

# LADY JAG D.E.P.T.H. REPORT

DEDICATION. ENCOURAGEMENT. PERSEVERANCE. TOUGHNESS. HANDWORK.

## DOMINANT DISPLAY: DECEMBER HIGHLIGHTS FOR FMHS GIRLS WRESTLING

As the winter season unfolded, the girls' wrestling team at Flower Mound High School continued to showcase their prowess on the mat. December proved to be a month of victories, marked by notable wins and outstanding performances.

The month kicked off with dual wins against Southlake and LD. Bell, setting the tone for what would be an impressive series of accomplishments. The team then demonstrated their dominance at the LISD Ladies Cup, securing a shutout victory and successfully defending their title. This year, the cup was presented by Superintendent Dr. Rapp, adding an extra layer of prestige to the achievement.



### DECEMBER'S WRESTLING: VARSITY STATS UNLEASHED

TOTAL DUAL POINTS SCORED	282
DUAL POINTS SCORED BY OPPONENTS	77
TOTAL INDIVIDUAL MATCHES WON	129
WINS BY FALL	96

Undoubtedly, one of the highlights of the month was the girls' participation in the #1 hardest all-girls tournament in Texas. Despite not having their full varsity lineup, they managed to secure a commendable 7th place out of 52 teams. Senior Lillian Zapata stood out with a gold medal and the title of the most outstanding wrestler for the lower weights.

The team embarked on a trip to Arkansas over the winter break, competing against some of the top girls from across Arkansas, Oklahoma, Kansas, and Missouri. Their exceptional skills earned them the title, and they returned home proudly sporting a blinged-out belt as a symbol of their success.

Closing out December, the girls faced tough competition at the Marcus Mayhem, where they narrowly missed victory, coming in as runner-ups to Coppell High School. Notably, Coppell HS boasts a fully staffed middle school program that feeds into their high school, showcasing their depth. Despite the Lady Jags being short three varsity point scorers, the Lady Jags and Coppell HS were the only teams to surpass 100 team points.

Looking ahead to the final month of the regular season, the excitement continues for FMHS girls wrestling. Two home events are on the horizon, with a dual against Frisco Lebanon Trail on January 3rd and the much-anticipated Mound Throwdown on January 26th. As the team gears up for these challenges, their December successes stand as a testament to their skill, dedication, and determination on the wrestling mat.

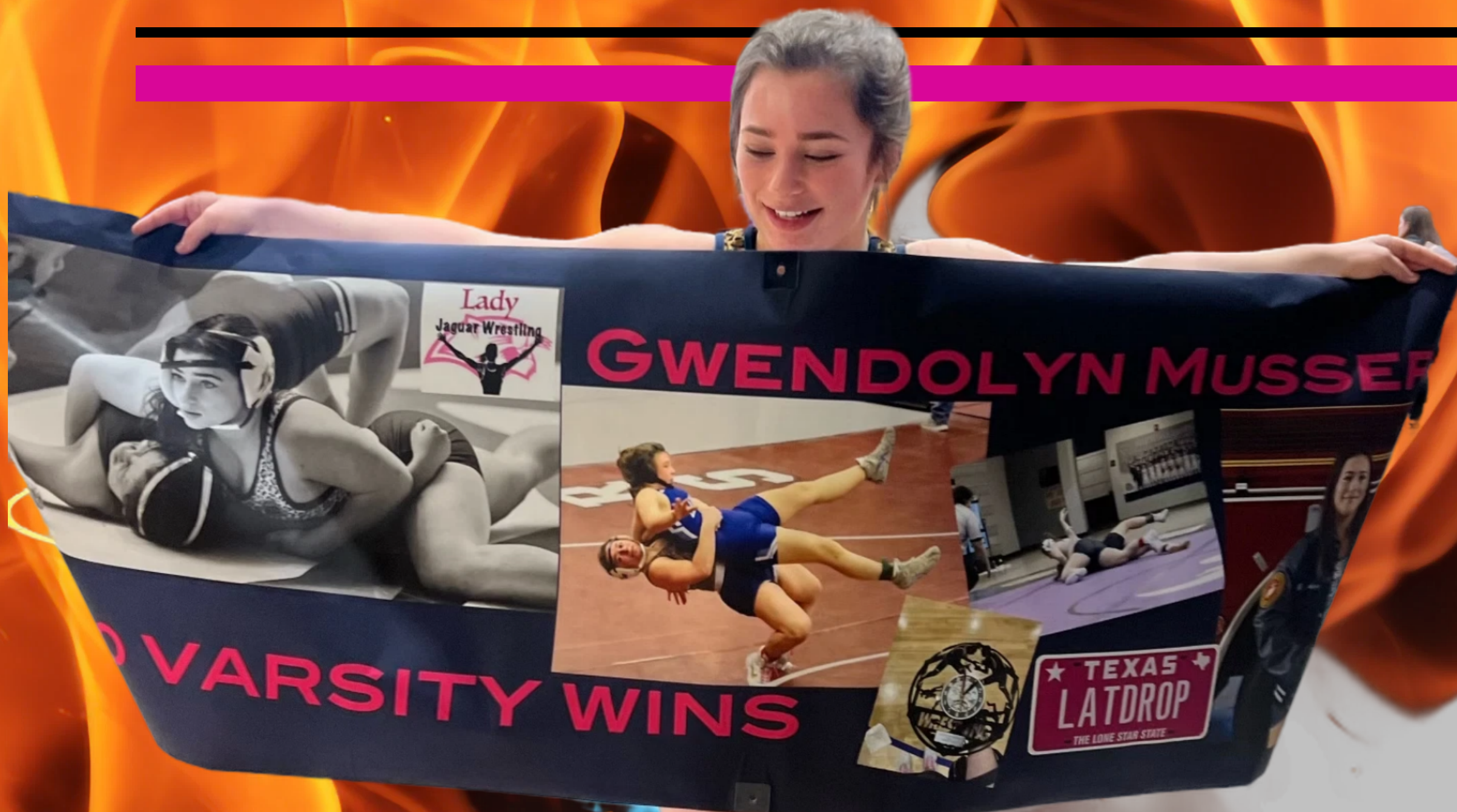
### WRESTLEMANIA: JANUARY GRIND EDITION

ARLINGTON MARTIN DUAL	1/2
FRISCO LEBANON TRAIL HOME DUAL	1/3
CFISD INVITATIONAL	1/5-6
LADY RACCOON DUALS	1/13
THSVCA STATE DUALS	1/19
MOUND THROWDOWN HOME	1/26





# HEADLINES FROM THE MAT



## MILESTONES ON THE MAT: TWO LADY JAGUARS REACH 100 CAREER WINS!

The Lady Jags celebrate the achievements of two Varsity athletes, Isabella Silva and Gwendolyn Musser, as they each reach Varsity 100 career wins.

Junior Isabella Silva secured her 100th career win at the Montwood Madness Tournament in El Paso last November. Fellow Junior Gwendolyn Musser reached her milestone in Arkansas, marking a significant moment in her varsity wrestling career. Both Isabella and Gwendolyn have been vital members of the Lady Jaguar Wrestling Team for the past three years.

Gwendolyn Musser currently holds an impressive varsity record of 102-39, while Isabella Silva holds a record of 111-28. Both are testaments to their consistency and valuable contributions to the team's success.

These athletes join the ranks of previous record holders for the Lady Jaguar Wrestling Team. Poorna Babu, a 2022 graduate, set a standard with 101 wins in three years. Megan Ramsey, a 2023 graduate, notched an impressive 109 wins over her four-year varsity wrestling career. Additionally, current senior Lillian Zapata holds a remarkable record of 127-33. Very impressive records considering the challenges faced during the 20-21 COVID season, wrestlers competed an average of 15 total matches.

Congratulations to Isabella Silva and Gwendolyn Musser for their remarkable accomplishments!



## THESE GIRLS DID IT AGAIN: THIS TIME IN ARKANSAS!

Exciting news from the girls' wrestling teams! Over the winter break, both teams headed out of state to Fayetteville, Arkansas, for an all-girls wrestling tournament. The trip did not prove to be a waste as the girls ended in a 'sparkling' victory. Swing by the wrestling room to see our newest bling'd out championship belt!

Their amazing performance not only made waves in Fayetteville but also secured a well-deserved spot in the Fayetteville local news.

Want to hear more? We invite you to read the full article on our website.



## DOMINATION IN ACTION:



Lillian Zapata, crowned the most outstanding wrestler at the Texas Woman's Classic, the toughest girls' tournament in Texas. Meanwhile, freshman Wema Laktari, weighing in at 168lbs, dominates the 190lb category to secure her first Varsity title in Arkansas.

# #BRING THE HEAT



# MEET THE 2024 JUNIORS, MANAGERS & STUDENT TRAINER



**AARNA MULASTANAM**  
100 LBS



**ISABELLA SILVA**  
120 LBS



**GWENDOLYN MUSSER**  
132 LBS



**KYLEE JOPLIN**  
VARSITY MANAGER



**HAIDYNN CORDELL**  
VARSITY MANAGER



**MICHAELA MUNDT**  
STUDENT TRAINER

**BEYOND THE MAT: LADY JAGS GO VIRAL CREATING SOCIAL MEDIA BUZZ! STAY  
CONNECTED FOR EXCLUSIVE UPDATES AND BEHIND-THE-SCENES ACTION!**

'Did You Catch Our Latest TikTok Moments? From 'Night Before Christmas' to 'Weight Is Just a Number,' the Lady Jags Bring the Action!

If you're eager to dive deeper into the world of the Lady Jags, we've got you covered! Stay in the loop with our latest updates, victories, and behind-the-scenes moments by following us on various social media platforms.

Catch the action on Twitter @WrestleLadyJags or scroll through snapshots of our journey on Instagram @ladyjagwrestling. For comprehensive coverage and community engagement, find us on Facebook @FMHS Lady Jags Wrestling. And yes, we've joined the TikTok craze - follow us on TikTok @Lady-jags-wrestling for some fun and entertaining content.

For a more in-depth look at our team and upcoming events, be sure to visit our website at [www.ladyjagwrestling.com](http://www.ladyjagwrestling.com). There, you'll find articles, player profiles, schedules, and much more to satisfy your curiosity about the Lady Jags.