
5. To ensure that players are picked up immediately upon the designated end time of the event. This will ensure the minimization of traffic at each field.

APPENDIX 1. Facility Maps:

Portlock Park



Fulford Field



APPENDIX 2. SSIMBA's OUTBREAK PLAN:

Early detection of symptoms will facilitate the immediate implementation of effective control measures.

In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An "outbreak" is two or more cases; a "case" is a single case of COVID-19.

In the event of an outbreak:

1. The coach whose team is affected will contact the SSIMBA President and Board to discuss how to proceed by either modifying, restricting, postponing or canceling activities.
2. If any volunteers or a participant reports they are suspected or confirmed to have COVID-19 and have been at Portlock Park, we will implement enhanced cleaning measures to reduce risk of transmission.
3. We will implement our illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.
 - Individuals can learn more about how to manage their illness by accessing the COVID-19 Self-Assessment Tool here: <https://bc.thrive.health/covid19/en>
4. In the event of a suspected case or outbreak of influenza-like-illness, we will immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at Island Health Authority.
5. If we are contacted by a medical health officer in the course of contact tracing, we will cooperate with local health authorities.

For more information on cleaning and disinfecting: http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf

APPENDIX 3. Illness Policy:

Adapted from viaSport Illness Policy

In this policy, “Team member” includes an employee, volunteer, participant and/or parent/spectator.

1. All team members will complete an online Daily Health Assessment prior to attending each and every SSIMBA event including practices, games, etc.
2. Inform an individual in a position of authority (coach, team manager, program coordinator) immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
3. Assessment
 - a) Team members must review the self-assessment signage located throughout the facility each morning before their shift/practice/activity to attest that they are not feeling any of the COVID 19 symptoms.
 - b) Managers/coaches will visually monitor team members to assess any early warning signs as to the status of their health and to touch base on how they are regarding their personal safety throughout the workday/practice/activity.
 - c) If Team Members are unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.
4. If a Team Member is feeling sick with COVID-19 symptoms
 - a) They should remain at home and contact Health Link BC at 8-1-1.
 - b) If they feel sick and /or are showing symptoms while at work, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
 - c) No Team Member may participate in a practice/activity if they are symptomatic.
5. If a Team Member tests positive for COVID-19
 - a) The Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.
 - b) Any Team Members who work/play closely with the infected Team Member will also be removed from the workplace/practice/facility for at least 14 days to ensure the infection does not spread further.
 - c) Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.
6. If a Team Member has been tested and is waiting for the results of a COVID-19 Test
 - a) As with the confirmed case, the Team Member must be removed from the workplace/practice/facility.
 - b) The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.

- c) Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
 - d) The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
7. If a Team Member has come in to contact with someone who is confirmed to have COVID-19
- a) Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
 - b) Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
 - c) The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.
8. Quarantine or Self-Isolate if:
- a) Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - b) Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - c) Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
 - d) Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.