

BARN FIELD HOCKEY

SEMI - PRIVATE SKILL DEVELOPMENT CLINICS

Who: Any field hockey athlete in the greater Livingston and Washtenaw county area 5th grade or older.

What: 40 minute semi-private (2 person group) skills session
focus on control over the ball, first touch, hand speed and skill development.
5-session packages \$125 (per person) register with a friend OR a second person will be assigned based on time desired and availability.

Where: 4215 Cornwell Ln. Whitmore Lake, MI 48189 (in my pole barn)

When: Monday, November 9th - Thursday, December 17th (5 weeks, 1 session/week).
No sessions the week of November 23rd.

Session Days/Times

Mondays, Tuesdays, Thursdays 3:30, 4:15, 5:00, 5:45, 6:30, 7:15

Wednesdays 3:30, 4:15, 5:45, 6:30 and 7:15

Cost

\$125 per person - 5 sessions

\$200 private sessions - 5 sessions

Why: Hand Speed, first touch and control over the ball are important facets of the field hockey game and the most difficult to attend to in a team practice. The individual attention and repetitive touches on the ball aid in development.

How to register:

Step 1: Email Keely at barnfieldhockey@gmail.com to check availability of the desired time slot and to reserve a spot.

Step 2: Use the link below to register - registration must be completed within 24 hours of confirming spot (step 1) to guarantee your spot - [5 semi private sessions - \\$125](#) per person or [5 private sessions - \\$200](#).

FAQ

1. Can I register for multiple sessions? Yes, you can come multiple times a week, either at the same time (if available) or at different times. However, be aware that you will probably work with multiple coaches if you come on different days.

2. Can I come with a friend? Yes, just please let me know when you are registering and we can work out a time that has space for two athletes.
3. What if I miss? My goal is to work with you and your schedule. While I will work hard to fit you into openings I may have in the schedule, there isn't a ton of room for make-ups and therefore I cannot guarantee absences will be made up.

Current Coaching Staff

- The Coaching staff is anticipated to be:
 - **Amy Binder** - Central Michigan University Field Hockey Alumna, MHSFHA State Champion with Pioneer High School, Dexter High School JV Coach. Amy worked with Barn Field Hockey the last two years.
 - **Emma Tamer** - Current member of the University of Michigan field hockey team. 2-time Big Ten Champion, NFHCA National Defensive Player of the Week and Big Ten Defensive Player of the week October 2019, Junior National Camp, Dexter Field Hockey Alumna.
 - **Casey Fry** - Wittenburg University Field Hockey Alumna. 2-time captain Wittenburg, Chelsea High School Field Hockey coach. Casey worked with Barn Field Hockey last season
 - **Abigail Tamer** - 2019 member U17 USA National Team, Germany Tour. University of Michigan, commit. MHSFHA Player of the Year and Dream Team member 2019, Co-captain Dexter High School Field Hockey Junior National Training Invitee (January 2020).
 - **Keely Tamer** - Director and Head Coach, Barn Field Hockey; Coach Dexter Field Hockey, Former Graduate Assistant Kent State University, University of Michigan Field Hockey Alumna. Keely serves as a substitute coach when needed.

Rationale:

I am committed to helping the competitive level of field hockey rise in Michigan. In talking to middle school, high school and club coaches as well as observing Michigan players in regional and national settings our coaches and players have recognized that a gap in our control over the ball and hand speed exists. In response to this gap, I am offering this development opportunity to anyone in the field hockey community. This structured skill development program is designed for players of all levels as a means to gain better control over the ball. The program is designed to focus on individual skills. The semi-private setting will allow for individual attention to focus on body positioning and hands skill as the athlete progresses through the skill program.