

Game Information

Teams must be ready 15 minutes prior to their scheduled start time

5 minute warm up period

Tag up off sides will be used, Skaters can ice the puck while shorthanded, otherwise all USA hockey rules will be used

Three 15 minute stop time periods

1 minute break between periods

Ice will be resurfaced every 3 periods

Running time will be enforced with a 6 goal lead

The Clock will not stop during running time

Each team is permitted one 1 minute timeout per game

Checking is allowed at 2010 and older, slapshots allowed at all levels

Championship and Third place games will go to a 5 minute overtime and then a 3 man shoot out if tied at the end of overtime

Pool Play

Two points for a win and one point for a tie

Teams will be seeded by the number of points they accumulate within their pool

Tie breakers

Head to Head unless a 3-way tie in accumulated points

Goal differential - 7 goal max per game

Least goals allowed

Highest total goals scored

Coin Flip

Coach and Player conduct

Coaches are responsible for the conduct of their players on and off the ice

Coaches are responsible for making sure their locker room is clean before they leave