

Regina High Schools Athletic Association

**ACTIVITY
REPORT**



2022 - 2023

2022 - 2023

The RHSAA, through its member schools and student athletes, undertakes the following activities.

To provide complete sponsorship of a diversified inter-scholastic athletic program.

To provide each member school:

- athletic handbook
- membership directory
- administration of the Lorne Aston Scholarship
- administration of the Dr. Paul Schwann Scholarships
- administration of the Ron Pettigrew Scholarship
- presentation of the Jack MacKenzie Perseverance Award

Sponsorship

The RHSAA would like to thank **Viterra** for their commitment to high school athletics by sponsoring city championship medals.



- administration of the RHSAA Coaching Awards
- annual activity report
- pre and post season coaches meeting
- teachers admission card
- administration of league competitions
- RHSAA orientation for new coaches
- administration of city and provincial championships



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Activity Summary

Badminton

Basketball

Cross Country

Curling

Football

Golf

Soccer

Track and Field

Volleyball

Wrestling



2022 - 2023 Activity Summary

Total Registrations

	2020 - 2021	2021-2022	2022-2023
Activities	4	11	11
Leagues	0	25	25
Teams	91	275	274
Schools	16	16	17
Registrations	1759	4245	4577

2022 - 2023 Activity Summary

Registrations by Activity

Activity	2020 - 2021		2021 - 2022		2022 - 2023	
	Teams	Participants	Teams	Participants	Teams	Participants
Badminton			16	401	16	433
Basketball			59	780	60	785
<i>Junior Boys</i>			14	214	15	213
<i>Senior Boys</i>			16	210	17	223
<i>Junior Girls</i>			15	197	13	167
<i>Senior Girls</i>			14	159	15	182
Cross Country	7	60	14	159	15	140
Curling			34	158	40	191
<i>Boys</i>			8	34	8	37
<i>Girls</i>			5	23	7	34
<i>Mixed</i>			7	35	9	49
<i>Junior</i>			14	66	16	71
Football	12	526	12	580	12	556
Golf			12	121	13	133
Fall			10	41	No Golf	No Golf
<i>Spring</i>			12	80	13	133
Hockey			9	179	10	203
Soccer	14	228	21	436	23	443
<i>Boys</i>	6	80	11	246	13	267
<i>Girls</i>	5	64	10	190	10	176
<i>COED</i>	3	84				
Track & Field			15	492	16	638
Volleyball	58	945	55	684	57	744
<i>Junior Boys</i>	9	159	14	182	13	168
<i>Senior Boys</i>	10	162	12	143	13	158
<i>Junior Girls</i>	15	300	15	199	15	215
<i>Senior Girls</i>	13	210	14	160	16	203
<i>COED</i>	11	114				
Wrestling			18	255	22	311
<i>Boys</i>			9	164	11	219
<i>Girls</i>			9	91	11	92

RHSAA Badminton Reports

2022 - 2023

City Badminton Championship - Medal Standings

<p align="center">Boys Singles</p> <p>Gold: Jon Kozak (LeBoldus) Silver: Joe Yuan (Balfour) Bronze: Ben Gates (Sheldon-Williams)</p>	<p align="center">Girls Singles</p> <p>Gold: Nataly Eng (O'Neill) Silver: Sophie O'Neill (Campbell) Bronze: Le Gia An Nguyen (F.W. Johnson)</p>
<p align="center">Boys Doubles</p> <p>Gold: Caleb Woodrow/Mathew Takach (LeBoldus) Silver: Daniel Xu/Jackson Lai (Campbell) Bronze: William Pham/Alex Pham (Riffel)</p>	<p align="center">Girls Doubles</p> <p>Gold: Jiayan Cau/Ronggu Liu (Campbell) Silver: Nikki Ocreto/Victoria Pamaran (O'Neill) Bronze: Jasmine Pham/Love Maglangit (Riffel)</p>
<p align="center">Mixed Doubles</p> <p>Gold: Jung Hao Cau/Jenny Chen (Campbell) Silver: Duane Sicat/Althea Pesquera (O'Neill) Bronze: Daniel Meyer/Abby Caberte (LeBoldus)</p>	

City Champions

	Boys Singles	Girls Singles	Boys Doubles	Girls Doubles	Mixed Doubles	City Champs
2023	LeBoldus	O'Neill	LeBoldus	Campbell	Campbell	Campbell
2022	LeBoldus	O'Neill	LeBoldus	Campbell	O'Neill	No longer awarded
2021	Uncontested	Uncontested	Uncontested	Uncontested	Uncontested	Uncontested
2020	Uncontested	Uncontested	Uncontested	Uncontested	Uncontested	Uncontested
2019	O'Neill	O'Neill	O'Neill	O'Neill	Campbell	O'Neill
2018	O'Neill	O'Neill	O'Neill	O'Neill	O'Neill	O'Neill
2017	Balfour	O'Neill	O'Neill	O'Neill	O'Neill	O'Neill
2016	Thom	O'Neill	Luther	O'Neill	O'Neill	O'Neill
2015	Thom	Thom	Luther	O'Neill	LeBoldus	O'Neill
2014	Riffel	Thom	LeBoldus	O'Neill	LeBoldus	O'Neill
2013	O'Neill	Luther	LeBoldus	O'Neill	Luther	O'Neill & Luther
2012	Miller	LeBoldus	LeBoldus	O'Neill	Luther	O'Neill
2011	O'Neill	LeBoldus	LeBoldus	O'Neill	O'Neill	O'Neill
2010	LeBoldus	LeBoldus	Riffel	O'Neill	Luther	O'Neill
2009	LeBoldus	LeBoldus	Riffel	O'Neill	Riffel	O'Neill

Badminton Provincials

Regionals	
Girls Singles	Boys Singles
1st - Nataly Eng (O'Neill)	1st - Jon Kozak (LeBoldus)
2nd - Sophie O'Neill (Campbell)	2nd - Joe Yuan (Balfour)
Girls Doubles	Boys Doubles
1st - Ronggu Liu/Jiayan Cau (Campbell)	1st - Caleb Woodrow/Mathew Takach (LeBoldus)
	2nd - Daniel Xu/Jackson Lai (Campbell)
Mixed Doubles	
1st - Jung Hao Cau/Jenny Chen (Campbell)	
2nd - Duane Sicat/Althea Pesquera (O'Neill)	

Provincials	
Girls Singles	Boys Singles
Gold: Nataly Eng (O'Neill)	Gold: Jon Kozak (LeBoldus)
Silver: Sophie O'Neill (Campbell)	Bronze: Joe Yuan (Balfour)
Girls Doubles	Boys Doubles
Gold: Ronggu Liu/Jiayan Cau (Campbell)	Gold: Caleb Woodrow/Mathew Takach (LeBoldus)
	Bronze: Daniel Xu/Jackson Lai (Campbell)
Mixed Doubles	
Silver - Jung Hao Cau/Jenny Chen (Campbell)	

RHSAA Basketball Reports

2022 - 2023

Senior Girls Basketball - Blue Division

Final Standings

School	Games	Wins	Losses	Points
Riffel	7	7	0	14
Harvest City	7	5	2	10
Campbell	7	5	2	10
O'Neill	7	4	3	8
Winston Knoll	7	3	4	6
Miller	7	2	5	4
Sheldon-Williams	7	2	5	4
LeBoldus	7	0	7	0

Quarter Finals		Semi Finals	
Riffel	65	Riffel	82
LeBoldus	53	Winston Knoll	65
Winston Knoll	67	Harvest City	86
O'Neill	58	Campbell	68
Campbell	76	City Final	
Sheldon-Williams	72	Riffel	71
		Harvest City	53
Harvest City	73		
Miller	44	Provincials	
		5A Riffel	Gold
		5A Harvest City	Silver

City Champions

Year	Team	Year	Team
2023	Riffel	2017	Campbell
2022	Campbell	2016	Campbell
2021	Uncontested	2015	Campbell
2020	LeBoldus vs Riffel - uncontested	2014	Campbell
2019	LeBoldus	2013	LeBoldus
2018	LeBoldus	2012	LeBoldus

Senior Boys Basketball - Blue Division

Final Standings

School	Games	Wins	Losses	Points
Riffel	8	0	0	16
Miller	8	6	2	12
Campbell	8	5	3	10
Winston Knoll	8	5	3	10
Martin	8	4	4	8
LeBoldus	8	3	5	6
Sheldon-Williams	8	2	6	4
Regina Christian	8	2	6	4
O'Neill	8	1	7	2

Quarter Finals		Semi Finals	
Riffel	118	Riffel	74
O'Neill	77	Martin	66
Martin	76	Miller	92
Winston Knoll	69	Campbell	81
Campbell	74	City Final	
LeBoldus	65	Riffel	93
		Miller	81
Miller	85		
Sheldon-Williams	61	Provincials	
		3A Regina Christian	Gold
		5A Riffel	Bronze

City Champions

Year	Team	Year	Team
		2015	LeBoldus
2023	Riffel	2014	LeBoldus
2022	Harvest City	2013	Campbell
2021	Uncontested	2012	Riffel
2020	Winston Knoll vs LeBoldus - Uncontested	2011	LeBoldus
2019	LeBoldus	2010	Luther
2018	Campbell	2009	Campbell
2017	LeBoldus	2008	LeBoldus
2016	LeBoldus	2007	Sheldon-Williams

Senior Girls Basketball - White Division

Final Standings

School	Games	Wins	Losses	Points
F.W. Johnson	6	5	1	10
Laval	6	5	1	10
Regina Christian	6	4	2	8
Thom	6	4	2	8
Luther	6	1	5	2
Balfour	6	1	5	2
Martin	6	1	5	2

Quarter Finals		Semi Finals	
Regina Christian	72	Laval	53
Martin	51	Regina Christian	51
Thom	55	F.W. Johnson	53
Luther	48	Thom	37
F.W. Johnson	58	City Final	
Balfour	33	Laval	63
		F.W. Johnson	51
		Provincials	
		2A Laval	Gold

City Champions

Year	Team	Year	Team
2023	Laval	2014	Notre Dame
2022	Luther	2013	Lumsden
2021	Uncontested	2012	Lumsden
2020	Harvest City	2013	Lumsden
2019	Harvest City	2012	Lumsden
2018	Regina Christian	2011	Lumsden
2017	Lumsden	2010	Lumsden
2016	Lumsden	2009	Greenall
2015	Luther	2008	Luther

Senior Boys Basketball - White Division

Final Standings

School	Games	Wins	Losses	Points
Harvest City	7	7	0	14
Luther	7	6	1	12
F.W. Johnson	7	5	2	10
Scott	7	4	3	8
Thom	7	2	5	4
Laval	7	2	5	4
Regina Huda	7	2	5	4
Balfour	7	0	7	0

Quarter Finals		Semi Finals	
Thom	78	Luther	97
Regina Huda	49	Thom	93
Scott	88	F.W. Johnson	81
Laval	64	Scott	77
F.W. Johnson	85	City Final	
Balfour	60	Luther	93
		F.W. Johnson	91
		Provincials	

City Champions

Year	Team	Year	Team
2023	Luther	2014	Harvest City
2022	Regina Christian	2013	O'Neill
2021	Uncontested	2012	O'Neill
2020	Harvest City	2011	Harvest City
2019	Regina Christian	2010	Lumsden
2018	Regina Christian	2009	Martin
2017	Regina Christian	2008	FW Johnson
2016	Martin	2007	Regina Christian
2015	Regina Christian	2006	FW Johnson

Junior Girls Basketball - Blue Division

Final Standings

School	Games	Wins	Losses	Points
Miller	7	0	0	14
Campbell	7	6	1	12
Balfour	7	5	2	10
Winston Knoll	7	4	3	8
Sheldon-Williams	7	3	4	6
O'Neill	7	2	5	4
Riffel	7	1	6	2
LeBoldus	7	0	7	0

Quarter Finals		Semi Finals	
Miller	48	Miller	64
LeBoldus	35	Winston Knoll	44
Winston Knoll	62	Balfour	60
Sheldon-Williams	53	Campbell	37
Balfour	66	City Final	
O'Neill	57	Miller	75
		Balfour	35
Campbell	57		
Riffel	45		

City Champions

Year	Team	Year	Team
2023	Miller	2013	Campbell
2022	Miller	2012	Campbell
2021	Uncontested	2011	Riffel
2020	Campbell vs Sheldon - uncontested	2010	LeBoldus
2019	LeBoldus	2009	Campbell
2018	Campbell	2008	Riffel
2017	O'Neill	2007	Campbell
2016	Campbell	2006	Campbell
2015	Campbell	2005	Campbell
2014	Campbell	2004	LeBoldus

Junior Girls Basketball - White Division

Final Standings

School	Games	Wins	Losses	Points
Regina Christian	7	6	1	12
Martin	6	3	3	6
Thom	6	3	3	6
Luther	6	2	4	4
F.W. Johnson	5	1	4	2

Quarter Finals		Semi Finals	
Luther	62	Luther	48
F.W. Johnson	42	Regina Christian	34
		Martin	48
		Thom	43
		City Final	
		Luther	37
		Martin	36

City Champions

Year	Team	Year	Team
2023	Luther	2014	Lumsden
2022	Laval	2013	Lumsden
2021	Uncontested	2012	Lumsden
2020	Johnson vs Thom - uncontested	2011	Greenall
2019	Thom	2010	FW Johnson
2018	Greenall	2009	Regina Christian
2017	Regina Christian	2008	Notre Dame
2016	Lumsden	2007	Luther
2015	Miller	2006	Lumsden

Junior Boys Basketball - Blue Division

Final Standings - Blue Division

School	Games	Wins	Losses	Points
O'Neill	7	6	1	12
Campbell	7	6	1	12
LeBoldus	7	5	2	10
Martin	7	4	3	8
Winston Knoll	7	3	4	6
Riffel	7	2	5	4
Miller	7	1	6	2
Luther	7	1	6	2

Quarter Finals		Semi Finals	
Campbell	74	Campbell	47
Miller	46	Martin	44
Martin	58	O'Neill	84
Winston Knoll	47	Riffel	63
Riffel	78	City Final	
LeBoldus	55	O'Neill	82
		Campbell	63
O'Neill	82		
Luther	60		

City Champions

Year	Team	Year	Team
2023	O'Neill	2015	Campbell
2022	Riffel	2014	LeBoldus
2021	Uncontested	2013	LeBoldus
2020	Miller vs LeBoldus - uncontested	2012	Balfour
2019	Miller	2011	Campbell
2018	LeBoldus	2010	Balfour
2017	Miller	2009	Balfour
2016	LeBoldus	2008	Campbell

Junior Boys Basketball - White Division

Final Standings

School	Games	Wins	Losses	Points
Sheldon-Williams	6	6	0	12
F.W. Johnson	6	4	2	8
Balfour	6	4	2	8
Thom	6	4	2	8
Regina Christian	6	2	4	4
Laval	6	1	5	2
Scott	6	0	6	0

Quarter Finals		Semi Finals	
Balfour	75	Sheldon-Williams	76
Regina Christian	67	Balfour	62
F.W. Johnson	51	Thom	65
Laval	37	F.W. Johnson	42
Thom	74	City Final	
Scott	29	Sheldon-Williams	69
		Thom	63

City Champions

Year	Team	Year	Team
2023	Sheldon-Williams	2012	Miller
2022	Winston Knoll	2011	Miller
2021	Uncontested	2010	Martin
2020	Martin vs Balfour - uncontested	2009	Scott
2019	F.W. Johnson	2008	Scott
2018	Laval	2007	Greenall
2017	Regina Christian	2006	Lumsden
2016	Regina Christian	2005	Scott
2015	Johnson	2004	Miller
2014	Regina Christian	2003	Campbell
2013	Regina Christian	2002	Campbell

RHSAA Cross Country Reports

2022 - 2023

City Championship			Boys' Overall			Girls' Overall		
1st	Laval	797 points	1st	Campbell	475 points	1st	Laval	462 points
2nd	Campbell	776 points	2nd	Laval	335 points	2nd	Campbell	301 points
3rd	Sheldon-Williams	540 points	3rd	Sheldon-Williams	270 points	3rd	LeBoldus	295 points
4th	Winston Knoll	402 points	4th	Riffel	266 points	4th	Sheldon-Williams	235 points

Team Results

	Senior Boys	Junior Boys	Intermediate Boys
1st	Campbell - 184 points	Laval - 199 points	Luther - 160 points
2nd	Sheldon-Williams - 137 points	Campbell - 188 points	Riffel - 136 points
3rd	LeBoldus - 125 points	Riffel - 57 points	Sheldon-Williams - 133 points
	Senior Girls	Junior Girls	Intermediate Girls
1st	Campbell - 262 points	Laval - 141 points	Laval - 198 points
2nd	Laval - 123 points	Winston Knoll - 129 points	Sheldon-Williams - 197 points
3rd	Winston Knoll - 95 points	LeBoldus - 108 points	Miller - 138 points

Individual City Champions

	Senior Boys	Junior Boys	Intermediate Boys
1st	Brett MacLean (Sheldon-Williams)	Jackson Tremblay (Laval)	Carter Brilz (Riffel)
2nd	Adonias Downes (Riffel)	Lazlo Paradis (Campbell)	Joe Allan (Campbell)
3rd	Killian Naughton (LeBoldus)	Luke Binns (Campbell)	Easton Tythandsvik (Riffel)
	Senior Girls	Junior Girls	Intermediate Girls
1st	Eve Ouellet (Laval)	Vienna Selland (Laval)	Hannah Gates (Sheldon-Williams)
2nd	Gabrielle Kaban (Campbell)	Emilee Rieger (LeBoldus)	Sofia Ouellet (Laval)
3rd	Harper Lebell (Sheldon-Williams)	Katarina McGarth (Balfour)	Hampton Lebell (Sheldon-Williams)

City Champions

		2008	Campbell
2022	Laval	2007	LeBoldus
2021	Campbell	2006	LeBoldus
2020	Uncontested	2005	LeBoldus
2019	Campbell	2004	LeBoldus
2018	Campbell	2003	LeBoldus
2017	Campbell	2002	Sheldon
2016	Luther	2001	Sheldon
2015	Luther	2000	LeBoldus
2014	Campbell	1999	Sheldon
2013	Campbell	1998	Sheldon
2012	Campbell	1997	Sheldon
2011	Campbell	1996	Sheldon
2010	Campbell	1995	Miller
2009	LeBoldus	1994	Miller

Cross Country Provincials

School Team Totals			
2A		5A	
1st	Laval - 15 points	2nd	Sheldon-Williams - 21 points
		4th	LeBoldus - 26 points
		8th	Campbell - 48 points
		18th	Winston Knoll - 122 points

District Team Totals	
Intermediate Boys	4th - 89 points
Intermediate Girls	1st - 28 points
Junior Boys	6th - 126 points
Junior Girls	2nd - 44 points
Senior Boys	1st - 16 points
Senior Girls	2nd - 48 points

Cross Country Provincials

Senior Boys			
1st	Killian Naughton	LeBoldus	17:05
4th	Henry Bristol	LeBoldus	17:25
5th	Brett MacLean	Sheldon-Williams	17:39
6th	Adonias Downes	Riffel	17:58
12th	Ian Teichler	Campbell	19:02
13th	Easton Derkatch	Winston Knoll	19:03
18th	Ben Gates	Sheldon-Williams	19:38
32nd	James Weimer	Campbell	21:14
37th	Devonte Araya	F.W. Johnson	21:54
77th	Max Seidler	Campbell	24:58
Senior Girls			
3rd	Eve Ouellet	Laval	16:55
5th	Gabby Kaban	Campbell	17:23
6th	Harper Lebell	Sheldon-Williams	17:33
34th	Lexi Switzer	Winston Knoll	20:23
35th	Kira Dureault	Laval	20:33
36th	Jocelyn Haider	Riffel	20:36
37th	Ciara Switzer	Winston Knoll	20:45
47th	Eva Firnesz	LeBoldus	21:23
Junior Boys			
8th	Jackson Tremblay	Laval	15:27
25th	Lazlo Paradis	Campbell	16:35
46th	Luke Binns	Campbell	17:40
47th	Noah Rein-Koroluk	Laval	17:42
55th	Benjamin Brisebois	Laval	17:55
84th	Chadley Sacoco	Riffel	19:31
88th	William Oblinski	Campbell	20:24
91st	David Paraiso	Harvest City	20:58

Junior Girls			
1st	Vienna Selland	Laval	16:47
6th	Emilee Reiger	LeBoldus	17:35
15th	Leanne Bolstad	Martin	19:14
22nd	Katarina McGrath	Balfour	19:57
24th	Addyson Celin	LeBoldus	20:00
34th	Tanvi Amaroo	Laval	20:52
36th	Emily Fernandez	Regina Christian	20:56
38th	Megan Zimbaluk	Winston Knoll	21:19
51st	Megan Perreaux	Laval	23:30
53rd	Janelle Kemery	Winston Knoll	24:01
Intermediate Boys			
11th	Joe Allen	Campbell	11:37
20th	Mohammad Hamid	Campbell	12:19
23rd	Carter Brilz	Riffel	12:26
35th	Ashar Rizvi	Luther	12:55
41st	Jamison Dent	Laval	13:03
50th	Barron Kimens	Sheldon-Williams	13:15
51st	Victor Burden	Luther	13:15
60th	Nolan Sax	Luther	13:30
71st	Finn McIntyre	Winston Knoll	14:04
86th	Samuel Ash	Sheldon-Williams	14:45
Intermediate Girls			
2nd	Hannah Gates	Sheldon-Williams	11:59
3rd	Sofia Ouellet	Laval	12:28
8th	Hampton Lebell	Sheldon-Williams	12:48
15th	Eryn Firnesz	LeBoldus	13:42
38th	Milene Card	Laval	14:49
48th	Lola Klein	Miller	15:06
50th	Stephanie Adelman	Campbell	15:08
66th	Bella Kurz	Balfour	15:44
72nd	Dylane Hoang	Laval	16:00

RHSAA Curling Reports

2022 - 2023

Senior Girls	Pool A					
Team	School	Games	Wins	Losses	Ties	Points
Ladouceur	Winston Knoll	6	6	0	0	12
Stratulat	Sheldon-Williams	6	5	1	0	10
Liske	O'Neill	6	3	2	1	7
Zerr	LeBoldus	6	3	3	0	6
Lazurko	Miller	6	2	4	0	4
Fink-Reed	Thom	6	1	5	0	2
Evert	LeBoldus	6	0	5	1	1

Senior Boys	Pool A					
Team	School	Games	Wins	Losses	Ties	Points
Sawicki	Campbell	7	6	1	0	12
Moulding	LeBoldus	7	5	1	1	11
Park	Winston Knoll	7	4	2	1	9
Kalynka	Miller	7	4	3	0	8
Kitz	Riffel	7	3	4	0	6
Bromm	Luther	7	2	5	0	4
Berkan	Campbell	7	2	5	0	4
Shurman	Sheldon-Williams	7	1	6	0	2

Mixed	Pool A					
Team	School	Games	Wins	Losses	Ties	Points
Clark	Balfour	7	7	0	0	14
Arnold	LeBoldus	8	6	2	0	12
Pederson	FW Johnson	7	5	2	0	10
Bjornson	Martin	8	5	3	0	10
Wensel	Balfour	7	4	3	0	8
Oblinski	Campbell	7	3	4	0	6
Mutschler	Riffel	7	1	6	0	2
Cressman	Regina Christian	7	1	6	0	2
Duguay	Regina Christian	8	1	7	0	2

Junior	Pool A					
Team	School	Games	Wins	Losses	Ties	Points
Cossar	Miller	7	7	0	0	14
Slywka	Winston Knoll	7	5	2	0	10
Carnie	O'Neill	7	3	3	1	7
Sandercock	Balfour	7	3	3	1	7
Allen	Winston Knoll	7	2	3	2	6
Achter	Riffel	7	2	3	2	6
Tondevold	Thom	7	1	5	1	3
Mutschler	Riffel	7	1	5	1	3

Junior	Pool B					
Team	School	Games	Wins	Losses	Ties	Points
Manz	Riffel	7	6	0	1	13
Holmberg	Miller	7	6	0	1	13
Riddell	Winston Knoll	7	4	3	0	8
Macdonald	Sheldon-Williams	7	3	4	0	6
Woodard	Luther	7	3	4	0	6
Galon	Campbell	7	2	5	0	4
Lawrence	LeBoldus	7	2	5	0	4
Nepacena	Riffel	7	1	6	0	2

RHSAA Curling Reports

2022 - 2023

Senior Girls Playoffs			Senior Boys Playoffs		
Quarter-final	Zerr - LeBoldus	9	Quarter-final	Sawicki - Campbell	15
	Lazurko - Miller	4		Shurman - Sheldon-Williams	1
	Fink-Reed - Thom	6		Kitz - Riffel	10
	Liske - O'Neill	4		Kalynka - Miller	2
	Evert - LeBoldus	5		Park - Winston Knoll	12
	Stratulat - Sheldon-Williams	3		Berkan - Campbell	1
Semi-Final	Ladouceur - Winston Knoll	14		Moulding - LeBoldus	15
	Zerr - LeBoldus	5		Bromm - Luther	2
	Fink-Reed - Thom	11	Semi-Final	Sawicki - Campbell	8
	Evert - LeBoldus	4		Kitz - Riffel	3
Final	Ladouceur - Winston Knoll	14		Moulding - LeBoldus	8
	Fink Reed - Thom	1		Park - Winston Knoll	2
Bronze	Zerr - LeBoldus	14	Final	Moulding - LeBoldus	16
	Evert - LeBoldus	7		Sawicki - Campbell	1
Final Standings			Bronze	Park - Winston Knoll	10
Gold	Winston Knoll			Kitz - Riffel	4
Silver	Thom				
Bronze	LeBoldus		Final Standings		
			Gold	LeBoldus	
Provincials	No team champions		Silver	Campbell	
			Bronze	Winston Knoll	
			Provincials	No team champions	

Open Mixed Playoffs			Junior Playoffs		
Quarter-final	Clark - Balfour	8	Quarter-final	Cossar - Miller	6
	Mutschler - Riffel	4		Macdonald - Sheldon-Williams	3
	Arnold - LeBoldus	9		Slywka - Winston Knoll	6
	Wensel - Balfour	3		Carnie - O'Neill	6
	Bjornson - Martin	4		Riddell - Winston Knoll	5
	Oblinski - Campbell	3		Holmberg - Miller	4
	Pederson - FW Johnson	6		Manz - Riffel	9
	Cressman - Regina Christian	4		Sandercock - Balfour	5
Semi-final	Clark - Balfour	12	Semi-final	Cossar - Miller	11
	Arnold - LeBoldus	0		Slywka - Winston Knoll	2
	Pederson - FW Johnson	8		Manz - Riffel	12
	Bjornson - Martin	6		Riddell - Winston Knoll	1
Final	Pederson - FW Johnson	7	Final	Cossar - Miller	14
	Clark - Balfour	4		Manz - Riffel	5
Bronze	Arnold - LeBoldus	7	Bronze	Riddell - Winston Knoll	9
	Bjornson - Martin	6		Slywka - Winston Knoll	4
Final Standings			Final Standings		
Gold	FW Johnson		Gold	Miller	
Silver	Balfour		Silver	Riffel	
Bronze	LeBoldus		Bronze	Winston Knoll	
Provincials	No team champions				

City Curling Champions				
Year	Senior Boys	Senior Girls	Open Mixed	Junior
2023	LeBoldus	Winston Knoll	FW Johnson	Miller
2022	Winston Knoll	Winston Knoll	LeBoldus	Balfour
2021	Uncontested	Uncontested	Uncontested	Uncontested
2020	Campbell	Thom	LeBoldus	Campbell
2019	LeBoldus	Campbell	O'Neill	Winston Knoll
2018	LeBoldus	Campbell	Thom	LeBoldus

RHSAA Football Reports - Schwann Conference

2022 - 2023

Team	Games	Wins	Losses	Ties	Points
Miller	5	5	0	0	10
Riffel	5	4	1	0	8
LeBoldus	5	3	2	0	6
O'Neill	5	2	3	0	4
Winston Knoll	5	1	4	0	2
Campbell	5	0	5	0	0

Quarter-Finals:	Winston Knoll	22	O'Neill	19
	LeBoldus	39	Campbell	14
Semi-Finals:	Miller	29	Winston Knoll	1
	LeBoldus	26	Riffel	16
City Final:	Miller	49	LeBoldus	7
Provincials:	Miller (Gold)			

Kiwanis Bowl

Final	Balfour	9
	Thom	2

CTV Citizenship Award	No nominee
RHSAA Sportsmanship Banner	Archbishop M.C. O'Neill Catholic High School
Gerry Thompson Award	Grady Fry (Campbell Collegiate)

RHSAA Football Reports - Stewart Conference

2022 - 2023

Team	Games	Wins	Losses	Ties	Points
Greenall	5	5	0	0	10
F.W. Johnson	5	4	1	0	8
Sheldon-Williams	5	3	2	0	6
Martin/Luther	5	2	3	0	4
Balfour	5	1	4	0	2
Thom	5	0	5	0	0

Quarter-Finals:				
Semi-Finals:	Greenall	41	Martin/Luther	9
	Sheldon-Williams	5	F.W. Johnson	0
City Final:	Greenall	27	Sheldon-Williams	8
Provincials:	Greenall (Silver)			

CTV Citizenship Award	No nominee
RHSAA Sportsmanship Banner	Thom Collegiate

SHSAA Provincial Fall Championships - 2022

Boys

Name	School	Two Day Score	Placing
Kyler Kohli	Riffel	166	14th
Jordan Heller	Campbell	172	22nd

Girls

Name	School	Two Day Score	Placing
Kira Diabagate-Dureault	Laval	225	21st

RHSAA Spring City Championships - 2023

Sr. Boys

Name	School	Score
Jack Bechard	Martin	70
Casey Brown	Martin	71
Jon Kozak	LeBoldus	74

Girls

Name	School	Score
Tayla Perry	Campbell	89
Sophie Caswell	Martin	101
Kira Dureault-Diabagate	Laval	106

Jr. Boys

Name	School	Score
Jordan Heller	Campbell	72
Aiden Walker	Martin	78
Ryden Amberson	Miller	79

RHSAA Soccer Reports - Boys

2022 - 2023

Blue Division				
School	Wins	Losses	Ties	Points
Campbell	6	0	0	12
Sheldon-Williams	5	1	0	10
LeBoldus	4	2	0	8
Winston Knoll	2	3	1	5
Miller	1	4	1	3
O'Neill	1	5	0	2
Riffel	1	5	0	2

Quarter-finals:	Miller	12		Winston Knoll	0
	O'Neill	6		LeBoldus	0
	Sheldon-Williams	8		Riffel	2
Semi-finals:	Campbell	5		Miller	1
	O'Neill	4		Sheldon-Williams	2
City-final:	Campbell	5		O'Neill	2
Provincials:					

White Division				
School	Wins	Losses	Ties	Points
Thom	6	0	0	12
Laval	5	1	0	10
Regina Huda	4	2	0	8
Luther	2	4	0	4
F.W. Johnson	1	5	0	2
Balfour	0	6	0	0

Quarter-finals:	F.W. Johnson	7		Luther	1
	Regina Huda	12		Balfour	0
Semi-finals:	Thom	2		F.W. Johnson	1
	Laval	5		Regina Huda	3
City-final:	Laval	3		Thom	2
Provincials:					

RHSAA Soccer Reports - Girls

2022 - 2023

Blue Division				
School	Wins	Losses	Ties	Points
Campbell	6	0	0	12
LeBoldus	4	2	0	8
Miller	4	2	0	8
O'Neill	1	5	0	2
Riffel	0	6	0	0

Quarter-finals:	O'Neill	8		Riffel	0
Semi-finals:	O'Neill	4		Campbell	3
	LeBoldus	2		Miller	0
City-final:	O'Neill	2		LeBoldus	1
Provincials:					

White Division				
School	Wins	Losses	Ties	Points
Sheldon-Williams	5	0	0	10
Winston Knoll	5	1	0	10
Luther	1	3	1	3
Thom	1	3	1	3
Balfour	0	5	0	0

Quarter-finals:	Thom	9		Balfour	0
Semi-finals:	Sheldon-Williams	8		Thom	1
	Luther	4		Winston Knoll	2
City-final:	Sheldon-Williams	2		Luther	1
4A Provincials:	Luther (Gold)				

RHSAA Track and Field Reports

2022 - 2023

Regina City Track Meet - Overall School Points	
School	Points
Michael A. Riffel Catholic High School	620
Campbell Collegiate	515
Archbishop M.C. O'Neill Catholic High School	415.50
Martin Collegiate	323.50
Miller Comprehensive Catholic High School	260.50
Dr. Martin LeBoldus Catholic High School	256.50
École Monseigneur de Laval	254
Luther College High School	253.50
Sheldon-Williams Collegiate	169
Winston Knoll	124
Thom Collegiate	118.50
Regina Christian School	53
Balfour Collegiate	52
Scott Collegiate	21
F.W. Johnson Collegiate	21

RHSAA Top 3 Individual Aggregate					
Intermediate Boys			Intermediate Girls		
1st Cooper Englot	Riffel	34	1st Hannah Gates	Sheldon-Williams	38
2nd William Barnes	Riffel	25	2nd Sofia Ouellet	Laval	32
2nd Makeo Poirier	Laval	25	3rd Amara Ibediro	Luther	28
			3rd Bauer Gavel	Balfour	28
Junior Boys			Junior Girls		
1st Justin Justin Ngweto	O'Neill	38	1st Raina Haus	Campbell	38
2nd Raimon Libanos	O'Neill	30	2nd Brianna Shupe	Martin	36
3rd Jackson Tremblay	Laval	28	3rd Nifemi Oni	Miller	30
			3rd Vienna Selland	Laval	30
Senior Boys			Senior Girls		
1st Brett MacLean	Sheldon-Williams	38	1st Victoria Culbert	LeBoldus	36
2nd Ben Gates	Sheldon-Williams	29	2nd Eve Ouellet	Laval	34
3rd Dominic Topos	O'Neill	24	3rd Hope Adebogun	O'Neill	29

RHSAA Track and Field Reports

2022 - 2023

SHSAA Provincial District Scores	2023	2022	2021 Uncontested	2020 Uncontested	2019	2018
Saskatoon	1934.5	1876.5			2007.5	2012
Regina	1438	1398.5			1230	1092
North West	703.5	818			826.5	674.33
Horizon Central	998.5	1031			1076.43	1107.5
West Central	590.5	509.5			478	398
Qu'Appelle Valley	803	779			801.5	785.33
North Central	684.5	860			699.5	1053.5
South East	534	628.5			800.86	889
South Central/Moose Jaw	1118.5	1089			1170.08	981.5
Central Valley	1146.5	1185.5			1262.93	1227
East Central	837	749			832.93	728
South West	871.5	698			973.5	760.83
Battle West	743	862			764.01	738.5
North East	462	392			484.26	428

RHSAA Track and Field Reports

2022 - 2023

Provincial Track and Field Results			
Category	Event/Placing	Category	Event/Placing
Intermediate Boys		Intermediate Girls	
Cooper Englot (Riffel)	400 m - 2nd	Bauer Gavel (Balfour)	100 m - 1st
Alec Teichler (Campbell)	800 m - 1st	Bauer Gavel (Balfour)	200 m - 2nd
Calder Johnston (Martin)	Discus - 1st	Hannah Gates (Sheldon-Williams)	400 m - 1st
Calder Johnston (Martin)	Shot Put - 2nd	Amara Ibediro (Luther)	400 m - 3rd
		Hannah Gates (Sheldon-Williams)	800 m - 1st (record)
		Hannah Gates (Sheldon-Williams)	1500 m - 1st
		Sofia Ouellet (Laval)	1500 - 3rd
		Hampton Lebell (Sheldon-Williams)	3000 - 3rd
		Bauer Gavel (Balfour)	Long Jump - 2nd
		Hannah Gates (Sheldon-Williams)	Triple Jump - 1st
Junior Boys		Junior Girls	
Olufemi Akinloye (Campbell)	100 m - 1st	Vienna Selland (Laval)	400 m - 1st
Olufemi Akinloye (Campbell)	200 m - 1st	Vienna Selland (Laval)	800 m - 1st
Raimon Libanos (O'Neill)	400 m - 2nd	Vienna Selland (Laval)	1500 m - 3rd
Justin Justin Ngweto (O'Neill)	Triple Jump - 1st	Raina Haus (Campbell)	Hurdles - 1st
		Shaylyn Russell (Martin)	Discus - 2nd
		Nifemi Oni (Miller)	Triple Jump - 1st

RHSAA Track and Field Reports

2022 - 2023

Category	Event/Placing	Category	Event/Placing
Senior Boys		Senior Girls	
Kyle Conteh (Riffel)	100 m - 2nd	Victoria Culbert (LeBoldus)	200 m - 2nd
Kyle Conteh (Riffel)	200 m - 2nd	Eve Ouellet (Laval)	1500 m - 3rd
Adonias Downes (Riffel)	400 m - 3rd	Victoria Culbert (LeBoldus)	Hurdles - 1st
Brett MacLean (Sheldon-Williams)	800 m - 2nd	Alexyn Ward (Riffel)	Shot Put - 1st
Ian Teichler (Campbell)	1500 m - 3rd	Joclyn Seibel (Martin)	Shot Put - 3rd
Henry Bristol (LeBoldus)	3000 m - 2nd		
Brett MacLean (Sheldon-Williams)	3000 m - 3rd		
Noah Morhart (Winston Knoll)	Pole Vault - 3rd		

Category	Event/Placing	Category	Event/Placing
Girls		Boys	
Team Regina - Intermediate	4x100 m relay - 1st	Team Regina - Intermediate	4x100 m relay - 2nd
Team Regina - Senior	4x100 m relay - 2nd	Team Regina - Junior	4x100 m relay - 1st (Prov. record)
		Team Regina - Senior	4x400 m relay - 2nd

SHSAA Top 3 Individual Aggregate					
Intermediate Boys			Intermediate Girls		
			Bauer Gavel	Balfour	50 points - 2nd
Junior Boys			Junior Girls		
Justin Justin Ngweto	O'Neill	53 points - 3rd	Raina Haus	Campbell	55.50 points - 2nd
Senior Boys			Senior Girls		
Brett MacLean	Sheldon-Williams	48 points - 2nd	Victoria Culbert	LeBoldus	56 points - 2nd

RHSAA Volleyball Reports Senior Boys

2022 - 2023

Standings Blue Division				
Teams	Games	Wins	Losses	Points
Winston Knoll	7	6	1	12
Martin	7	5	2	10
Campbell	7	5	2	10
LeBoldus	7	4	3	8
O'Neill	7	3	4	6
Miller	7	3	4	6
Regina Christian	7	2	5	4
Sheldon-Williams	7	0	7	0

Playoffs							
Quarter-Finals				Semi-Finals			
Winston Knoll	2	Sheldon-Williams	0	Winston Knoll	2	Miller	1
Miller	2	LeBoldus	1	Martin	2	Campbell	0
Campbell	2	O'Neill	0	City-Final			
Martin	2	Regina Christian	0	Martin	2	Winston Knoll	0
				3rd Place Game			
				Campbell	2	Miller	0
				Provincials			

Standings White Division				
Teams	Games	Wins	Losses	Points
Laval	4	4	0	8
Riffel	4	3	1	6
Thom	4	2	2	4
Harvest City	4	1	3	2
Balfour	4	0	4	0

Playoffs							
Quarter-Finals				Semi-Finals			
				Laval	2	Harvest City	0
				Riffel	2	Thom	0
				City-Final			
				Riffel	2	Laval	0
				Provincials			
				Laval (Bronze)			

RHSAA Volleyball Reports Senior Girls

2022 - 2023

Standings Blue Division				
Teams	Games	Wins	Losses	Points
Campbell	7	7	0	14
Miller	7	5	2	10
Riffel	7	4	3	8
Winston Knoll	7	4	3	8
Martin	7	4	3	8
LeBoldus	7	3	4	6
Sheldon-Williams	7	1	6	2
O'Neill	7	0	7	0

Playoffs							
Quarter-Finals				Semi-Finals			
Campbell	2	Luther	1	Campbell	2	Martin	0
Martin	2	Riffel	1	Miller	2	LeBoldus	0
LeBoldus	2	Winston Knoll	1	City-Final			
Miller	2	Sheldon-Williams	0	Miller	2	Campbell	0
				3rd Place Game			
				LeBoldus	2	Martin	1
				2A Provincials			

Standings White Division				
Teams	Games	Wins	Losses	Points
Luther	7	0	0	14
Harvest City	7	6	1	12
Regina Christian	7	5	2	10
Laval	7	4	3	8
Balfour	7	3	4	6
F.W. Johnson	7	2	5	4
Thom	7	1	6	2
Scott	7	0	7	0

Playoffs							
Quarter-Finals				Semi Finals			
Balfour	2	F.W. Johnson	1	Harvest City	2	Balfour	0
Thom	2	Laval	1	Regina Christian	2	Thom	1
Regina Christian	2	Scott	0	City-Final			
				Harvest City	2	Regina Christian	0

RHSAA Volleyball Reports Junior Girls

2022 - 2023

Standings Blue Division				
Teams	Games	Wins	Losses	Points
Miller	7	7	0	14
LeBoldus	7	5	2	10
Winston Knoll	7	5	2	10
Luther	7	4	3	8
Campbell	7	3	4	6
Riffel	7	3	4	6
O'Neill	7	1	6	2
Balfour	7	0	7	0

Playoffs							
Quarter-Finals				Semi-Finals			
Miller	2	Balfour	0	Miller	2	Campbell	1
Campbell	2	Luther	0	Winston Knoll	2	Riffel	0
Riffel	2	LeBoldus	1	City-Final			
Winston Knoll	2	O'Neill	0	Miller	2	Winston Knoll	0

Standings White Division				
Teams	Games	Wins	Losses	Points
F.W. Johnson	6	6	0	12
Sheldon-Williams	6	5	1	10
Regina Christian	6	3	3	6
Martin	6	3	3	6
Thom	6	3	3	6
Scott	6	1	5	2
Laval	6	0	0	0

Playoffs							
Quarter-Finals				Semi-Finals			
Regina Christian	2	Thom	1	F.W. Johnson	2	Regina Christian	0
Martin	2	Scott	0	Martin	2	Sheldon-Williams	1
Sheldon-Williams	2	Laval	0	City-Final			
				F.W. Johnson	2	Martin	0

RHSAA Wrestling Reports

2022- 2023

City Championship Results			
Boys		Girls	
School	Points	School	Points
O'Neill	103	O'Neill	73
F.W. Johnson	71	Riffel	56
Riffel	67	Sheldon-Williams	45
Campbell	63	Thom	33
Sheldon-Williams	55	Martin	30
Miller	30	Miller	19
LeBoldus	20	Campbell	18
Winston Knoll	13	Balfour	17
Balfour	10	Winston Knoll	12
Thom	8	F.W. Johnson	10
Martin	5	LeBoldus	2
Harvest City	3		

Past City Championship Results			
Boys		Girls	
Year	School	Year	School
2023	O'Neill	2023	O'Neill
2022	O'Neill	2022	O'Neill
2021	Uncontested	2021	Uncontested
2020	O'Neill	2019	O'Neill
2019	O'Neill	2019	O'Neill
2018	O'Neill	2018	O'Neill
2017	O'Neill	2017	O'Neill
2016	O'Neill	2016	O'Neill
2015	O'Neill	2015	O'Neill
2014	O'Neill	2014	O'Neill
2013	O'Neill	2013	O'Neill
2012	Balfour	2012	Campbell
2011	Miller	2011	Miller
2010	Winston Knoll	2010	Miller
2009	Miller	2009	Miller
2008	Balfour	2008	Miller

RHSAA Wrestling Reports - Boys City Wrestling Results 2022 - 2023

41 kg			69 kg		
1st			1st	Abdrahman Kair	Sheldon-Williams
2nd			2nd	Thomas Martinez	O'Neill
3rd			3rd	Aditya Singh	Campbell
44 kg			73 kg		
1st	Preston Crumley	Miller	1st	Nolan Hall	Riffel
2nd	Gavin Box	F.W. Johnson	2nd	James Tshileo	LeBoldus
3rd	Leo Gautier	O'Neill	3rd	Noah Panchuk	Winston Knoll
47kg			77 kg		
1st	Ezrah Rabaya	O'Neill	1st	Karl Lopez	O'Neill
2nd	Dominic Phipps	O'Neill	2nd	Broden McLeod-Donbrook	Sheldon-Williams
3rd	Jayden Gordon	Martin	3rd	Luke Hallett	Campbell
50 kg			82 kg		
1st	Parker Bolig	Campbell	1st	Crixus Walliser	F.W. Johnson
2nd	Jack Kozusko	Sheldon-Williams	2nd	Steven Stadnyk	Riffel
3rd	Ashton Sloman	O'Neill	3rd	Carson Courtney	O'Neill
53 kg			90 kg		
1st	Newton Atencio	Miller	1st	Austin Kemp	Riffel
2nd	Lazlo Paradis	Campbell	2nd	Mehrek Slater	F.W. Johnson
3rd	Brandon Kaglea	Sheldon-Williams	3rd	Lucas Erdelyn	Thom
56 kg			100 kg		
1st	Jacob Exner	O'Neill	1st	Logan Goudy	Riffel
2nd	Javier Tonita-Charriez	Balfour	2nd	Logan Leason	O'Neill
3rd	Lars Oehler	Sheldon-Williams	3rd	Curtis Lafontaine	F.W. Johnson
59 kg			115 kg		
1st	Aairc Lang	O'Neill	1st	Aiden Mitchell Rily	Campbell
2nd	Masson Lafebvre-Anderson	F.W. Jonson	2nd	Luke Campbell	F.W. Johnson
3rd	Zander Smith	O'Neill	3rd	Tyren Klein	Riffel
62 kg			130 kg		
1st	Hamza Ahmed	F.W. Johnson	1st	James Aluira	LeBoldus
2nd	Solomon Parker	Miller	2nd	Bohdan Braaten	Campbell
3rd	Aidan Jaster	O'Neill	3rd		
65 kg			130+kg		
1st	Kenneth Drummond	Sheldon-Williams	1st	Sean Kakakaway	F.W. Johnson
2nd	Logan Ziegler	Riffel	2nd	Carson Spence	Riffel
3rd	Carter Nelson	Campbell	3rd	J Mander	Winston Knoll

RHSAA Wrestling Reports - Provincials

2022 - 2023

3A Boys Team Standings			3A Girls Team Standings		
	No Teams Entered			No Teams Entered	
4A Boys Team Standings			4A Girls Team Standings		
1st	F.W. Johnson	33 pts.		No Teams Entered	
5A Boys Team Standings			5A Girls Team Standings		
3rd	Campbell	31 pts.	1st	O'Neill	34 pts.
8th	Sheldon-Williams	19 pts.	3rd	Riffel	29 pts.
10th	O'Neill	16 pts.	11th	Miller	8 pts.
13th	Riffel	11 pts.	12th	Martin	7 pts.
16th	LeBoldus	9 pts.	13th	Sheldon-Williams	6 pts.
17th	Balfour	7 pts.	14th	Campbell	5 pts.
21st	Winston Knoll	1 pt.	15th	Thom	5 pts.
			17th	Winston Knoll	3 pts.

Provincial Wrestling Championship Results - Boys

PLACE NAME

2022 - 2023

41 kg		
44 kg		
2nd	Preston Crumley	Miller
3rd	Gavin Box	F.W. Johnson
47 kg		
50 kg		
3rd	Parker Bolig	Campbell
53 kg		
2nd	Lazlo Paradis	Campbell
3rd	Newton Atencio	Miller
4th	Brandon Kaglea	Sheldon-Williams
56 kg		
2nd	Javier Tonita-Charriez	Balfour
4th	Jacob Exner	O'Neill
59 kg		
1st	Aaire Lang	O'Neill
4th	Masson Lafebvre-Anderson	F.W. Johnson
62 kg		
3rd	Hamza Ahmed	F.W. Johnson
65 kg		
3rd	Logan Ziegler	Riffel

69 kg		
3rd	Abdrahman Kair	Sheldon-Williams
73 kg		
2nd	James Tshileo	LeBoldus
3rd	Najib Wasajja	Sheldon-Williams
77 kg		
82 kg		
2nd	Crixus Walliser	F.W. Johnson
90 kg		
100 kg		
4th	Curtis Lafontaine	F.W. Johnson
115 kg		
2nd	Aiden Mitchell Riley	Campbell
130 kg		
1st	Bohdan Braaten	Campbell
130+ kg		
1st	Sean Kakakaway	F.W. Johnson
4th	Carson Spence	Riffel

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“Athletics in Education”

