



# In-House vs. Traveling Comparison



	In-House	Traveling
Season	Jan-March, 10 Weeks & no tryouts	October - March - Tryouts in September
Practices	1-2/week, 1 hour each, 6:15, 7:15 or 8:15 (for older 5th/6th graders)	2 practices/week, 1.5 hours each, Times and days will vary (M-F, 5-9 pm)
Games	Saturday mornings with referees, times will vary 8am - 3pm - played in south metro area	Weekend tournament play throughout greater metro area + Rochester
Grades	3rd - 6th grade, as middle school offers 7th-8th	3rd-8th grade boys and girls
Team Formation	Random, with some consideration on height and skill level to try and balance the teams. Number of volunteer coaches looked at too.	Try-outs (September). Impartial and fair process. Teams divided by skill level to make competitive teams. 2-3 teams per grade level based on skill. Minimum number of 8 and max number of 10-12 players per team. Players who do not make a traveling team can register for in-house.
Tournaments	End of Season Tournament for each grade level	8-10 weekend tournaments in metro area. Overnight tournament in Rochester. Tournaments are typically two days (Sat/Sun), each with a minimum of 3 games
Playing Time	Equal	Will vary based on grade and level
Rules	Use MN certified referees and begin to follow MSHSL rules	Mostly utilize MSHSL rules
Coaches	Volunteer coaches who meet concussion/background and PCA trainings. Coaches whose goals are players learn the game while having fun and learning teamwork and sportsmanship.	Volunteer coaches who meet concussion/background and PCA trainings. Head coaches apply to coach and go through an interview process. Assistant coaches are picked by head coaches.
Cost	About \$115/player - pays for jersey, shorts, and gym space	\$400 + \$100 uniform to keep & use for two years. Includes tournaments & gym space.
Volunteer	No volunteer hours required	Volunteer deposit check of \$300 will be collected at the beginning of the season. If the 4 hours of volunteering is not met the check will be cashed.