

Sacramento Area Wrestling Association

Covers Elk Grove, Grass Valley, Loomis, Rocklin, Woodland, and surrounding areas. Association Contacts: Don Martinez, 916-807-4496, or sawaprez@hotmail.com
Sawawrestling.org

Saturday March 16, 2024
Maverick Spring Tournament
Mesa Verde High School
7501 Carriage Dr
Citrus Heights, CA 95621
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

Saturday March 23, 2024
Bronco Spring Tournament
Bella Vista High School
8301 Madison Ave.
Fair Oaks, CA 95628
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

Saturday March 30, 2024
**National Foundation
Tournament** Lincoln High School
790 J St.
Lincoln, CA 95648
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

Sunday April 7th, 2024
Warrior Spring Tournament
Johnson High School
6879 14th Ave
Sacramento, CA 95820
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

Saturday April 13th, 2024
SAWA Club Championships
Cordova High School
2239 Chase Dr.
Rancho Cordova, CA 95670
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle
You don't have to belong
To a club to participate

Saturday April 20, 2024
Mustang Spring Tournament
Foothill High School
5000 McCloud Dr.
Sacramento, CA 95842
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

Sunday April 28, 2024
SAWA Championships
Cordova High School
2239 Chase Dr.
Rancho Cordova, CA 95670
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle
Anyone with USA Card can wrestle
Everyone that wins Freestyle
will receive a SAWA Champion t-shirt
Win all 3 styles, and receive a
SAWA triple crown plaque and Hoodie

Saturday May 04, 2024
Rams Spring Tournament
Casa Roble High School
9151 Oak Ave.
Orangevale, CA 95662
sawaprez@hotmail.com
Freestyle, Greco, Folkstyle

**Sunday Oct. 06, 2024
WILD WEST FOLKSTYLE
TOURNAMENT Cordova High
School
2239 Chase Dr.
Rancho Cordova, CA 95670
Don Martinez: 916-807-4496
sawaprez@hotmail.com
Registration will be on
trackwrestling.com Bantam,
Intermediate, Novice, Boys and
Girls Middle School, High School
Boys and Girls**



SPRING REGISTRATION AND WEIGH-INS INFO

REGISTRATION IS ONLINE AT SAWAWRESTLING.ORG CLICK ON THE LINK TO GO DIRECTLY TO THE EACH TOURNAMENT ONLINE REGISTRATION PAGE. WHEN YOU CLICK REGISTRATION IT WILL DIRECT YOU TO TRACKWRESTLING. REGISTER AND PUT YOUR EXACT WEIGHT. IF YOU REGISTER ONLINE AND PAY, YOU NO NOT NEED TO WEIGH-IN DURING THE MORNING TIME!!! YES, NO WEIGH-INS IF YOU REGISTER AND PAY ONLINE.

PRE-REGISTRATION CLOSSES FRIDAYS AT 8:00 PM SHARP. PLEASE DO NOT CONTACT AFTER 8PM FRIDAYS SAYING YOU MISSED PRE-REGISTRATION

IF YOU DO NOT PRE-REGISTER AND PAY ONLINE, YOU NEED TO ATTEND WEIGH-INS THE MORNING OF THE TOURNAMENT FROM 6AM-7AM at a \$20 rate increase.

YOU WILL NEED CURRENT 2023-2024 USA WRESTLING CARD

Wrestling start times (approximately):

- 9:00am - Peewee, Bantam, Intermediate, **FREESTYLE, FOLKSTYLE**
- 9:00am - ALL GRECO (**Except Open**)
- 10:00am - Novice, Schoolboy, Cadet, Junior, and Girls **FREESTYLE**
- 11:00am - Novice, Schoolboy **FOLKSTYLE**
- 12:00pm - Cadet, Junior, and Girls **FOLKSTYLE**
- 12:00pm - ALL Open

All times are approximate Updated times will be emailed after 8pm on Fridays if needed

REGISTRATION

Regular Tournaments: \$20.00 Freestyle, \$10 Greco, \$20 Folkstyle
Foundation Tournament: \$25.00 Freestyle, \$10 Greco, \$25 Folkstyle
Club Championships: \$25.00 Freestyle, \$15 Greco, \$25 Folkstyle
SAWA Championships***: \$30.00 Freestyle, \$15 Greco, \$25 Folkstyle

Any wrestler with a USA wrestling card can compete at our SAWA and Club Championships; you do not have to qualify. You do not have to belong to a club to wrestle at Club Championships.

AWARDS:

Top 3 custom medals each age group, each (pool) weight class, each style.
SAWA Club Championships trophies top 3 clubs in each age group.
SAWA Championships top 3 Plaques in Freestyle, Top 3 custom medals Greco and freestyle.
SAWA Championships win Freestyle receive a SAWA Champion T-SHIRT, Win all 3 Styles receive a Triple Crown Plaque and a Champion Hoodie

All info will be on sawawrestling.org



Sacramento Area Wrestling Association