

Notes to Coxswains – Harvard Henley 2025 - Bare Hill Pond

Left to right: LANE 1 LANE 2 LANE 3

Looking up the course past finish line.

Left side of the beach = Lane 1

Right Side of the beach = Lane 2

???? = Lane 3

Race Distance: 1000 meters



1. No bow #s

2. Each crew will be assigned a **launch time of 30'** before your race. Please be at the dock at that time. Not just leaving your storage area. You may choose to wet launch as well.

3. The **WARM-UP PATTERN** is marked in green on the map. The Warm-up space is limited. Crews are encouraged to do a good land warm-up. You will have about 1500 meters to use for a warm-up BUT there will be stops and turning so plan for that.

4. You will need to cross over the race course. A Safety Launch will be at the **X** spot to tell you when to cross. Once you are in the final warmup cove, **you may NOT turn around**. Get in line for the start.

4. NO stake boats

5. The Starter will line the bows from the side. Due to a floating start, they will do their best to have the bows as even as possible. Cox'ns should react quickly to their instructions to move forward or backwards by using the BOW PAIR. When they see the bows are even, **THE STARTER WILL SAY THIS IS THE START** Slight pause ... **AttentionGO.**

6. The **Finish Line** will be on a platform anchored on the right (starboard) side of the racecourse. An orange flag will be raised as you approached the finish line, lowered for 1st place, raised for 2nd place and so on.

7. The draw for Flights and lanes will be sent out Thursday before the race. After the initial flights, the Final and Petite-Final will take place. 1st place of each flight will race each other in the Final and the 2nd place of each flight will race in the petite final.

8. Lane draw for Petite Final and Final - Cox'ns use this guide

2 ND PLACE OF FLIGHT A	2 ND PLACE OF FLIGHT B
Goes to LANE 1 for Petite Final	Goes to LANE 2 for Petite Final
WINNER OF FLIGHT A	WINNER OF FLIGHT B
Goes to LANE 1 for Final	Goes to LANE 2 for Final

9. After your Flight has been completed, turn to starboard and proceed back along **RED LINE PATTERN** to the starting line. A safety launch will be at the crossing point **X** to tell you when to cross over the course.

8. There are several safety launches throughout the pond if you need assistance.

9. Once you are done racing proceed to the dock. Launching crews have right away to returning crews. You may wet land at the beach.

10. Please print out copies of instructions and map. There will be no handouts. Large posters will be available to consult at racecourse.

11. Zoom Coaches Coxswain Meeting, Thursday, April 17 at 7:30pm

<https://us02web.zoom.us/j/86363400355?pwd=kynRXYuibakQ0mVrrGbeHGKlkm3GaR.1>

Meeting ID: 863 6340 0355

Passcode: rowing