



LEADERSHIP & METTLE DEVELOPMENT COURSE

PARTICIPATION PACKET

ELK VIEW RANCH

LARKSPUR, COLORADO 80118

AUGUST 4-6



INITIAL EACH ITEM AND PRINT, SIGN AND DATE

____ The L&MD Course is designed to be both physically and mentally challenging. If at any point a participant feels they cannot continue or needs to pull themselves momentarily from the event, they will step to the side and notify the Instructors/Coaches they need a “Time Out”.

____ Each team initiated deficiency, failure to react appropriately, momentary loss of attention to detail or loss of self control and or bearing can result in a “Drop”: 10 push-ups + 1 for “Teamwork”. The Drops may be issued on an individual basis or as a Team. If more than one candidate is dropped, they will be conducted as a team and lead out by a candidate chosen by the TL/ATL.

____ If a participant is injured/hurt at any point during the event, they will bring it up immediately.

____ Participants will take it upon themselves to actively hydrate as required during the entire event. If a member is out or running dangerously low on fluids, they will bring it to the attention of the Instructors/Coaches.

____ Participants will remain actively engaged during every event. Any progressive lack of member engagement causing a detriment to team dynamics or progress may result in Team consequences.

____ Any member presenting as a continued “safety” hazard deemed by the Instructors/Coaches may be removed from the current evolution.

Participant Printed Name _____ Date _____

Participant Signature _____ Date _____

Parent/Legal Guardian Printed Name _____ Date _____

Parent/Legal Guardian Signature _____ Date _____