

COVID  
PROTOCOL  
UPDATE



**DSTHL COVID-19 POLICY AND  
GUIDELINES**

# WHY ARE WE DOING THIS???

- For the safety of players and families
- To field competitive teams during the COVID-19 pandemic
- Because we have to in order to play in the DSTHL





## GUIDELINE CONTENTS



- Reporting
- COVID-19 Safety Officers for the Association and EACH team
- Masks / sanitation
- Social Distancing
- Health screenings prior to events
- Spectator Limits
- Quarantine, Isolation, and “Team Unfit to Play”
- Punishments



## REPORTING



- Players, coaches, and family are asked to report any COVID-19 related information to the organization. This includes known exposures and any suspected or test confirmed COVID-19 cases. The email [covid@sanantonioyouthhockey.com](mailto:covid@sanantonioyouthhockey.com) has been established for this purpose and will reach Karl Lautenschlager (Secretary) who has been established as our COVID point of contact.
- COVID-19 cases will be reported to the league and WILL include identifying information per DSTHL reporting protocols.
- Identifying information of reporting individuals will not be released except to board members, coaches, and team managers. However, we will alert the team(s) that a positive COVID-19 individual (player, coach, family member, etc) has been identified and a potential exposure exists. However, information is **NOT** covered by HIPPA protections.
- Reporting individuals are recommended to contact potential exposures (see below). The SAYHA board may assist individuals through the team managers to contact individuals at risk and implement appropriate actions.



## COVID SAFETY OFFICER (CSO)



- Association CSO – Karl Lautenschlager
- Team CSO
  - Team Manager (or their permanent delegate)
  - Alternate – Team Locker Room Monitor (Monitors players and coaches)
  - Second Alternate – Board Member
- Must be present at ALL events
- Responsible for “recording, documenting, and reporting” screening
- Monitoring our team compliance
- Coordinating / discussing with opponent TM/CSO



## FACIAL COVERINGS / SANITATION



- Spectators are required to wear masks at all times
- Team Personnel are required to wear masks at all times when not on the ice and social distancing cannot be maintained
  - All must wear masks in locker room
  - Coaches on the bench, time-keepers, penalty box operator, etc must wear masks at all times
  - Outdoor dryland when social distancing does not require mask
- Penalty box monitor, score keeper, and time keeper must wear gloves and masks
- The penalty box must be sanitized after each use (game)



## SOCIAL DISTANCING



- Maintain 6 feet distancing between personnel and non-related spectators
  - Bench, dryland, stands, etc.
- Arrived dressed prior to entering the locker room
- Limit locker room time to 12 minutes (No coaching)
- No spitting, handshakes, or hugs
- Be cautious during team travel, gatherings, meals, etc.



## SELF HEALTH SCREENINGS

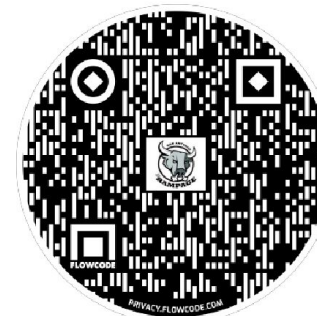


- Mandatory prior to each event
- No examination, touching, etc
- Any positive screening should initiate quarantine, isolation, and/or medical evaluation for testing
- Reviewed by CSO



**10U SILVER TEAM -  
NEEDED FOR PRACTICES  
AND GAMES**

SCAN TO [BIT.LY/10USILVERTEAM](https://bit.ly/10USILVERTEAM)



HOW TO SCAN: OPEN, AIM & TAP



Open the camera  
on your phone



Aim it at the  
Flowcode



Tap the banner  
that appears





# SELF HEALTH SCREENINGS



## 12U Black Covid Form - Team

\* Required

Name \*

Your answer \_\_\_\_\_

Have you run a temperature in the last 24 hours? (Greater than 100.4F) \*

- Yes  
 No

Have you had any of the following symptoms: Shortness of breath or difficulty breathing; cough or other respiratory symptoms; headache; chills; muscle aches; sore throat; congestion or runny nose; new loss of taste or smell; nausea, vomiting, or diarrhea; pain, redness, swelling or rash on toes or fingers; new rash or other skin symptoms; high-risk exposure or prolonged contact with a crowd without physical distancing? \*

- Yes  
 No

Submit

Never submit passwords through Google Forms.



## ATTENDANCE LIMITS



- Practice
  - No spectators
  - Coaches, players, CSO, and locker room monitor
- Games
  - 1 spectator per player
  - Coaches, players, CSO, and locker room manager
  - Timer, score-keeper, penalty box monitor



## QUARANTINE & ISOLATION



- Positive COVID Test
  - ISOLATE for 10 days from symptom onset or positive test if asymptomatic
  - Must be fever free for 24 hours and improving symptoms prior to return
  - Increase to 14 days if severe
- COVID exposed persons
  - Quarantine for 14 days
- Anyone not allowed to work or attend school due to COVID exposure cannot attend events
- ***Please contact the reporting email and I will help choose an appropriate action. However, I am not anyone's personal physician and will recommend they are evaluated by their own provider.***



## TEAM UNFIT TO PLAY



- Teams with 20% drop in roster will be declared unfit to play in all DSTHL activities
- Positive team cases will be evaluated and internal recommendations for team quarantine may be made in order to limit spread.



## PUNISHMENTS



- Mask infractions
  - Coaches – 3 game suspension
  - Players or spectators – 1 game suspension
- “Any team personnel or spectator that does not respect their given suspension may receive harsher suspension or expulsion”