

Skaters **MUST** be registered for Captain's Practice to participate!
Captains will notify players which studio ice session to attend.

Captain's Practice Registration Link

<https://mplshshockey.sportngin.com/register/form/949090376>

Date	Day	Rink	Start Time	End Time
8/12/2025	Tue	Studio Rink	11:30 AM	12:30 PM
8/12/2025	Tue	Studio Rink	12:45 PM	01:45 PM
8/13/2025	Wed	Studio Rink	10:30 AM	11:30 AM
8/13/2025	Wed	Studio Rink	11:45 AM	12:45 PM
8/18/2025	Mon	Studio Rink	10:30 AM	11:30 AM
8/18/2025	Mon	Studio Rink	11:45 AM	12:45 PM
8/20/2025	Wed	Studio Rink	10:30 AM	11:30 AM
8/20/2025	Wed	Studio Rink	11:45 AM	12:45 PM
8/25/2025	Mon	Studio Rink	11:45 AM	12:45 PM
8/25/2025	Mon	Studio Rink	01:00 PM	02:00 PM
8/28/2025	Thu	Studio Rink	08:30 AM	09:30 AM
8/28/2025	Thu	Studio Rink	09:45 AM	10:45 AM
9/2/2025	Tue	North Rink	07:30 PM	08:30 PM
9/4/2025	Thu	Studio Rink	05:30 PM	06:30 PM
9/4/2025	Thu	Studio Rink	06:45 PM	07:45 PM
9/7/2025	Sun	North Rink	06:00 PM	07:00 PM
9/9/2025	Tue	South Rink	07:30 PM	08:30 PM
9/11/2025	Thu	Studio Rink	05:30 PM	06:30 PM
9/11/2025	Thu	Studio Rink	06:45 PM	07:45 PM
9/14/2025	Sun	South Rink	07:30 PM	08:30 PM
9/16/2025	Tue	North Rink	04:45 PM	05:45 PM
9/18/2025	Thu	Studio Rink	05:30 PM	06:30 PM
9/18/2025	Thu	Studio Rink	06:45 PM	07:45 PM
9/21/2025	Sun	South Rink	05:45 PM	06:45 PM
9/23/2025	Tue	North Rink	04:45 PM	05:45 PM
9/25/2025	Thu	Studio Rink	05:30 PM	06:30 PM
9/25/2025	Thu	Studio Rink	06:45 PM	07:45 PM
9/28/2025	Sun	NE Rink	08:15 PM	09:15 PM
9/30/2025	Tue	North Rink	04:45 PM	05:45 PM
10/2/2025	Thu	Studio Rink	05:30 PM	06:30 PM
10/2/2025	Thu	Studio Rink	06:45 PM	07:45 PM
10/4/2025	Sat	South Rink	07:30 PM	08:30 PM
10/5/2025	Sun	NE Rink	05:30 PM	06:30 PM
10/7/2025	Tue	North Rink	04:45 PM	05:45 PM
10/9/2025	Thu	Studio Rink	05:30 PM	06:30 PM
10/9/2025	Thu	Studio Rink	06:45 PM	07:45 PM
10/11/2025	Sat	NE Rink	12:30 PM	01:30 PM
10/12/2025	Sun	South Rink	10:30 AM	11:30 AM
10/14/2025	Tue	North Rink	04:45 PM	05:45 PM
10/16/2025	Thu	Studio Rink	04:30 PM	05:30 PM
10/16/2025	Thu	Studio Rink	07:00 PM	08:00 PM

10/18/2025	Sat	North Rink	12:15 PM	01:15 PM
10/19/2025	Sun	South Rink	10:45 AM	11:45 AM
10/21/2025	Tue	NE Rink	04:45 PM	05:45 PM
10/23/2025	Thu	Studio Rink	04:30 PM	05:30 PM
10/23/2025	Thu	Studio Rink	05:45 PM	06:45 PM
10/25/2025	Sat	South Rink	09:15 PM	10:15 PM
10/26/2025	Sun	North Rink	07:00 AM	08:00 AM
10/28/2025	Tue	NE Rink	04:45 PM	05:45 PM
10/29/2025	Wed	NE Rink	04:45 PM	05:45 PM
10/30/2025	Thu	Studio Rink	04:30 PM	05:30 PM
10/30/2025	Thu	Studio Rink	05:45 PM	06:45 PM
11/1/2025	Sat	South Rink	07:15 AM	08:15 AM
11/2/2025	Sun	North Rink	07:00 AM	08:00 AM
11/4/2025	Tue	North Rink	06:45 PM	07:45 PM
11/6/2025	Thu	Studio Rink	04:30 PM	05:30 PM
11/6/2025	Thu	Studio Rink	08:15 PM	09:15 PM
11/8/2025	Sat	South Rink	08:45 PM	09:45 PM
11/9/2025	Sun	South Rink	09:15 PM	10:15 PM