UPLOADING PROFILE PICTURE

1. Go to www.usawmembership.com to log into your account

    a. If you do not have an account create, click on Create Account

    b. Once your account is created click on Claim Profile or Create Profile

2. Once logged into account, click on Manage at the top and then Profiles

3. Click on Manage Profile

4. Click on the Edit tab in the middle of screen

5. Click on Choose File to select your profile picture

6. Click on Upload Image to submit your picture for approval

7. Once your profile picture is approved or denied you will receive an email from

    info@usawreslting.org

8. If you have questions or need help, please contact USA Wrestling at 719.598.8181

9. You can scan the QR for a help video