

	<p>Keep away with movement</p> <p>Play a pass and switch with another player</p> <p>Play 4v1 or 4v2</p>
	<p>Movement to work ball out wide using midfield.</p> <p>Play both ways, move off of ball to create angles to attack the ball.</p> <p>Wingers run for through ball to cross, or link in if opposite winger is crossing.</p> <p>Striker is pulling away from winger to attack cross.</p>
	<p>Passing rotation</p> <p>Looking to move the ball quickly but also to get away from the defender (cones) by making short sharp movements</p> <p>Progress to one touch</p>
	<p>Working in the same shape as the passing rotation</p> <p>Every player must touch the ball before you can go to goal. 4v1 to start then 4v2 to goal.</p> <p>2nd defender can move once last player touches ball.</p> <p>Ley is not to play in the same order..</p>



Finish with 4v4

Looking for movement rotations no standing still

Play with 4 goals to force the players to think wide.

