

# Fond du Lac High School Wrestling



**2019-2020**

THE ONLY THING YOU DESERVE IS WHAT YOU EARN.

-TOM BRANDS

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**2019-2020 Fond du Lac Wrestling**  
**Accomplishments/Schedule of Events**

Summer 2019

- 2nd Annual Fond du Lac Folkstyle Camp with Nazar Kulchytsky
- Hartford Duals
- New High School Singlets Purchased
- Fond du Lac Wrestling SportsEngine Website Updated

Fall 2019

- Raised Money at 12 Packer Events
- Raised Money Setting Up for Judo Tournaments
- Three Used Mats Purchased for High School from Middleton - \$8700
- Teacher Appreciation Night - Teacher Shirts
- Middle School Coaches: Evers, Fellenz, and Bixby

Winter 2019-2020

- Hosted Fond du Lac Cardinal Invitational
- High School Wrestlers Help Run K-2 Program
- High School: Six Sectional Qualifiers, Two State Qualifiers

Spring 2020

- G/F Season Began with 15 wrestlers from FHS, Chilton, Markesan, WLA
- Youth Regional Cancelled - Coronavirus Quarantine

## 2020 Fond du Lac Wrestling Program Members

### High School

<b>Coaches</b>	<b>Managers</b>	<b>Volunteer Coaches</b>	<b>Head Table</b>
Matt Halter	Jaanika Rosenthal	Ryan Jacobs	Sue Heitzman
Steve Rosencrans	Sydney Kolstad	Jacob Petrie	Pat Osowski (Announcer)
TJ Williams	Jordan Jakubicz	Austin Baatz	Gina Marchionda
Aaron Lakey	Norah Walker	Luke Meihack	Sonja Rosencrans
		Donte Johnson	Marc Meihack (Photos)

### Middle Schools

<b>Sabish</b>	<b>Theisen</b>	<b>Woodworth</b>
Tim Evers	Aaron Fellenz	Bob Bixby
	Mark Henschel	
	Jason Zinn	

### Wrestling Club Coaches

Peter Feldner	Roberto Rodriguez	Nick Waldschmidt
David Vande Avond	Josh Adams (select program)	Mark Henschel
<b>Parent Assistant Coaches</b>	Nick Beattie	Brett Koch
	Charlie Osborn	Sean Twohig

### Wrestling Board

Peter Feldner - President	Matt Halter - HS Head Coach	Ryan Haus - Tournaments
Vice President ( <b>NEEDED</b> )	TJ Williams - HS Coach	Eric Schroeder - WLA
Sarah Kelnhofer - Secretary	Aaron Lakey - HS Coach	Sue Heitzman - FHS Teacher
Mark Henschel - Treasurer	Bob Bixby - MS Coach	Matt Ortegon - Parent
Roberto Rodriguez - Coach	Aaron Fellenz - MS Coach	Amanda McEssey - Parent
Dave Hopper - Sponsor	Tim Evers - MS Coach	Jessica Braun - Parent

**2019-2020 TEAM RESULTS**  
**Fox Valley Association Conference Final Results**

	<b>Dual Points</b>	<b>Conf Meet Points</b>	<b>Total Points</b>
1. Kaukauna	13.5	10	23.5
2. Kimberly	12	9	21
3. Neenah	10.5	8	18.5
4. Hortonville	7.5	7	14.5
5. Oshkosh West	7.5	6	13.5
6. Oshkosh North	7.5	4	11.5
<b>7. Fond du Lac</b>	<b>4.5</b>	<b>5</b>	<b>9.5</b>
8. Appleton North	3	3	6
9. Appleton West	1.5	2	3.5
10. Appleton East	0	1	1

**FVA DUAL Results**

12/5	Fond du Lac 18	vs.	Oshkosh North	57	L	0-1
12/12	Fond du Lac 27	@	Hortonville	49	L	0-2
12/19	Fond du Lac 52	vs.	Appleton West	27	W	1-2
1/2	Fond du Lac 12	@	Kimberly	61	L	1-3
1/9	Fond du Lac 30	@	Oshkosh West	50	L	1-4
1/16	Fond du Lac 18	vs.	Neenah	59	L	1-5
	Fond du Lac 12	vs.	Kaukauna	59	L	1-6
1/23	Fond du Lac 58	@	Appleton East	14	W	2-6
1/30	Fond du Lac 41	vs.	Appleton North	31	W	3-6

Conference Dual Record: **3-6**

Overall Dual Record: **4-10**

**All-Conference Awards**

*1st Team*

Josiah Streblow 160

*2nd Team*

Issac Ortegon 152

Joe Schmitz 285

*HM*

Tristan Lakey 138

Jon Vanna 170

**Sectional Qualifiers**

Logan Schmitz 113

Tristan Lakey 138

Issac Ortegon 145

Josiah Streblow 160

Nick Waldo 182

Joe Schmitz 285

**State Qualifiers**

Issac Ortegon 145 -6th

Josiah Streblow 160 -DNP

## Varsity Tournament Results

- 12/14 **Devils Duals @ WI Dells** *8th out of 16 teams in Consolation Bracket*  
Fond du Lac 12 vs. Stoughton 67 L  
Fond du Lac 39 vs. Cumberland 36 W  
Fond du Lac 30 vs. Iowa-Grant 43 L  
Fond du Lac 36 vs. Lomira 42 L  
Fond du Lac 24 vs. Northwestern 52 L  
*152 Issac Ortegon 5-0, 160 Josiah Streblow 4-1*
- 12/21 **Fond du Lac Cardinal Invitational** 14th place out of 24 teams  
*138 Tristan Lakey 5th, 152 Issac Ortegon 3rd, 160 Josiah Streblow 7th, 285 Joe Schmitz 7th*
- 12/27-12/28 **Oshkosh On The Water** 43rd place out of 67 teams  
*152 Issac Ortegon 2nd*
- 1/11 **Cutler Classic** 9th place out of 17 teams  
*113 Logan Schmitz 8th, 138 Tristan Lakey 7th, 152 Issac Ortegon 3rd, 160 Josiah Streblow 3rd, 182 Nick Waldo 7th, 285 Joe Schmitz 3rd*
- 1/18 **Highlander Invitational - Homestead** 11th out of 27 teams  
*152 Issac Ortegon 1st, 160 Josiah Streblow 2nd, 285 Joe Schmitz 7th*
- 2/2 **FVA Conference Tournament @ FHS** 6th out of 10 teams  
*106 Joe Herrera 4th, 138 Tristan Lakey 3rd, 152 Issac Ortegon 2nd, 160 Josiah Streblow 2nd, 170 Jon Vanna 3rd, 285 Joe Schmitz 2nd*
- 2/9 **WIAA Regional Tournament @ Slinger** 7th out of 8 teams  
*113 Logan Schmitz 5th, 138 Tristan Lakey 4th, 145 Issac Ortegon 2nd, 160 Josiah Streblow 1st, 182 Nick Waldo 4th, 285 Joe Schmitz 2nd*
- 2/16 **WIAA Sectional Tournament @ Oshkosh North** 8th out of 14 teams  
*113 Logan Schmitz DNP, 138 Tristan Lakey DNP, 145 Issac Ortegon 1st,*

160 Josiah Streblow 1st, 182 Nick Waldo DNP, 285 Joe Schmitz 4th

2/21-2/23 **WIAA Individual State Tournament**

145 Issac Ortegon 6th, 160 Josiah Streblow DNP

**Fond du Lac Girl's Wrestling**

Aimee McNabb 1998

Stephany Ingersol 2008-2010

Tiffany Masters 2008-2010 Varsity 7-11

Aaliyah Llanos 2018-2019 JV 0-6 Varsity 3-4

### Varsity Season/Career Records

Name	9	10	11	12	Total
Jon Vanna	4-22	3-8	0-1	14-13	21-44
Forsberg, Tristan	JV	JV	7-10		7-10
Lakey, Tristan	20-11	32-13	26-13		78-37
Ortegon, Issac	29-11	35-7	39-9		103-29
Schmitz, Joe	7-17	21-18	29-15		57-50
Streblow, Josiah	20-21	33-15	34-11		87-47
Roberts, Evan			1-5		1-5
Waldo, Nick	JV	1-3 / JV	16-18		17-21
Herrera, Joe	7-9		13-20		20-29
Chase, Kaidden		1-3			1-3
Santana, Dante	8-9	9-24			17-33
Rauch, Xavier	4-9	6-4			10-13
Javier, David	2-3				2-3
Mendoza, Dallas	2-12				2-12
Schmitz, Logan	15-24				15-24
Schneider, Brody	1-4				1-4
Theisen, Zach	1-4				1-4

### Team Awards

Most Falls - Josiah Streblow 26

Most Wins - Issac Ortegon 39

Most Takedowns - Issac Ortegon 98

Most Reversals - Tristan Lakey 20

Most Escapes - Logan Schmitz 46

100 WIN CLUB - Issac Ortegon

Cardinal Award - Logan Schmitz

Most Improved Wrestler - Nick Waldo

Coaches Choice Award - Jon Vanna

Most Valuable Wrestler - Joe Schmitz

TEAM FIRST Awards - Tristan Forsberg, Xavier Rauch, Zach Theisen

## 2019-2020 Wrestlers of the Week

### Week 1 - **Skipped** (Following Oshkosh North)

\*\*\*A lot of rust and much work to do!

### Week 2 - **Logan Schmitz** (Following Devils Duals)

\*\*\*Hardest worker in practice, came back from strep and losing 7 pounds to wrestle, still bumped up to 120 for the tournament, didn't get pinned and was the reason we defeated Cumberland.

### Week 3/4 - **Issac Ortegon** (Following FDL Cardinal Invite and OTW)

\*\*\*Finished 3rd at Cardinal Invite and 2nd at OTW, mentally prepared for every match, ranked a well-earned 3rd in state.

### Week 5 - **David Javier** (Following Cutler Classic)

\*\*\*Leveled up, started to become aggressive and wrestle tough. A good number of his team ran over to watch his JV match because it was such a noticeable, exciting shift in energy!

### Week 6 - **Tristan Lakey** (Following Double Duals)

\*\*\*Our lone survivor in making it undefeated through the gauntlet of Neenah & Kaukauna.

### Week 7 - **Nick Waldo/Issac Ortegon** (Following Appleton East/Highlander Inv.)

\*\*\*Nick could have easily taken an easy win by forfeit at 182, but he asked his coaches if he could bump up and wrestle at 195. Not only did he bump up, but he got the pin! Issac won his second Highlander Invite and defeated a tough Isaac Riddle in the final (for the second time this year). He was voted as the tournament's Most Outstanding Wrestler.

### Week 8 - **Joe Schmitz and Jon Vanna** (Following Appleton North)

\*\*\*Joe stepped up to wrestle the best match of his career against #10 ranked Wes King of Appleton North for an OT victory giving our team the chance to win the dual. He also came to support his team at the Oakfield Tournament, even though he didn't have to be there! Jon, the last match of the night at Appleton North, wrestled smart when calls weren't going his way and emotions were high to defeat his opponent and solidify our team victory. Jon then wrestled at the Oakfield Tournament, taking third place with four pins!

### Week 9 - **Evan Roberts** (Following Conference Tournament)

\*\*\*Evan is a junior who is out for wrestling for his first season. He has a contagious passion for the sport and is always willing to put the team first. This week he worked hard to make weight for the 106 pound weight class just in case our other 106 pounder was unable to make weight. There was no guarantee that he would wrestle. He just did it because it would help the team perform better at the Conference Tournament, if it came down to it.

### Week 10 - **Josiah Streblow & Logan Schmitz** (Following Regionals)

\*\*\*Spending just over 6 minutes total on the mat, Josiah pinned his way through the bracket to a Regional title. Previously vexed by Oshkosh North's Carly Ochoa, Logan dominated his 5th place match against her to not only keep his Sectional hopes alive but also to end her career!

### Week 11 - **Issac Ortegon & Josiah Streblow** (Following Sectionals)

\*\*\*Issac bounced back from a tough regional loss by dominating Neenah's Drake Hayward 10-4, after a close win to West Bend East's Jordan Ward (7-5), to win the Sectional. Whereas Josiah got revenge over West Bend East's Crosby Schlosser (11-7) to not only qualify for State, but to win the Sectional bracket.

### Week 12 - **Issac Ortegon** (State)

\*\*\*Winning two matches by two or less, Issac wrestled smart to find his way on the podium!

**Fond du Lac Cardinal Wrestling**

**Individual Records**

**2019-2020**

<b><u>Weight</u></b>	<b><u>Wrestler</u></b>	<b><u>Grade</u></b>	<b><u>FVA</u></b>	<b><u>Reg</u></b>	<b><u>Sect</u></b>	<b><u>State</u></b>
106	Joe Herrera	11	4th	DNP		
	<i>2-3 @ Devils Duals</i>					
	<i>DNP at Fondy Cardinal Invite</i>					
	<i>DNP at Lourdes OTW Classic</i>					
	<i>11th at Highlander Invite</i>					
	<i>6th at Oakfield Invite</i>					
113	Evan Roberts	11				
	<i>7th at Devils Duals JV Tournament</i>					
	<i>6th at Cardinal JV Invite</i>					
	<i>4th at Cutler JV Classic</i>					
	<i>11th at Oakfield Invite</i>					
	<i>4th at FVA JV Conference</i>					
113	Dallas Mendoza	9	DNP	DNP		
	<i>1-4 @ Devils Duals</i>					
	<i>2nd at Cardinal JV Invite</i>					
	<i>3rd at Cutler JV Classic</i>					
	<i>1st at FVA JV Conference</i>					
113/120	Logan Schmitz	9	DNP	5th	DNP	
	<i>1-4 @ Devils Duals</i>					
	<i>DNP at Fondy Cardinal Invite</i>					
	<i>8th at Cutler Classic</i>					
	<i>12th at Highlander Invite</i>					
	<i>5th at Oakfield Invite</i>					
126	Dante Santana	10	DNP	DNP		
	<i>3-2 @ Devils Duals</i>					
	<i>DNP at Fondy Cardinal Invite</i>					
	<i>DNP at Cutler Classic</i>					
	<i>16th at Highlander Invite</i>					
	<i>7th at Oakfield Invite</i>					
132	Alberto Vazquez	12				
	<i>1st at Kimberly JV Tournament</i>					
	<i>3rd at Devils Duals JV Tournament</i>					

132	Tristan Forsberg	11					DNP
	<i>5th at Cardinal JV Invite</i>						
	<i>2nd at Kimberly JV Tournament</i>						
	<i>3-2 @ Devils Duals</i>						
	<i>DNP at Fondy Cardinal Invite</i>						
	<i>4th at FVA JV Conference</i>						
138	Tristan Lakey	11		3rd	4th		DNP
	<i>1-4 @ Devils Duals</i>						
	<i>5th at Fondy Cardinal Invite</i>						
	<i>DNP at Lourdes OTW Classic</i>						
	<i>7th at Cutler Classic</i>						
	<i>9th at Highlander Invite</i>						
138	Xavier Rauch	10					DNP
	<i>3rd at Kimberly JV Tournament</i>						
	<i>7th at Cardinal JV Invite</i>						
	<i>2nd at Cutler JV Classic</i>						
	<i>12th at Highlander Invite</i>						
138/145	Quinton Enfeldt	9					
	<i>8th at Devils Duals JV Tournament</i>						
	<i>8th at Cardinal JV Invite</i>						
	<i>2nd at Cutler JV Classic</i>						
	<i>4th at FVA JV Conference</i>						
138/145	Issac Ortegon	11		2nd	2nd	1st	6th
	<i>5-0 @ Devils Duals</i>						
	<i>3rd at Fondy Cardinal Invite</i>						
	<i>2nd at Lourdes OTW Classic</i>						
	<i>3rd at Cutler Classic</i>						
	<i>1st at Highlander Invite (Most Valuable Wrestler)</i>						
145/152	Zach Theisen	9					
	<i>3rd at Kimberly JV Tournament</i>						
	<i>8th at Devils Duals JV Tournament</i>						
	<i>8th at Cardinal JV Invite</i>						
	<i>6th at Oakfield Invite</i>						
	<i>7th at FVA JV Conference</i>						
160	Brody Schneider	9					
	<i>5th at Devils Duals JV Tournament</i>						
	<i>6th at Cardinal JV Invite</i>						
	<i>8th at Oakfield Invite</i>						
152/160	Josiah Streblow	11		2nd	1st	1st	DNP

160/170	Jon Vanna	12	3rd	6th	
170	Koltin Smith	9			
182	Kaiden Chase	10			
170	Nick Waldo	11	DNP	4th	DNP
285	David Javier	9			
285	Joe Schmitz	11	2nd	2nd	4th

## Fond du Lac Cardinal Wrestling

### Mat Stats - Top 10

#### Most Wins

1. Issac Ortegon	39
2. Josiah Streblow	34
3. Joe Schmitz	29
4. Tristan Lakey	26
5. Nick Waldo	16
6. Jon Vanna	14
7. Logan Schmitz	15
8. Joe Herrera	13
9. Dante Santana	9
10. Tristan Forsberg	7

#### Most Near Fall Points

1. Issac Ortegon	72
2. Tristan Lakey	65
3. Josiah Streblow	56
4. Jon Vanna	43
5. Joe Herrera	35
6. Nick Waldo	26
/Logan Schmitz	26
7. Joe Schmitz	21
8. Tristan Forsberg	13
9. Xavier Rauch	11

#### Most Pins (Team Total 164)

1. Josiah Streblow	26
2. Joe Schmitz	22
3. Tristan Lakey	20
4. Issac Ortegon	16
5. Jon Vanna	12
6. Nick Waldo	8
7. Joe Herrera	6
8. Xavier Rauch	5
9. Logan Schmitz	4
/Dante Santana	4

#### Most Reversals

1. Tristan Lakey	20
2. Joe Schmitz	18
3. Josiah Streblow	14
4. Issac Ortegon	13
/Logan Schmitz	13
5. Joe Herrera	11
6. Nick Waldo	8
7. Xavier Rauch	6
8. Jon Vanna	3

#### Most Takedowns

1. Issac Ortegon	98
2. Tristan Lakey	50
3. Josiah Streblow	48
4. Jon Vanna	34
5. Nick Waldo	28
6. Joe Schmitz	23
7. Logan Schmitz	21
8. Joe Herrera	19
9. Dante Santana	10
10. Tristan Forsberg	7
/Brody Schneider	7
/Dallas Mendoza	7

#### Most Escapes

1. Logan Schmitz	46
2. Nick Waldo	38
3. Issac Ortegon	37
4. Dante Santana	24
5. Jon Vanna	23
6. Tristan Lakey	20
7. Joe Herrera	17
8. Josiah Streblow	14
9. Dallas Mendoza	12
10. Joe Schmitz	9
/Dallas Mendoza	9