



BASEBALL BC GENERAL HEALTH AND PERSONAL HYGIENE GUIDELINES

As adopted by BC Minor Baseball

Please note that all of the below Personal Health and Hygiene Guidelines are intended to be required for anyone involved in youth or amateur baseball which includes, but is not limited to; athletes, coaches, umpires, administrators, volunteers and spectators.

- Anyone displaying ANY illness symptoms **MUST NOT** attend.
- Disinfectant wipe down of all surfaces athletes can be exposed before every event.
- Reminder to all participants daily to avoid touching of eyes, nose or mouth
- No sharing of water bottles.
- No sharing of food of any kind.
- No spitting.
- No chewing gum or sunflower seeds.
- No sharing of any personal equipment or items
- Ride sharing to be discouraged whenever possible.
- All participants encouraged to disinfect their equipment after each event.
- All participants encouraged to wash all clothing and selves after each event.

July 31, 2020 - Baseball BC Return to Play (RTP) In Phase Movement Alert

Effective Immediately,

- ***Intra Club game play now permitted for any team that doesn't have an equivalent in club playing partner.***

REMINDER: Clubs are to continue to abide by governing body and local government rules regarding any current COVID restrictions in place.

Any Intra Club Play must follow the protocols laid out for game play Phase 3 of the Baseball BC RTP Guidelines. In addition,

- ***Interim Bubbles of two or three teams maximum are able to be designated to allow for game play.***
- ***Pease note that athletes are only permitted to participate in one bubble at any one time.***
- ***Teams are not permitted to interact with teams outside of their designated Interim Bubble.***
- ***Interim Bubbles to consist of teams from the closest surrounding club that is offering equivalent programming in order to reduce travel.***

Selected reminders about modification in Phase 3

- *Physical distancing must always still be maintained outside of the regular course of game play (ie. batters or plays in the field).*
 - *No plate meetings pre-game for lineup exchanges unless physical distancing requirements are adhered to.*
 - *No mound visits by catcher or coach unless physical distancing requirements are adhered to.*
 - *No post game handshakes.*
- *Clubs and/or teams should assign a safety and sanitation champion for each event to track attendance, assist in reminders about physical distancing and implement the ongoing sanitation needs and requirements.*
- *Baseballs need to be new or disinfected every time they are entered into play. Hand sanitizing should take place at the end of every half inning.*
- *Umpires must comply with physical distancing requirements and may need to use alternate positioning to comply*
- *Practices and training are still expected to follow all Phase 2 requirements and Guidelines as listed.*

Phase 2 in the viaSport Guidelines is referred to as “Transition Measures – Approx. May to September.” for all sports. This phase applies to Baseball and informs the baseball specific measures in the “Baseball BC Phase 2 – Return to Play”. Important to note about this viaSport Phase 2 is the following (viaSport Phase 1 was a shutdown of all sports):

- 2m physical distance required between participants
 - No non-essential travel
 - No groups of more than 50 people
 - Increased hand hygiene
 - Symptom screening in place
 - Preferred outdoor activity only
 - Train in smaller groups
 - No or limited spectators
 - No contact-type activities
 - In-club play and games between clubs as per agreed cohorts
 - Minimal shared equipment – if shared need to disinfect before, during, and after
- See the viaSport Guidelines for all the requirements of this phase.

<https://www.viasport.ca/sites/default/files/ReturntoSportGuidelines.pdf>

NDBA COVID-19 Safety Plan

1. Risk at venues

The following are areas where there may be risks, either through close physical proximity or through contaminated surfaces.

- Dugouts

- Stands
- Bathrooms
- Equipment rooms
- Parking lots
- Parent or player meetings (huddles)
- Batting cages
- Concessions

Equipment that may be shared by individuals and surfaces we have identified as “High Touch”.

- Player’s equipment (catcher’s gear, gloves, bats, water bottles, etc)
- Field equipment (bases, nets, balls, cones, etc)
- Field prep equipment (rakes, liners, shovels, etc)
- Field gates, building doors, locks, etc

2. Protocols to reduce the risks

First level (elimination)

The following protocols will be implemented to reduce the above listed risks:

- Dugouts – Eliminated not in use for this season
- Stands – 1 parent per player in attendance and to maintain a 6 ft distance as per PHO
- Bathrooms – after bathroom use player/coach/ volunteer is to use hand sanitizer before returning to field and play. Only 1 participant permitted at a time. These are city run; therefore, NDBA will work with City to ensure proper cleaning and supplies are permitted during hours at park

- Equipment Rooms – controlled access by key holder, no more than 1 person in the locker or storage room, all equipment will need to be sanitized before it is returned – and checked off on the checklist
- Parking lots – Specified practice ending scheduled, and ensure a 1-hour time gap between field allotments
- Huddles – No closed huddles permitted as proper social distancing cannot be followed
- Team meeting – only held in outfield with proper social distance measures (6ft between players)
- Parent meetings – only remote via zoom/phone/ etc. Nothing at the field
- Batting cages – controlled access by coach only and limited to 1 coach and 1 player per session
- Concessions – Closed for the season

Second level protection (engineering): Barriers and partitions

- Dugout – Block off the area when cannot be locked – work with City of Delta for Annieville, Mackie, Westview parks
- Equipment room – Single Key holder
- Specified Personal Space – each player will be given a specific area (6 ft apart) for personal equipment, marked by a symbol, or marking. This will be that players designated space and all personal equipment will be stored there when not in use
- Batting cage – Coach controlled; 1 coach and 1 player per session

Third level protection (administrative): Rules and guidelines

- Follow the RTP guidelines as per the phase – See BC MINOR BASEBALL “RETURN TO PLAY” Guidelines.
- Documentation is posted on association website/social media platform/ and in coaches binders
- Each team will have their own PPE (Face masks, gloves, hand

sanitizer) and first aid kit in their equipment bag.

- COVID-19 signage will be in view at all baseball facilities, and notes on website and social media platforms
- Daily training reminders to all players from coaches – social distance reminders, no sharing of equipment, as well as COVID-19 attendance check list to be filled out
- Coaches will be given binders with Illness policy, Return to Play guidelines, Attendance Records, Safety Plan Document, and Declaration of Compliance of team members. They will also have the option to observe in person training/practice where proper social distancing drills are being implemented
- Rules and Guidelines will be monitored by the division reps, health and safety members, and/or NDBA board executive member

Fourth level protection: Using masks (optional measures)

- Mask is mandatory for coach/or volunteer when social distancing cannot be applied; ex. first aid treatment

Reduce the risk of surface transmission through effective cleaning and hygiene practices

- Only single session of equipment
- Catcher equipment must be sanitized between players if equipment is shared
- All players MUST have personal hand sanitizer at the field for own personal use
- All coaches will be given PPE including; Mask, gloves, First Aid Kit, and hand sanitizer
- Coach must sanitize all team equipment after each use
- Field equipment will be sanitized after each use and will be documented on cleaning checklist
- Ball out of play – leaves the field and is picked up outside of the working group, will need to be sanitized before it goes back into play
- Single key holder for equipment room and only 1-person entry
- Limit the number working field equipment in use

Cleaning protocols

- Coaches will be responsible for cleaning/sanitizing the team equipment after each use
- Key holder will be responsible for the cleaning /sanitizing field equipment after each use
- Cleaning log will be posted in equipment room and will need to be signed off by a designated key person
- All players need to sanitize hands with personal hand sanitizer when first arrive at field, after bathroom use, after every drill, and when practice is over

3. Develop policies

- Refer to NDBA Illness policy, which is posted on our website www.ndbaseball.com, our social media outlets, and in coaches' binders
- Team attendance and check-in will be taken each day and recorded by a team designated adult
- Documented Declaration of Compliance for all players/volunteers/coaches/etc will be on file

4. Develop communication plans and training

- Communicated by coaches, a daily COVID-19 reminder to players – social distancing, no spitting, hand sanitizer, etc.
- We have a communication plan to ensure everyone is trained in policies and procedures
- All participants have received the policies for staying home when sick – coaches binders
- We (NDBA or City of Delta) will have posted signage at the sport location, including social distancing reminders and effective hygiene practices
- Coaches or safety volunteers have been provided training on monitoring participants to ensure policies and procedures are being followed

5. Monitor and update your plans as necessary

- Health and Safety Sub Committee has been formed to collect

data, reviewing policies and procedures, and will adjust as needed

- We have assigned a Health and Safety Director to oversee all policies, protocols, and guidelines. If further direction is needed, Director will seek involvement from other governing agencies.

6. **Assess and address risks from resuming operations**

- A coach's binder will be provided outlining the policies and procedures
- Coaching training session will be provided via video and/or observation before RTP starts

Be advised that personal information must not be included in the COVID-19 Safety Plan

Personal information is any recorded information that uniquely identifies a person, such as name, address, telephone number, age, sex, race, religion, sexual orientation, disability, finger prints, or blood type. It includes information about a person's healthcare, educational, financial, criminal or employment history. Visit www.oipc.bc.ca/about/legislation/ for more information