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| --- | --- | --- | --- | --- |
| State | **What weight classes will you use for this (2022-23) school year for boys?** | **What weight classes will you use for this (2022-23) school year for girls?** | **What weight classes will you use for this (2023-24) school year for boys?** | **What weight classes will you use for this (2023-24) school year for girls?** |
| AL | 14 Weight Classes- 106., 113, 120., 126., 132., 138., 145., 152., 160., 170., 182., 195., 220., 285. | 12 Weight Classes – 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | 14 Weight Classes - 106., 113., 120., 126., 132 ls. 138., 144., 150., 157., 165., 175., 190., 215., 285. | 12 Weight Classes – 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 |
| AR | 14 Weight Classes | 14 Weight Classes | 14 Weight Classes | 14 Weight Classes |
| CA | 106,113,120,126,132,  138,145,152,160,170,182,  195,220,285 | 101,106,111,116,121,126,  131,137,143,150,160,170,189  235 | 106,113,120,126,132,  138,145,152,160,170,182,  195,220,285 | 101,106,111,116,121,126,  131,137,143,150,160,170,189  235 |
| CO | 106,113,120,126,132,138,144,  150,157,165,175,190,215,285 | 100,105,110,115,120,125,130,  135,140,145,155,170,190,235 | 106,113,120,126,132,138,144,  150,157,165,175,190,215,285 | 100,105,110,115,120,125,130,  135,140,145,155,170,190,235 |
| CT | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285. | 12 weight class option from NFHS rule book.  \*We do not sanction girls wrestling but we host a post season invitational. | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285. | 12 weight class option from NFHS rule book.  \*We do not sanction girls wrestling, but we host a post season invitational. |
| FL | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190. 235 | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190. 235 |
| GA | 14 weight classes using the 2023-24 rule | 14 weight classes using the 2023-24 rule | 14 weight classes using the 2023-24 rule | 14 weight classes using the 2023-24 rule |
| HI | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 97, 102, 107, 112, 117, 122, 127, 132, 138, 145, 155, 168, 184, 225 | As of now no plans to change for 2023-24. | As of now no plans to change for 2023-24. |
| IN | Current 14 Classes | Current 14 Classes | New 14 class weight classes for boys | New 14 weight classes for girls |
| IA | 14 Weight Class | 14 Weight Class | 14 Weight Class | 14 Weight Class |
| ID | 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | 98, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 |
| KS | New 14 Weight Class | New 14 Weight Class | New 14 Weight Class | New 14 Weight Class |
| KY | 14 Weight Classes – 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 12 Weight Classes – 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | 14 Weight Classes – 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 12 Weight Classes – 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 |
| LA | Original NFHS 14 weight classes | N/A | 2023 NFHS 14 weight classes | N/A |
| MA | 106 113 120 126 132 138 145 152 160 170 182 195 220 285 | 100 106 111 118 127 136 147 160 175 215 | The MA Wrestling Committee meets October 13th and will take a formal vote on the NFHS weight class options moving forward | The MA Wrestling Committee meets October 13th and will take a formal vote on the NFHS weight class options moving forward |
| MI | NFHS **14 boys** weight classes  106 lbs., 113 lbs., 120 lbs., 126 lbs.,132 lbs., 138 lbs., 144 lbs., 150 lbs., 157 lbs., 165 lbs., 175 lbs., 190 lbs., 220 lbs., 285 lbs. | NFHS **14 girls** weight classes  100 lbs., 105 lbs., 110 lbs., 115 lbs.,120 lbs., 125 lbs., 130 lbs., 135 lbs., 140 lbs., 145 lbs., 155 lbs., 170 lbs., 190 lbs., 235 lbs. | NFHS **14 boys** weight classes  106 lbs., 113 lbs., 120 lbs., 126 lbs.,132 lbs., 138 lbs., 144 lbs., 150 lbs., 157 lbs., 165 lbs., 175 lbs., 190 lbs., 220 lbs., 285 lbs. | NFHS **14 girls** weight classes  100 lbs., 105 lbs., 110 lbs., 115 lbs.,120 lbs., 125 lbs., 130 lbs., 135 lbs., 140 lbs., 145 lbs., 155 lbs., 170 lbs., 190 lbs., 235 lbs. |
| MO | The New 14 | The New 14 | The New 14 | The New 14 |
| MT | 103, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 205, HWT (max 285) | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, HWT (max 235) (possible adjustment, if needed after WR-2 submissions) | 103, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 205, HWT (max 285) | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, HWT (max 235) (possible adjustment, if needed after WR-2 submissions) |
| ND | Old 14 weigh class system | Old 14 weight class system with exception of 250 for HWT instead of 235. | Undecided | Undecided |
| NE | 14 current weight classes | 14 NFHS weight class option | New 14 weight classes | New 14 weight classes |
| NH | 106,113,120,126,132,138,145,  152,160,170,182,195,220,285 | 106,113,120,126,132,138,145,  152,160,170,182,195,220,285 | 106,113,120,126,132,138,145,  152,160,170,182,195,220,285 | 106,113,120,126,132,138,145,  152,160,170,182,195,220,285 |
| NJ | 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 |
| NM | (13) 107, 114, 121, 127, 133, 139, 145, 152, 160, 172, 189, 215, 285 | (12) 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | (13) 107, 114, 121, 127, 133, 139, 145, 152, 160, 172, 189, 215, 285 | (12) 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 |
| NV | 14 - the new set (one year in advance of the mandate) issued by the NFHS | 12 - the new set (one year in advance of the mandate) issued by the NFHS. | 14 - the new set (one year in advance of the mandate) issued by the NFHS | 12 - the new set (one year in advance of the mandate) issued by the NFHS |
| OH | 14 weight classes 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, and 285 | 14 weight classes - 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, and 235 | 14 weight classes - 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, and 285 | 14 weight classes - 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, and 235 |
| OK | 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235 | 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285 | 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235 |
| PA | 13 weight classes | N/A | 13 weight classes | N/A |
| SD | Competition for boys’ individual competition and team duals will be in the following fourteen weight classes – 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285 | Competition for girls’ individual competition will be in the following ten weight classes – 106, 113, 120, 126, 132, 142, 154, 170, 190 & 285 | Undecided | Undecided |
| TN | 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285 | 100, 107, 114, 120, 126, 132, 138, 145, 152, 165, 185, 235 | We will be surveying our coaches this season to see which weight class option they would like to adopt for next year.  Boys and girls will have the same number of weight classes. | We will be surveying our coaches this season to see which weight class option they would like to adopt for next year.  Boys and girls will have the same number of weight classes. |
| TX | 14 weight Class | 14 weight Class | 14 weight Class | 12 weight Class |
| UT | Utah adopted the new 2023 (14) weight classes back in 2021-22 season. | Utah adopted the new 2023 (14) weight classes back in 2021-22 season. | Utah adopted the new 2023 (14) weight classes back in 2021-22 season. | Utah adopted the new 2023 (14) weight classes back in 2021-22 season. |
| WI | current 14 weight classes | 12 weight class option that will go into effect in the 2023-24 season. | 14 weight class | 12 weight class |
| WV | 106 - 113 - 120 - 126 - 132 - 138 - 144 - 150 - 157 - 165 - 175 - 190 - 215 - 285 | WV does not sponsor girls Wrestling but does hold some girls only events.  100 - 107 - 114 - 120 - 126 - 132 - 138 - 145 - 152 - 165 - 185 - 235 | 106 - 113 - 120 - 126 - 132 - 138 - 144 - 150 - 157 - 165 - 175 - 190 - 215 - 285 | WV does not sponsor girls Wrestling but does hold some girls only events.  100 - 107 - 114 - 120 - 126 - 132 - 138 - 145 - 152 - 165 - 185 - 235 |
| WY | Old 14 | New 14 | New 14 | New 14 |