

## **Quad City Hockey Association**

### **Locker Room Policy Addendum**

This Locker Room Policy Addendum clarifies SafeSport, USA Hockey, and Midwest Amateur Hockey Association (MWAHA) rules as they apply to the Quad City Hockey Association (QCHA). It supplements the existing Locker Room Policy (Revised July 2025) and is binding on all players, parents, coaches, volunteers, and team staff. The goal of this addendum is to provide additional guidance on specific areas of concern, ensure consistent enforcement, and align with affiliate-level allowances.

### **General Prohibitions**

QCHA reaffirms the following prohibitions inside locker rooms and changing areas:

- Minors and unrelated adults may not change clothing in the same locker room space.
- No individual may use cell phones, cameras, or recording devices in locker rooms.
- Bullying, hazing, horseplay, or inappropriate conduct will not be tolerated.
- Alcohol, tobacco, vaping, or illegal substances are strictly prohibited.

### **Locker Room Monitors**

Locker Room Monitors play a vital role in ensuring SafeSport compliance. Monitors must be SafeSport-trained, background-checked, and stationed inside the locker room during team use. Monitors are expected to actively enforce rules, immediately intervene in cases of misconduct, and prevent one-on-one adult/minor situations.

### **Mixed-Gender Teams (MWAHA Guidance)**

In alignment with guidance from the Midwest Amateur Hockey Association (MWAHA), mixed-gender teams may share a locker room only under the following conditions:

- All athletes must be fully dressed down to base layers (e.g., shorts, leggings, T-shirt, compression shirt, or sports bra).
- Athletes may not change into or out of underwear in a shared space.
- Any athlete who is uncomfortable may request access to a private or alternate changing area.
- Locker Room Monitors must ensure compliance and intervene if a player attempts to change beyond the approved base layer threshold.
- This affiliate-level allowance does not override SafeSport rules regarding unrelated adults and minors.

## **Female Athlete Accommodations**

QCHA recognizes the importance of protecting the privacy and safety of female athletes. Female minor athletes may not be required to change or shower in the same area as unrelated adults. At River's Edge, the women's changing room is commonly used by adult participants and may only be used by QCHA female athletes if exclusive youth access is guaranteed. If exclusive access is not possible, QCHA will coordinate with facility staff to provide alternate private or semi-private options such as referee rooms, meeting rooms, or designated stalls. Female athletes also have the option to arrive in base layers and complete dressing in the boys' locker room under locker room monitor and/or coach supervision.

## **Communication Responsibilities**

Coaches and team managers must proactively communicate changing arrangements to parents and athletes before each practice or game. Facility limitations or alternate plans must be made clear in advance to avoid confusion and ensure compliance.

## **Facility Partnerships**

QCHA operates in both city-owned and private facilities. This addendum applies equally across all locations. QCHA may request facility-level support, such as exclusive youth blocks or alternate spaces, to ensure compliance with SafeSport standards.

## **Enforcement and Reporting**

Violations of this addendum are subject to disciplinary action under QCHA bylaws and USA Hockey rules. All suspected SafeSport violations must be reported immediately to the QCHA SafeSport Coordinator at safesport@quadcityhockey.com. Serious or unresolved cases will be escalated to MWAHA, USA Hockey, or the U.S. Center for SafeSport.

## **Effective Date and Acknowledgment**

This Addendum is effective immediately upon adoption by the QCHA Board of Directors and supersedes prior locker room guidance. All members are expected to review and comply with the terms outlined herein.

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Quad City Hockey Association Board 9/11/2025