



**ONTARIO  
FUTSAL  
CUP 2026**

**March 14-15**



# PROGRAM CONTENTS



ONTARIO  
FUTSAL  
CUP 2026

- OFC Rules 3
- Fun Facts on Futsal 4
- MySoccer Info 5
- Ontario Futsal Cup Champions 6
- Draw Charts 7
- Schedules 8



# Unique Futsal Rules



**Substitutions – Unlimited and on the fly.** Subs must occur strictly within the substitution zone (5m).

The exiting player must fully leave through the zone before the substitute enters, and the pinnie must be handed over (not thrown). Improper substitution results in a yellow card and an indirect free kick for the opponent from the spot where play stopped.

**Accumulated fouls –** Each team may commit 5 direct-free-kick fouls per half. Any foul beyond that (6th or more) becomes either a 10m second-penalty-mark kick or a direct free kick with no wall, depending on the foul location.

**Goalkeeper 4-second rule –** Goalkeepers may only have possession for 4 seconds in their own half.

**Goalkeeper restriction after release –** Once the goalkeeper releases the ball, they cannot receive it again in their own half until it touches an opponent or goes out of play.

**Goal clearance –** The ball is in play immediately when released by the goalkeeper (it does not need to leave the penalty area). It may be thrown beyond the halfway line.

**Sending-off (red card) –** The player cannot return. The team plays short for up to 2 minutes unless the opponent scores before the 2 minutes expire, in which case a substitute may enter immediately.

**4-second restart rule –** All restarts must be taken within 4 seconds, except for kick-offs and 6m penalty kicks.

**Dropped ball –** A goal cannot be scored directly; the ball must touch another player before entering the net.

# Fun Facts on Futsal



Futsal is a fast-paced, small-sided game played on a hard surface. Known for encouraging creativity, quick decision-making, and technical precision, futsal is a vital tool for player development, particularly at the grassroots level. Ontario Soccer is committed to incorporating futsal into our programming, ensuring players have opportunities to grow and thrive on and off the court.

Futsal is more than just a game; it's a developmental powerhouse. Here's how futsal can benefit players at all levels:

- **Enhanced Ball Control:** Players develop close control and precise footwork in tight spaces.
- **Faster Decision-Making:** The speed of play demands quick thinking and reactions.
- **Improved Creativity:** Futsal encourages players to find innovative solutions under pressure.
- **Fitness and Agility:** High-intensity, short-duration games build stamina and coordination.
- **Transferable Skills:** Techniques and tactics learned in futsal translate directly to outdoor soccer.

## Did you know...

The origins of futsal can be traced back to Uruguay in the 1930s, where it was played on basketball courts during the winter months. It quickly spread to other countries in South America, and eventually to Europe and beyond.

# Introducing the MySoccer App

Powered by BMO 



MySoccer

Available on iOS & Android


Play. Inspire. Unite.




## What is MySoccer?


Follow the action and share the passion - whoever and wherever you are. Connect to your roles in teams, clubs & leagues. And follow the teams you care about, as family, friend or a fan.

MySoccer allows you to personalize your experience and follow games live with instant updates like lineups, livenesscores, pictures, livestreaming, stats & standings. Cheer for your team and share your passion for the game with innovative fan engagement features!

 Live Media & Engagement

 Livestreaming + Auto Highlights

 Real-time Stats & Standings

 Lineups & Game Reporting



# Ontario Futsal Cup Champions

## U16 Boys



ONTARIO  
FUTSAL  
CUP 2026

- 2008 - North York Dyanamo
- 2013 - London Marconi Blue Devils
- 2014 - London Spartans FC
- 2015 - West Toronto United
- 2016 - Brampton Blast
- 2017 - Unionville Milliken Strikers B01
- 2018 - Unionville Milliken OPDL03B
- 2019 - Futsal Club Toronto
- 2022 - Unionville Milliken
- 2023 - Unionville Milliken SC Strikers U16 White
- 2024 - Vaughan OPDL 2008 B
- 2025 - Toronto United FC U16 HP



# ONTARIO FUTSAL CUP 2026

## Under 16 Boys

- Home Team
- Away Team
- Round-Robin

**Bryst FA Black**

**Oakville SC**

**Unionville Milliken SC A**

**FC Toronto Red**

**Group A**  
March 14, 2026

Second in Group B



Winner of Group A

**Ontario Futsal Cup  
Final**

Sunday, March 15, 2026  
Pickering Soccer Centre

12:30 PM

**Waterloo County FC**

**Glen Shields Juventus FC**

**Vugahn OPDL**

**Bryst FA White**

**Group B**  
March 14, 2026

Second in Group A



Winner of Group B

# Group A

TIME	FIELD	HOME	SCORE		AWAY
10:00 AM	1	Bryst FA Black			Oakville SC
10:50 AM	1	Unionville Milliken SC A			FC Toronto Red
1:20 PM	1	FC Toronto Red			Bryst FA Black
2:10 PM	1	Oakville SC			Unionville Milliken SC A
4:40 PM	1	Bryst FA Black			Unionville Milliken SC A
5:30 PM	1	Oakville SC			FC Toronto Red

# Group B

TIME	FIELD	HOME	SCORE		AWAY
11:40 AM	1	Waterloo County FC			Glen Shields Juventus FC
12:30 PM	1	Vaughan OPDL			Bryst FA White
3:00 PM	1	Bryst FA White			Waterloo County FC
3:50 PM	1	Glen Shields Juventus FC			Vaughan OPDL
6:20 PM	1	Waterloo County FC			Vaughan OPDL
7:10 PM	1	Glen Shields Juventus FC			Bryst FA Whi



**ONTARIO  
FUTSAL  
CUP 2026**

**Sunday March 15, 2026**

**Pickering Soccer Centre**

**Final : 12:30PM**

**Winner of Group A - Second in Group A**

# **2026 Ontario Futsal Cup Champions**

---

