

# **Little Guy Camp 2023**

**June 10 – 11 – 12**

## **June 10, Saturday**

- 9:30 Introduction, Warm Ups & Check In
- 10:00 – 12:00 First Session – Coach Melbs with Sidney Wrestlers
- 12:00 – 2:00 – Lunch – On Your Own
- 2:00 – 3:00 – Second Session Coach Mlebs with Sidney Wrestlers
- 3:00 – 4:00 – Duals Tournament (camp over for the day)

## **June 11, Sunday**

- 10:00 – 12:00 – Third Session
- 12:00 – 2:00 – Lunch – On Your Own
- 2:00 – 3:00 - Fourth Session
- 3:00 – 4:00 – Dual Tournament (camp over for the day)
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## **June 12, Monday**

- 9:30 Technique Camp Registration Starts - Introduction
- 10:00 – 12:00 – Minnesota: Pat McKee, Brayton Lee, Michael Blockus
- 12:00 – 1:30 – Lunch – On Your Own
- 1:30 – 2:30 – McKee – Lee - Blockus
- 2:30 – 4:00 – Take Down Tournament – Awards - Autographs
- Little Guy Camp Finished