

# Mankato Hockey

## Rules and Regulations for Tournaments

### PLAYING RULES:

All games are played under USA Hockey Rules as modified by MN Hockey with the additions of the Mankato Area Hockey Association Tournament rules.

- The National Anthem will be played only before the first games on each rink each day, and only starting lineups will be announced before each game.
- Only teams registered with MN Hockey or USA Hockey may participate.
- Rosters shall consist of up to 20 dressed players. **Rosters much match MN/USA Hockey rosters.**
- A maximum of **four (4)** adults may be in the player's bench during games. *No un-rostered individuals* will be allowed on the bench **NO EXCEPTIONS**. Coaches must present current certification of appropriate level.
- All teams are requested to be ready to warm-up 15 minutes before game time.
- A 5-minute warm-up will begin when the first team is on the ice. Any team not ready to play following the warm up will forfeit the game.
- Game duration:
  - Bantam, 15U, Peewee, and 12U will play three 15-minute stop-time periods. Squirts and 10U will play three 12-minute stop-time periods. The third period will become running time if there is a 5-goal or more differential. Stop time is reinstated if the differential becomes 3 goals or less. Running time will be instituted at any time in the game if the goal differential reaches 8 or more goals. Stop time will be reinstated anytime the goal differential becomes 3 or less.
- Penalties: Squirts and U10's Minor = 1:30 minutes, All others - Minor = 2:00 minutes, All levels - Major = 5 minutes, All levels - Misconduct = 10 minutes.
- Any player involved in fighting will be suspended for the remainder of that game and all of the next game.
- Player penalties and game ejection:
  - Any player with 5 penalties in the game will not be allowed to play the rest of the game.
  - Any game misconduct will remove the player from play for the current game and the following game.
- Timeouts – 1 time out allowed per team per game including overtime (no time-outs allowed in shoot-out).
- All participating players shall wear legal **HELMETS, FACEMASKS, and COLORED MOUTH GUARDS** at all times during the game. Any player sitting on the bench during games shall be dressed in team jersey and wearing a helmet. Canadian teams must wear protective equipment as designated by CAHA.
- All decisions of the referees are **FINAL**. No protests are allowed. No tournament official can overturn a referee's decision

### MEDICAL PERSONAL:

- A certified medical technician will be in attendance at the rink for all games.
- Concussions will be treated as a major injury. Any player determined to have suffered a possible concussion by athletic training staff or game official will not be allowed to return to the ice for the remainder of the tournament. Here is the Return to Play Protocol as posted by the Minnesota State High School League:

**Return to play protocol** Return-to-play decisions are complex. An athlete may be cleared to return to competition only when the player is free of all signs and symptoms of a concussion at rest and during exercise. Once free of symptoms and signs of concussion, a stepwise symptom free exercise process is required before a player can return to competition.

**Each step requires a minimum of 24 hours.**

The player can proceed to the next level only if he/she continues to be free of any symptoms and or signs at the current level.

If any symptoms or signs recur, the player should drop back to the previous level.

The return to play after a concussion follows a stepwise process:

1. No activity, complete rest until all symptoms have resolved. Once asymptomatic, proceed to level 2.
2. Light aerobic exercise such as walking or stationary cycling, no resistance training.
3. Sport specific exercise—for example, skating in hockey, running in soccer; progressive addition of resistance training at steps 3 or 4.
4. Non-contact training drills.

5. Full contact training after medical clearance.
6. Game play.

### **REFEREES & OFFICIALS:**

- All tournament games will have a minimum of 2 USA Hockey Registered Referees.
- Minor Officials for each game will consist of:
  - A. One person as scorekeeper/announcer
  - B. One Person to operate the scoreboard/clock
  - C. One Person to operate each penalty box

### **AGE CLASSIFICATIONS:**

- Out of State teams please be advised that MN Hockey uses July 1 as cut off for birthdates. MN teams may have players up to 6 months older than teams from other states.

### **THIS IS A GUARANTEED GATE TOURNAMENT:**

- The guaranteed gate fee of \$300 per team is due upon team check-in. The fee is \$300/team regardless of the number of players a team has. (Please do not ask for reduction in this fee if you have siblings on the same team. It is up to the team to determine how the \$300 is apportioned.)

### **TOURNAMENT CREDENTIALS:**

- All Team Credentials will be inspected by the Tournament Coordinator prior to each team's first game to insure that all participated team players and coaches are officially rostered. Please present all Credential information *at least 60 minutes prior to your first game* and be prepared to have the following documents inspected. Teams will NOT be allowed on the ice if these documents are not credentialed:
  - A. Certified USA Hockey Roster signed by all participants and approved by a USA Hockey Registrar or his/her designee.
  - B. Governmental copies of Certified Birth Certificates for each player must be provided. Hospital and/or Baptism certificates are not acceptable. **EXCEPTION: MN Hockey rostered teams DO NOT need to provide birth certificates. All other teams MUST provide them.**
  - C. Proof of Insurance for USA & MN Hockey teams will be a signed/stamped roster by USA Hockey Registrar or his/her designee. For Canadian teams their proof of insurance will be a travel permit.
  - D. **Consent to Treat forms MUST** be presented for each rostered player. Any player without a signed Consent to Treat form will **NOT** be allowed to take the ice.
  - E. Coaches must present up to date coaching certification cards at the proper level (photocopies are sufficient – teams can retrieve copies from the USA Hockey website prior to check-in).

### **ICE RESURFACING:**

- The ice will be resurfaced after each game for U10, Squirt, U12 and Pee wee games.
- The ice will be resurfaced every 2 periods for Bantam and 15U games.

### **OVERTIME PROCEDURES:**

- In the event of a tie game the following procedure will be followed for **bracket tournaments**:
  - A. There will be a one minute rest period at the conclusion of regulation play.
  - B. The teams will not change ends.
  - C. A (5) five minute stop-time sudden-win period (the game shall terminate upon a goal being scored) shall be played with a five on five format. Any overtime period will be considered part of the game and all unexpired penalties will be carried over into the overtime period. Any 5<sup>th</sup> or 7<sup>th</sup> place game will go directly to a shootout as outlined below.
  - D. If the above procedure does not break the tie, the teams shall go to a shootout. Each team will select (3) three players who will alternate taking penalty shots with the visiting team going first. If after three players the tie is still not broken, (3) three new players will be chosen and sudden win shootout will continue (Sudden win = one player from each team goes, if one team scores and the other does not, the game is over). Any player in the penalty box at the end of the overtime will not be allowed to participate in the shootout. If no winner has been determined after the sixth shooter, we will open

the shootout to ALL members of each team, but a new player must go every time until the entire roster has been used.

- E. The tournament director has discretion to go directly to the shootout if sufficient time is not available for the sudden win overtime.

#### **OFF-ICE WARM-UPS:**

- For safety purposes, no sticks or balls are allowed in common areas of the rink for warm-up.

#### **NO PROTESTS ALLOWED:**

- This tournament follows a Zero Tolerance policy. Referees are instructed to eject from the tournament ANY player who drops his/her stick, gloves or otherwise engages in fighting or deliberate action to injure regardless of provocation. Extraordinary fouls in the judgment of the official will be brought to the attention of the Tournament Director or assistant and may result in disqualification from the tournament. **Any abusive language or conduct directed to any game officials or tournament directors by the players, coaches, managers, parents or other spectators will result in a two minute team minor penalty and the offender may be asked to leave the arena for the game or for the tournament. If occurring after the game, the person involved may be asked to leave the arena for the duration of the tournament.**

#### **MISC:**

- NO personnel connected with the tournament shall be held liable for any injuries sustained to players, coaches and spectators during the tournament.
- No Refunds for any reason.