



2025 West Hawk Lake Sailing Centre Learn to Sail

The following is a list of clothing suitable for most weather conditions when sailing.

Remember weather conditions can change quickly so it is always better to have too much rather than not enough.

Necessities: (There is a very good chance that these will get wet!)

- One pair of closed toe shoes that can get wet. (Runners or water shoes are great)
- Bathing suit, shorts and t-shirt
- Long pants and long sleeve shirt **(No jeans please)**
- Sweater
- Rain gear

Extra Things

- Extra change of clothes
- Change of shoes to wear home
- Mosquito repellent
- WATER BOTTLE
- Sunscreen, hat, sunglasses
- Lunch and/or snacks

Other Interesting Information...

- All participants must wear a lifejacket. If you have your own please make sure your name is on it.
- **All participants 11 & under must wear a cycling or sailing helmet!** If you don't own a lifejacket or helmet please check with the sailing club.
- If you have any questions please do not hesitate to contact Paul Krestanowich 204-479-7100, Tom Saunders 204-349-3100 lake or the Sail Manitoba office at 204-925-5650

www.whlyc.ca