## OWATONNA FOOTBALL SUMMER 2023 FRESHMAN IMPORTANT DATES

LAST DAY OF SCHOOL
THU JUNE 1

QB SCHOOL MON JUNE 5, 10 AM-2 PM TUE JUNE 6, 11 AM-3 PM WED JUNE 7, 11 AM-3 PM THU JUNE 8, 10 AM-12 PM

**OHS STADIUM** 

SUMMER SPEED, STRENGTH,
AND AGILITY TESTING
WED JUNE 7 7 AM-9 AM
THU JUNE 8 6:30 AM-8:30 AM
OHS WEIGHT ROOM
\*Sign up under the STRENGTH tab at
owatonnafootball.com \$120 to QB Club

## **SUMMER WEIGHT ROOM**

M/W/F

BEGINNING MONDAY JUNE 12 B/9: 8:15 AM-9:30 AM OHS WEIGHT ROOM

BLACKOUT PERIOD JULY 3-7 WEIGHT ROOM CLOSED

SPORTS PHYSICALS
TUE/WED/THUR AUGUST 1, 2, 3
5:30-8:00 PM OWATONNA CLINIC
SIGN UP FOR TIME

HUSKIES FOOTBALL CAMP
M/T/W/TH
AUGUST 7-10
5:30-8:00 PM STADIUM
\*Register under the CAMPS tab at
owatonnafootball.com \$80 pay online

CAMP EQUIPMENT CHECKOUT TUE AUGUST 8 10 AM OHS LOCKER ROOM

FALL SPEED, STRENGTH, AND AGILITY TESTING WED AUGUST 9 8 AM-11AM OHS WEIGHT ROOM

FIRST DAY OF PRACTICE MON AUGUST 14 8 AM OHS LOCKER ROOM

SCRIMMAGE
SAT AUGUST 26
9 AM PRIOR LAKE HIGH SCHOOL

FIRST DAY OF SCHOOL TUE SEPTEMBER 5

FIRST GAME
THU AUGUST 31 HOME 5:00 PM
VS HASTING

\*Practice the first two weeks will run from 8AM until about 11AM. After school begins, practice will run from 3PM to about 5PM

FOR ALL THE INFORMATION YOU NEED ABOUT OWATONNA FOOTBALL, VISIT OUR WEBSITE AT:
OWATONNAFOOTBALL.COM

FOR THE LATEST UPDATES, FOLLOW US ON TWITTER: @HUSKIESFOOTBALL

QUESTIONS? COACH WILLIAMS 507-444-8908 COACH WALTERS 507-475-0761