

FREE HIGH SCHOOL SPORTS PHYSICALS



At TRIA, our sports physicals are completed by primary care sports medicine physicians and orthopedic surgeons. So, whether you're a professional or high school athlete, you'll receive the same expert care and attention you need to start the season at the top of your game.

SAVE ON BASELINE IMPACT TESTING

Concussion baseline testing is recommended for all athletes. During sports physicals, we offer the ImPACT Baseline Test for \$15 (regularly \$30). This test is a tool that will assist your medical team with your concussion management, helping you get safely back in the game.

TREATED BY TRIA



REGISTER

Register at tria.com/physicals.

Student-athletes must register at tria.com/physicals to reserve appointment time.

These sports physicals are pre-participation exams (PPE) intended to meet Minnesota State High School League (MSHSL) requirements. They are used to screen for physical or medical conditions that might put the student-athlete at risk for participation. A PPE does not replace annual checkups or child wellness exams. If the student-athlete is currently under medical care or requires further follow-up prior to clearance for athletic participation, they will be referred to the appropriate medical provider.



TUESDAY, AUG. 1 | 5 TO 8 P.M.

TRIA Bloomington
8100 Northland Drive

WEDNESDAY, AUG. 2 | 5 TO 8 P.M.

TRIA Maple Grove
9555 Upland Lane N.

THURSDAY, AUG. 3 | 5 TO 8 P.M.

TRIA Burnsville
14050 Fairview Drive

MONDAY, AUG. 7 | 5 TO 8 P.M.

TRIA Woodbury
155 Radio Drive

TUESDAY, AUG. 8 | 5 TO 8 P.M.

TRIA St. Paul
400 Wabasha Street N.

BRING A PARENT

One parent or guardian must accompany students under the age of 18.

CLOTHING

Please wear shorts or loose-fitting clothing for your exam.

QUESTIONS

sportsmedicine@tria.com