

## **COVID-19 Protocols for Big Lake Schools Facility Use**

In order to maintain the health and safety of staff and children during the coronavirus pandemic, the following practices have been put in place. These practices work in conjunction with the policies and procedures of Big Lake Schools Facility Use Agreements. These practices were created under the guidance of the Centers for Disease Control and Minnesota Department of Health.

### **Screening Requirements:**

Big Lake Schools requires that all staff and visitors to school facilities complete a self assessment before leaving home. Staff and visitors must remain home if they are ill. Parents/Guardians need to be on the alert for signs of illness in their children and keep them home when they are sick.

- Staff/Visitors must be healthy and symptom free for the last 10 days and have a temperature under 100 degrees fahrenheit.
- Symptoms of COVID-19 may include fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, loss of taste or smell, congestion or runny nose, nausea, vomiting, and diarrhea.
- Staff/Visitors who have been in close contact with someone who was diagnosed or suspected to have COVID-19 within the last 14 days cannot attend events on school facilities.
- Staff/Visitors who appear ill will be asked to leave school facilities.
- Be aware that we reserve the right to conduct additional screenings at our discretion.

### **Handwashing Etiquette:**

Basic infection prevention measures are being implemented at our facilities.

- All staff/visitors to the facility will be required to sanitize their hands prior to or immediately upon entering the facility by one of the following methods:
  - Use the nearest restroom to wash hands immediately after entering.
  - Use hand sanitizer when available upon entry or bring their own alcohol based hand sanitizer to use while in the building.
- All staff/visitors are instructed to wash their hands for at least 20 seconds with soap and water or use an alcohol based hand sanitizer frequently while on site.

### **Respiratory Etiquette:**

All individuals are encouraged to wear a manufactured or cloth face mask while in the facility.

- District staff are strongly recommended to wear masks whenever possible while in the building and interacting with the public and staff.
- All individuals are instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. Disposal of tissues or other non-reusable items should be discarded immediately and individuals should wash or sanitize their hands immediately afterwards.

- Cover your Cough signs will be posted throughout Big Lake Schools' buildings.

### **Social Distancing:**

Strategies to maintain social distancing are being implemented in school facilities in the following ways:

- Building and ground use, beginning June 8, is only permitted through approval and coordination with the Community Education and Activities Offices.
- The total number of groups using the building will be limited depending on the facilities requested and the group size.
- Group sizes will be limited to the maximum number of people that a room can accommodate while maintaining 6 feet of distance between people without exceeding the maximum gathering size designated by state or local governments. Group sizes include staff, coaches, participants, and volunteers.
- Groups/organizations must provide their expected maximum attendance at the time they submit a facility use request.
- Activity start and end times will be staggered to minimize the number of people entering the building at the same time and to allow time for cleaning between users as needed. Groups may be assigned staggered entry times to reduce the number of participants arriving at the same time.
- Users will be notified which door to enter and exit through. Different doors may be used for entering and exiting the facility.
- Signage is posted throughout the facility to remind people to maintain social distance of 6 feet whenever possible. Prominent areas where signs may be posted are building entrances, restrooms, classrooms, gymnasiums, and other areas where people generally gather.
- Participants may not use locker rooms except for restroom use. All participants are expected to arrive and leave in the clothes needed for that activity.
- Participants should keep all personal items separate from others.

Facility group size limitations are guided by the Minnesota Department of Health. Space limitations include:

- Basketball/Volleyball Courts 1 pod of 10

### **Cleaning and Disinfection:**

Regular cleaning practices are being implemented, including routine cleaning and disinfecting of work surfaces, equipment, and areas in the work environment, including restrooms, breakrooms, lunch rooms, and meeting rooms. High-touch areas will be cleaned and disinfected regularly. Staff will be provided all necessary cleaning supplies, personal protective equipment, and will be trained in cleaning and disinfecting procedures.

- Facility users are required to provide their own hand sanitizing supplies for before and after practice for participants.
- Facility users are required to provide their own first aid kits.
- Facility users may not use areas that are not listed on their rental permit without prior authorization.
- Use of water fountains is discouraged. Participants in activities should bring their own filled water bottles labeled clearly with their names.

- Rooms, door handles, and other high-touch areas will be cleaned and disinfected between users.

**Personal Equipment:**

Facility users may bring in personal equipment for their own use provided they get approval from the Community Education or Activities office prior to their event. Big Lake Schools reserves the right to refuse the use of personal equipment if we deem it to be a safety or health hazard. Users are expected to sanitize all equipment before bringing it into the facility and immediately before they leave the facility it was used in.

**Illness Tracking:**

Organization/group leaders are required to keep rosters, take attendance and keep attendance records at all activities should the information be needed by the Minnesota Department of Health for tracking purposes.

**Returning to Facilities After Illness:**

Individuals experiencing symptoms of COVID-19 or with a lab-confirmed case of COVID-19 must not return to Big Lake Schools' facilities until these three (3) things have occurred:

1. Fever free for at least 72 hours without the use of fever reducing medication.
2. Other symptoms have improved.
3. At least 10 days have passed since symptoms first appeared.

Individuals who have been in close contact with a person with a lab-confirmed case of COVID-19 or a person experiencing COVID-19 symptoms should stay home for 14 days and monitor symptoms.

**Help Keep Our Community Healthy:**

- Shared/communal food and/or drink is not permitted on school property (buildings and grounds).
- Users are encouraged to share safety concerns with district staff.
- Non-compliant groups will be asked to leave the premises and may be prohibited from reserving district facilities in the future.
- Organizations/groups requesting use of district facilities must provide Big Lake Schools with their COVID-19 preparedness plan prior to facility use.

**Communications and Training:**

This Preparedness Plan was communicated via email to all district staff. Required training was provided to necessary staff. This plan will be updated as necessary. Communication and training will be ongoing.

This plan is available to the public on the Big Lake Schools website and relevant information will be communicated to program participants upon program registration or facility rental.

**Sport/Activity Specific Guidelines:**

**Basketball**

- Must have own basketball
- No contact drills
- If basketballs are shared for drill, gloves must be worn, no mixing of partners and participants/equipment must sanitize after drill.
- Limit skin contact with floor.
- Emphasize individual skill development.
- No team drills where all share basketball.

**COVID-19 Preparedness Plan - Coaches/Instructor/Organization**

Organization/Activity Name: **BLYBA - Youth In-House Program**

Please state specific procedures you will follow to ensure compliance to protocols in the following areas:

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| <p><b>Social Distancing –</b></p> <p><i>Coaches</i><br/><i>Volunteers</i><br/><i>Referees</i><br/><i>Players</i><br/><i>Parents</i><br/><i>Spectators</i></p> | <p><b>Teammates and Coaches</b> will maintain 6 feet apart during individual drills. Individual drills will be a primary focus at practices. If 6 feet apart is unattainable players will be asked to wear their mask to reduce risk of virus transmission.</p> <p><b>Coaches:</b></p> <ul style="list-style-type: none"><li>• Repeatedly remind players not to touch their faces.</li><li>• Maximum of 3 coaches allowed on the bench for each team.</li><li>• Must conduct a daily symptom assessment and stay home if experiencing symptoms.</li><li>• No touch rule – coaches must refrain from high fives, handshake line, and any other physical contact with fellow coaches, opposing coaches, players, referees, and spectators.</li><li>• Coaches must wear face coverings while not actively participating on the court.</li></ul> <p><b>Coaches/Station Volunteers/Referees</b> will need to wear their mask when not actively participating on the court.</p> <p><b>Players</b> will avoid high fiving their teammate.</p> <p><b>Parents</b> will be asked to wait outside in their vehicles or the cafeteria at Liberty will be available for them to wait.</p> |
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|   | <p><b>Parents</b> and/or <b>Spectators</b> will <b>not</b> be allowed at any practices. Parents that are helping at the K/1 stations will be allowed in the gym but <b>must</b> have a mask on.</p>  |
| <p><b>Group Size/Limit Mixing</b></p>   | <p><b>K-1 Grades:</b> Max 10 Players and 1 station volunteer will be allowed at each hoop. And must do their best to maintain a distance of 6 feet from one another.</p> <p><b>2-3 Grades:</b> Max 10 players and 2 coaches on one court at Liberty. Curtain will be dropped if there are two teams practicing to divide each team.</p>  |
| <p><b>Health Screenings:</b></p> <p><i>Parents</i><br/><i>Spectators</i><br/><i>Volunteers</i><br/><i>Referees</i><br/><i>Players</i></p> | <p><b>Parents</b> will be asked to do a health screening on their child before they are brought to practice. We ask that parents take their child's temperature and keep their child home if they are exhibiting any type of COVID-19 symptoms.</p> <p><b>Spectators/Volunteers/Officials</b> must conduct a daily symptom assessment and stay home if they are experiencing symptoms.</p> <p><b><u>Symptoms Parents should be checking for:</u></b></p> <ul style="list-style-type: none"> <li>• fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, fatigue, congestion, or loss of taste or smell. Other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea.</li> </ul> |
| <p><b>Equipment Disinfection</b></p>  | <p>Each player is asked to bring their own basketball to practice and to not share with any other players. If a child doesn't have a basketball of their own, the association will provide them with one they can keep throughout the season.</p> <p>Any basketball that will be shared for team drills will be disinfected before and after.</p> <p>Players will be asked to bring their own water bottle.</p>  |
| <p><b>Hand Sanitizer / Hand Washing</b></p>   | <p>Will provide Hand Sanitizer at each school. Players and coaches will be required to wash to their hands for at least 20 seconds prior to practice and at the completion of practice. Coaches will allow this time into their practice plan.</p>   |



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|   | <ul style="list-style-type: none"> <li>• Bench seating must allow for social distancing to take place.</li> <li>• Spectators – 2 per child, but must remain 6 feet away.</li> </ul>   |
| <p><b>Arriving and Leaving the School</b></p>   | <p><b>All attendees must maintain six feet distance, whenever possible from anyone outside their household.</b><br/> Participants should enter and leave the facility in a timely fashion and not congregate outside or inside the facility.<br/> <b>Following games, they must leave the facility immediately.</b></p> <p>Team meetings may not occur in the facility.</p>   |
| <p><b>COVID-19 Plan for Coaches and Parents:</b></p> <p><b>You think or know you have/had COVID-19 and showed symptoms:</b></p> <p><b>Contact Tracing Protocol:</b></p> | <p>Parents will be asked to keep their son/daughter home if they are exhibiting any type of COVID-19 symptom. We ask parents to contact their coach immediately, so they are aware of the situation.</p> <p><b>COVID-19 Test Positive or Show Symptoms - Guidelines:</b></p> <ul style="list-style-type: none"> <li>• Stay home except to get medical care.</li> <li>• Separate yourself from other people/teammates.</li> <li>• Tell your close contacts, such as your coach.</li> <li>• Monitor your symptoms</li> </ul> <p><b>Returning to Practice – Guidelines:</b></p> <ul style="list-style-type: none"> <li>• Positive COVID test - You can return to practice once it has been 10 days since your symptoms first appeared.</li> <li>• COVID symptoms – 24 hours with no fever without use of fever reducing medications and other COVID symptoms are improving.</li> </ul> <p><b><u>For Players with ONE “less common” symptom:</u></b></p> <ul style="list-style-type: none"> <li>• Evaluate symptom(s) and determine if player is well enough to remain at practice.</li> <li>• Well enough to attend or remain in practice.</li> </ul> <p><b><u>OR</u></b></p> <ul style="list-style-type: none"> <li>• Stay home or send home and consider evaluation from a health care provider and/or COVID-19 test.</li> <li>• Return to practice 24 hours after fever free without fever reducing meds and symptoms improved.</li> </ul> <p><b><u>For players with ONE “more common” symptom OR at least TWO “less common” symptoms:</u></b></p> <ul style="list-style-type: none"> <li>• Player stays home or is sent home.</li> </ul> |

- Evaluation and/or COVID-19 test from a health care provider.
- RECEIVES: Positive COVID-19 test result

**OR**

- RECEIVES: Negative COVID-19 test result OR alternative diagnosis
- **If positive:** Stay at home in isolation for at least 10 days from time symptoms started until symptoms improved AND no fever for 24 hours (without fever reducing meds)
- **If negative:** Player can return to practice if feeling well enough.

**For people who are a close contact with someone who tested positive for COVID-19:**

A **close contact** is a person who was within 6 feet for at least 15 minutes of someone who is infected. This includes anyone who lives in the same household.

- Stay home from all activities for at least 14 days since the last contact with the positive case.
- Even if the player receives a negative test result, they need to complete 14 days of quarantine before returning to practice. Get tested 5-7 days after last contact with the positive case.
- If symptoms develop and/or a positive test result is received.
- Stay at home in isolation for at least 10 days from time symptoms started until symptoms improved AND no fever for 24 hours (without fever reducing medications).