

**MINNESOTA STARS 2026 TEAM WORKOUTS/TRYOUTS**  
**(Grade entering for Fall 2025)**

**\*\*\*An Age, Date or Time Highlighted is an Edit from Original Version**

<b>TUESDAY 7/29 KAC</b>
GRADES 7 and 11 6:00 to 7:30 PM (4 CTS)
GRADE 9 8:00 to 9:30 PM (3 CTS)
<b>WEDNESDAY 7/30 KAC (2 CTS)</b>
GRADES 3/4/5 6:00 to 7:15 PM
GRADE 6 7:30 to 9:00 PM
<b>THURSDAY 7/31 KAC</b>
GRADEs 3/4 6:00 to 7:30 PM (2 CTS)
GRADES 8 and 10 7:30 to 9:00 PM (4 CTS)
<b>SUNDAY 8/3 JAC (4 CTS)</b>
GRADES 6 and 7 4:30 to 6:00 PM
<b>MONDAY 8/4 JAC (2 CTS AND JHS MAIN GYMS)</b>
GRADES 5,10, and 11 6:00 to 7:30 PM
<b>TUESDAY 8/5 JAC (2 CTS AND JHS MAIN GYMS)</b>
GRADES 8 and 9 6:00 to 7:30 PM
<b>WEDNESDAY 8/6 JAC (2 CT)</b>
GRADES 3/4/5 6:00 to 7:30 PM
<b>SUNDAY 8/10 JAC (4 CTS) 1:30-5:30 pm</b>
GRADES 6 and 8 1:30 to 2:45 PM
GRADES 7 and 9 3:00 to 4:15 PM
GRADES 10 and 11 4:15 to 5:30 PM