Participate in Research

R2Play Focus Groups: Co-creating a simulated sports environment to support return-to-play decision-making following youth concussion



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TO ASK QUESTIONS OR TO SIGN UP, CONTACT

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We invite you to take part in a research study to advance the development of a system that helps youth with concussion return to their sport life (return-to-play).

The system *R2Play*, will be designed using your opinions and feedback.

What is this study about?

We want to learn about the return-to-play experiences of youth with concussion and their guardians, sport coaches and clinicians, to guide the design of the *R2Play* system.

Who can participate?

- Youth athletes and their guardians, sport coaches and clinicians.
- <u>Youth:</u> must have a diagnosis of concussion, be in the age range of 12-18, and participate in competitive junior sports.
- <u>Guardians</u>: must be caregivers to children who experienced concussion.
- <u>Clinicians and coaches</u>: must have at least one-year experience working with youth aged 6-19.
- All participants must be able to attend their focus group session in person and understand English.
- Exclusion criteria includes the inability to provide consent.

What's involved?

• Participants will attend a 2.5 focus group session at Holland Bloorview Hospital.

Potential Benefits?

• By participating, your feedback will help in designing an improved system that will aid experts in assessing return-to-play decisions.

Potential Risks?

• Some participants may feel uncomfortable or worried talking in a group setting.

Participants will receive a small token of appreciation to thank them for their time. Volunteer hours are available upon request.

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