GOPHER STATE FOOTBALL LEAGUE EST. 2025

DEFENSIVE ALIGNMENT

3rd/4th GRADE

4-3 Defense

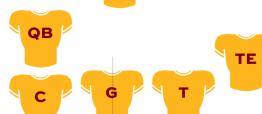
NOTE:

Goal Line Defense is allowed when the offense is inside the opponents 5 yard line.

NOTE:

The Offensive Alignment is not accurate and is being used as an example in this document.

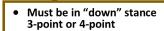










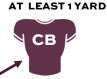


- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT



 Must be head up on the GUARD and in a "Down" stance -3-point or 4-point





- Must be in "down" stance 3-point or 4-point
- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT
- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

off LOS and 4 yards outside of DE

Must be at least 1 yard

• NO BLITZING







- Must be at least 3 yards off the LOS
 - Must be head up with the Center
 - NO BLITZING



- Must be 4 yards off LOS
- NO BLITZING



- Will be aligned over the OT and cannot stack over DE's
- If DE's reduce down to the outside shoulder of the OT because there is no TE, then OLB's can either stay in the box (but outside the DE) or walk out to cover a second WR.
- Can NEVER be tighter than head up on the tackle.
- NO BLITZING



- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING