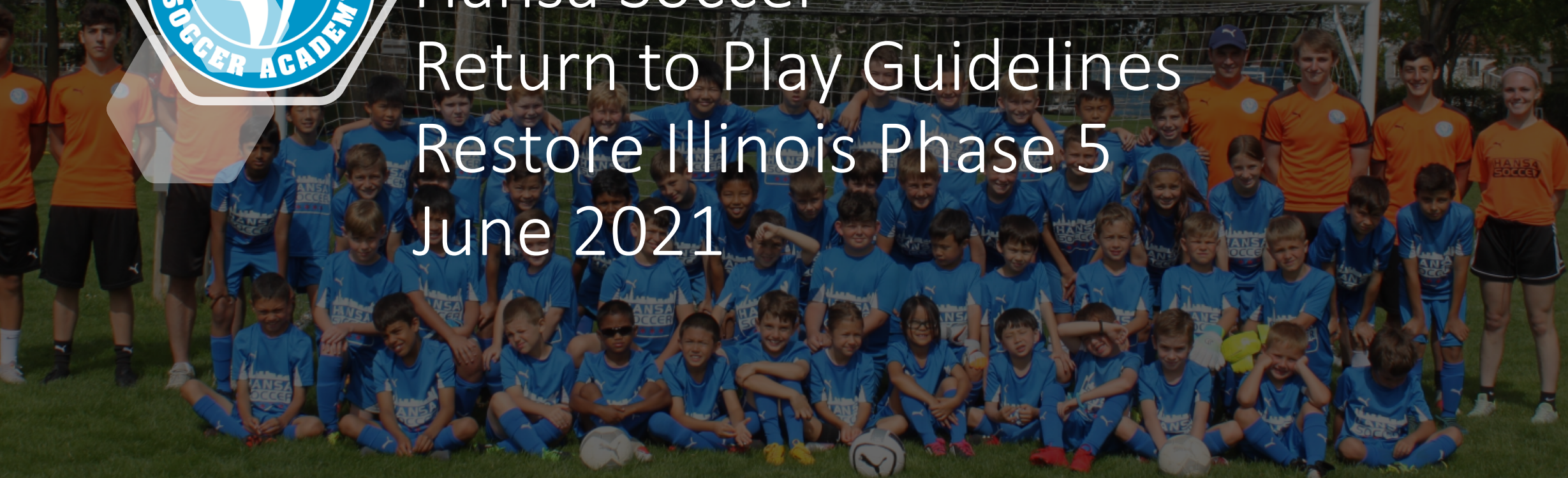




# Hansa Soccer Return to Play Guidelines Restore Illinois Phase 5 June 2021





# Hansa Soccer Return to Play Protocol Phase 5 Restore Illinois

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This Protocol is based on the, IYSA, NISL, the Illinois Department of Public Health Youth Sports Guidelines, US Soccer for: COVID-19 Data for Phase 5 Mitigations. Social distancing protocols will remain in place for all players and coaches when not engaged in play.

Full team training, games and tournaments are allowed as long as safety precautions are maintained.

We are excited to see everyone and get back on the field for in-person training and games. All aspects of the training environment must be assessed and modified to identify and reduce the risk of spreading the virus. Success requires participation from the coaches, club, parents, and players together.

## Pre-Training Requirements

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- The parent/guardian should check the temperature of the players at home before camp or academy sessions. Players should not attend camp or academy sessions with a temperature of 100.4 degrees or greater, persistent cough, or other indications of not being well and healthy

# Pre-Training Requirements

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- Players must have their hands sanitized at the beginning of practice and at the end of practice, using their own hand sanitizer brought to practice. In cases where players forget, lose or run out during practice their hands can be sanitized by the coach (in a social distanced manner).
- Players should have a mask on arriving and leaving their session.
- Players can wear a mask during play if they would like but it is not required.
- Notify Hansa Soccer Academy immediately if your child becomes ill for any reason or has had exposure to someone that has tested positive to COVID-19
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days. Those exposed to someone that has been ill must have quarantined for 14 days – no exposure to anyone outside their household and infected person.

# Parent Responsibilities

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By participating in the Hansa Soccer Academy in-person sessions you agree to follow the social distancing and sanitary guidelines that have been put in place to protect you/families, the players, and coaches.

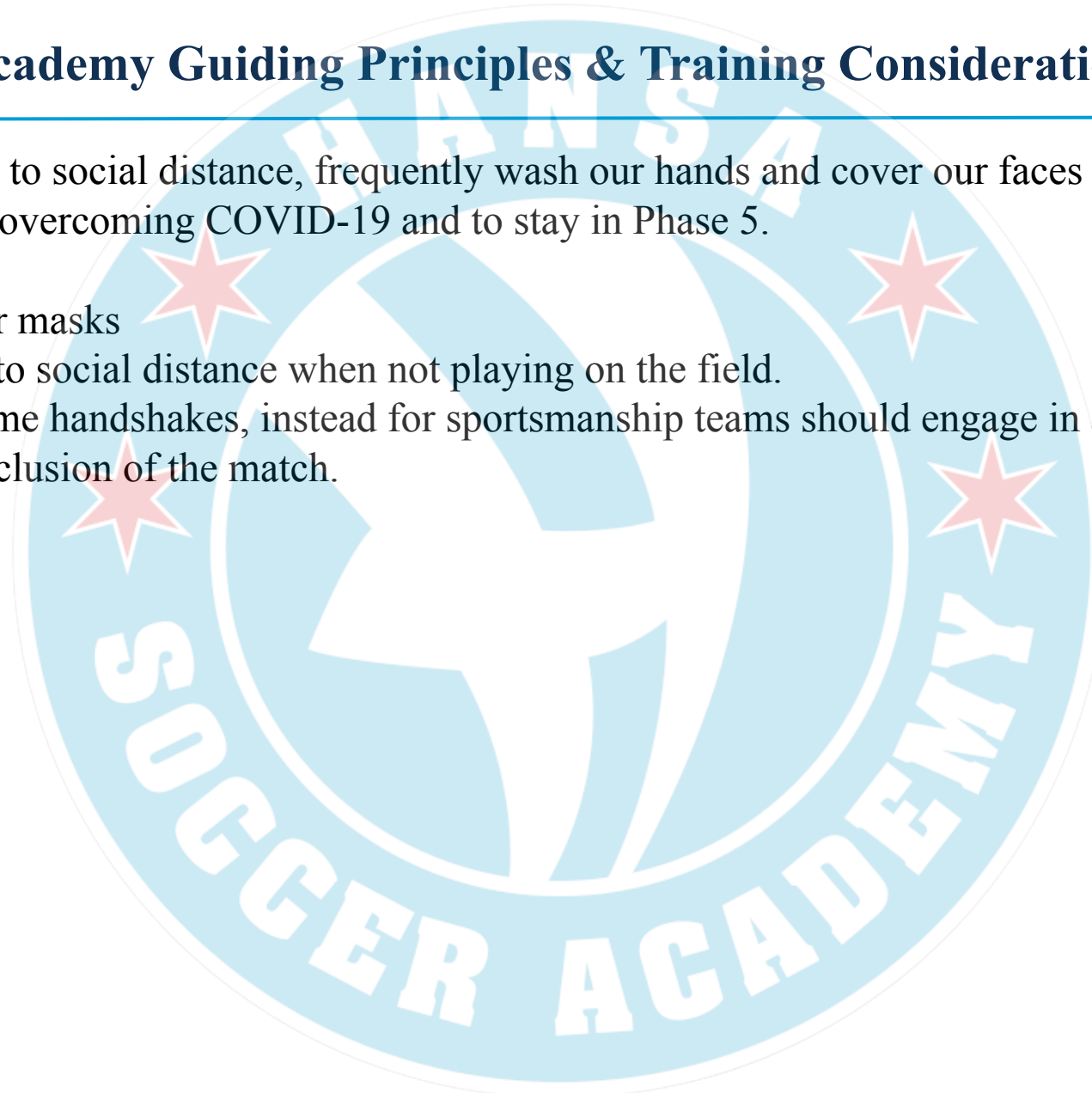
- Ensure your child is healthy and check your child's temperature before each Hansa Soccer Academy session.
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days. Those exposed to someone that has been ill must have quarantined for 14 days – no exposure to anyone outside their household and infected person.
- Ensure all equipment (indoor shoes/cleats, ball, shin guards etc.) are sanitized before and after every training.
- Notify Hansa Soccer Academy immediately if your child becomes ill for any reason or has had exposure to someone that has tested positive to COVID-19
- Be sure your child has necessary sanitizing products with them at every training.

# Hansa Soccer Academy Guiding Principles & Training Considerations

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We must all continue to social distance, frequently wash our hands and cover our faces when inside to maintain progress in overcoming COVID-19 and to stay in Phase 5.

- Coaches will wear masks
- We will continue to social distance when not playing on the field.
- No pre or post game handshakes, instead for sportsmanship teams should engage in a round of applause following the conclusion of the match.



# Hansa Soccer Academy Guiding Principles & Training Considerations

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- Coaches will have hand sanitizer available and tissues available for use.
- Participants should use their own water bottle, towel, hand sanitizer and any other personal hygiene products. Players cannot share food.
- Summer Camp: lunch will be served outside weather permitting. The tables will be socially distanced from each other. Players will be assigned a lunch table for the week.
- Masks must be worn inside the Banquet Hall
- Coaches will not allow participants to treat spreading the virus as a joke - parents need to be a part of enforcing this as well. Players will be warned and if repeated then sent home.

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, Hansa Soccer Academy makes no representation and assume no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition. Given the changing pandemic environment, these guidelines may change at any time. These guidelines address early phases on return to play. Additional guidelines will follow as the COVID-19 pandemic continues to evolve.

