

WHS Girls Lacrosse Manager Responsibilities and Expectations:

Student-managers serve as a very important part of sports teams, it is your job to assist the coaching staff and add to the positive, inclusive environment of the program. As coaches it is our job to ensure you grow and develop not just in your managerial role, but in other aspects as well; whether that's in the classroom or just in daily life. Participating in athletics in any capacity is a big responsibility and should be taken seriously in all that it encompasses. By participating in this program, you will be expected to uphold and maintain certain expectations and values as defined below:

- You are a STUDENT-manager - your grades and academics come first
 - There will be 3-4 surprise grade checks during the season
 - To be eligible you must remain in good academic standing
 - Failing to do so will result in an absence from team functions until all grades meet this criteria
- Managing is a privilege not a right – be grateful for the opportunity you have to manage a sport, and make your choices on and off the field good ones
 - You represent the team as well, even if you are not on the field
- Treat everyone with respect – you may not be best friends with everyone but you will be expected to be courteous and respectful both on and off the field.
 - Situations will be addressed if they arise. This could lead to a change of responsibilities such as dismissal from being a manager, a break from the team, etc. These decisions will be made at the discretion of the coaching staff
- Follow the guidelines for MSHSL substance, alcohol and tobacco use
 - Any infractions will be handled according to MSHSL and district policies
 - All infractions will be handled the same way regardless of team, age, skill level, etc.
 - Failing to follow these guidelines will result in your immediate dismissal as a team manager, in addition to any consequences put forth by the school and or the coaching staff
- Be respectful and show quality sportsmanship to all coaches, players, officials, parents and visiting teams
 - Not doing so will result in disciplinary action from either the coaching staff or school administration
- If you will be absent from a game or practice (when needed) for whatever reason, you must notify the head coach at least 24 hours prior to the game/event (48+ hrs. is preferred) – Life happens, emergencies happen!
- If you have questions or concerns, speak with your head coach first – advocate for yourself and learn how to communicate effectively with authority figures!
- Come prepared to all games and practices
 - Keep track of and have all necessary equipment, jerseys, etc.
 - Be prepared for all weather scenarios – umbrella, garbage bag for bags, extra masks, etc.
- Hold yourself and your teammates accountable for their words and actions on and off the field:

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- Social Media is out there forever even if it is “deleted”. Be conscious and aware of what you say and do online
- Your tone matters just as much as the words you say to someone, be aware of how you speak to others

Game Day Responsibilities/Expectations:

- Be at ALL games, home and away
 - May need to provide your own transportation to away games
 - No bus provided for East Ridge, Park Cottage Grove games!
- Assist with game day tasks:
 - Take Varsity game stats
 - Record Varsity games – use Hudl Sideline camera
 - Assist in the set up and take down of all home game field equipment (pile-on's, end line balls, gathering game balls, setting up field table, etc.)
- Help set up for any special occasion nights – Senior, Youth, Parent Night, etc.
- Please wear WHS apparel – preferably lacrosse gear if you have it but just WHS Athletics gear is ok too

As coaches, we understand that you are busy and have lots of responsibilities which is why we expect you to have effective time management and good communication with the coaching staff. Being a student is demanding and we do not expect lacrosse to be your main priority. Prioritize your commitment as a lacrosse manager; mental health, school, family and other activities come first. Lacrosse comes second, this is why there are multiple of you!