



# 2023 TOURNAMENT RULES

## GAME FORMAT

Warmup – 3 minutes

1<sup>st</sup> Half – 18 minutes stop time

One minute rest between periods

2<sup>nd</sup> Half – 18 minutes stop time

Resurface between games

6 goal lead at any point will result in running time

No Slap Shots – No Checking

One time-out per team per game

## TOURNAMENT FORMATS

### **Round Robin:**

Teams will play cross pool to determine seeding for Sunday games based on the point system and tiebreakers below. Pool games can end in a tie.

### **Point System:**

- 3 points for a win
- 2 points for a tie
- 1 point for 1<sup>st</sup> half win. 1 point for 2<sup>nd</sup> half win. 0 Points for tying a half.
- 1 point for a shutout
- 0 points for a loss

### **Tiebreakers:**

- Step 1: Head to Head
- Step 2: Most Wins
- Step 3: Goal Differential
- Step 4: Fewest Goals Allowed
- Step 5: Coin Toss

If a game is tied after regulation during Sunday's playoff games (excluding championship), game will be determined by a 3-on-3 5-minute sudden death overtime. If game is still tied after overtime, a 3-person shootout will occur, followed by sudden death shootout. No player can be used more than once until all players have shot.

In the championship game, if game is tied after regulation, a 5-minute 5-on-5 sudden death overtime will be played followed by a 5-minute 4-on-4 sudden death overtime period and then a 5 minute 3-on-3 sudden death overtime period. If game is still tied, the game will be determined by the same shootout rules listed above.

## **Bracketed Tournament**

### **Overtime Rules:**

No game can end in a tie. If a game (excluding championship) is tied after regulation, the game will go to a 5-minute 3-on-3 sudden death overtime period. If still tied, a 3-person shootout will occur, followed by a sudden death shootout. No player can be used more than once until all players have shot.

In the championship game, if game is tied after regulation, a 5-minute overtime will be played followed by a 5-minute 4-on-4 overtime period and then a 5 minute 3-on-3 period. If game is still tied, the game will be determined by the same shootout rules listed above.

### **Penalties:**

- 2 minutes for minor penalties
- 3 penalties in a game will result in ejection from the game
- Any fighting or intent to injure will result in immediate ejection from the game and can result in ejection from the tournament based on committee discretion.
- All referee decisions are final!

### **Eligibility:**

- NCAA and former Pro players must be one season removed from competition
  - No players who were on active rosters during the 2022-2023 season are allowed to compete in the tournament.

***Good Luck to All Teams!***