



- When:** Online registration is currently OPEN. Please visit our website to register: [www.westchesteryouthwrestling.com/](http://www.westchesteryouthwrestling.com/) (Use the QR Code for our site)  
Practice starts on Thursday, November 2<sup>nd</sup>
- Where:** Exton Mall, First Floor. Use the South Mall Entrance next to the Main Line Health Center. Go to the end of the hall, make a left, we are the first door on the left.
- Grades:** K – 8
- Cost:** \$150 (without singlet) or \$200 (if you need a singlet for matches)  
\*Middle School Discount\* - only \$70 to join. Email us for the code  
\$50 'Volunteer fee' is added to the costs above. It is refunded in full if you help coach or work at a home meet
- Bring:** Water bottle and wrestling shoes (headgear required for matches)  
USA wrestling card or number, if you have one.
- Practices:** Tuesday & Thursday evening. We have three skill groups. Times are TBD, determined based on total registrations and group size. As a general idea, sessions will start between 5:30 and 6:30.
- Matches:** Saturdays: 12/15/2023 – 2/16/2024 (excluding holiday weekends)
- Tournaments:** Optional tournament links can be found on our website

----- **Contacting us** -----

- Website:** [www.westchesteryouthwrestling.com/](http://www.westchesteryouthwrestling.com/)
- Facebook:** <https://www.facebook.com/westchesteryouthwrestling>
- Questions?** E-mail us @ [wcywrestling@gmail.com](mailto:wcywrestling@gmail.com)
- Mission:** *To provide a positive wrestling experience that is both enjoyable and safe. Emphasizes participation, progress and sportsmanship – not wins and losses. This philosophy is expected of all wrestlers, parents and coaches. Beginning wrestlers will be taught the building blocks of the sport. More advanced wrestlers will be challenged according to their ability at a more serious level.*

**\*\*\* The WCASD does not sponsor or sanction this program/activity/event \*\*\***