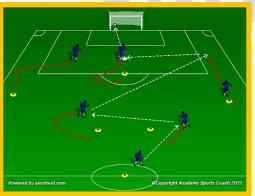


Keep away with movement

Play a pass and switch with another player

Play 4v1 or 4v2



Movement to work ball out wide using midfield.

Play both ways, move off of ball to create angles to attack the ball.

Wingers run for through ball to cross, or link in if opposite winger is crossing.

Striker is pulling away from winger to attack cross.



## Passing rotation

Looking to move the ball quickly but also to get away from the defender (cones) by making short sharp movements

Progress to one touch



Working in the same shape as the passing rotation

Every player must touch the ball before you can go to goal. 4v1 to start then 4v2 to goal.

2<sup>nd</sup> defender can move once last player touches ball.

Ley is not to play in the same order..





Finish with 4v4

Looking for movement rotations no standing still

Play with 4 goals to force the players to think wide.

